



Room Temperature Probiotic

A unique combination of the superior room temperature probiotic LactoSpore®, a digestive enzyme blend (DigeZyme®), and Ginger extract, designed to improve digestive function, which in turn leads to an overall healthier body and metabolism.

Each vegetarian capsule contains:

LactoSpore® (15 billion per gram) <i>(appx. 1 billion spores per capsule)</i>	67 mg
DigeZyme® (proprietary blend) <i>(Amylase, Cellulase, Lactase, Lipase, and Neutral Protease)</i>	50 mg
Ginger Root Extract (20% gingerols)	10 mg

Pharmaceutical Grade and Therapeutically Dosed

Suggested use: As a dietary supplement, take one (1) capsule twice daily or as directed by physician.

LactoSpore® is a room temperature stable form of *Bacillus coagulans*. Each capsule contains one billion spores of *Bacillus coagulans*, which activate to the vegetative form once they reach the favorable environment of the digestive system.

In the vegetative form, *Bacillus coagulans* restricts the growth of harmful microbes by competing for nutrients and generating lactic acid. Studies have shown that unhealthy gut bacteria can produce food cravings. This formula also contains a proprietary blend of digestive enzymes derived from microbial sources. These enzymes assist in the breakdown of proteins, fats and carbohydrates. Additionally, these groups of enzymes are resistant to the action of gastric juices, while retaining their digestive activity.

What Are Probiotics?

Probiotics are microorganisms that are believed to provide health benefits when consumed. Probiotics help achieve intestinal microbial balance, which studies have shown may relieve symptoms such as gastrointestinal discomfort, flatulence, and bloating, among others.

Probiotics can influence production of lactic acid, which is thought to decrease intestinal pH and suppress the growth of proteolytic bacteria. Proteolytic bacteria, which are a part of the normal gut flora, produce toxic substances from the digestion of proteins. One of the pioneers in probiotic research, Nobel laureate Elie Metchnikoff, hypothesized that these toxic substances were responsible for what he referred to as "intestinal autointoxication", which he believed would cause the physical changes associated with old age.

- ✓ Room Temperature Stable - No Refrigeration
- ✓ Supports Normal Digestion
- ✓ Superior Survivability in the GI
- ✓ Contributes to Health and Wellness

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