

BENEFITS OF HUMAN GROWTH HORMONE

FIRST MONTH

Vivid Dreams
Better, sounder sleep
Improved stamina
Optimistic attitude

SECOND MONTH

Improved muscle tone
Increased strength
Improved skin tone
Improved nail growth
Better digestion
Weight loss
Improved vision
Enhanced sexual function

THIRD MONTH

Improved mental processes
Enhanced productivity
Faster wound healing
Hair re-growth
Increased libido
Increased muscle size
Faster recovery from muscle soreness
Reduced PMS symptoms
Greater body flexibility
Reduced pain

FOURTH MONTH

Heightened improvements with all the above. At times improvements may seem to diminish or plateau. Rejuvenation is still a process. Benefits should resume with continued improvements.

FIFTH MONTH

Improved weight loss and reduction of inches
Improved skin texture and appearance
Skin thickening and greater elasticity
Reduction of skin wrinkles
Thickening of hair with a shiny, healthy appearance

SIXTH MONTH

Diminished cellulite
Improved body contour
Improved eyesight
Improved resistance to colds, flu and other illnesses
Healing of old wounds
Disappearance of pain and soreness
Excellent exercise tolerance

Testosterone Replacement Therapy

Testosterone therapy has been correcting testosterone deficiency for more than 70 years. Men naturally lose 1 to 2 percent of testosterone per year, and environmental stressors such as endocrine-disturbing chemicals in everything from unfiltered water to plastic food containers seem to be costing men their testosterone at alarmingly faster rates.

Many Anti-aging specialists are finding that natural bio-identical testosterone (not to be confused with high dose synthetics used by some athletes) Keep those who are testosterone deficient feeling younger and healthier. Individual testosterone therapy can help patients slim down and get leaner, improve their mood and friendliness as well as a decrease in anger, nervousness and irritability. This is for both men and women! A rapidly expanding collection of research is showing that optimizing testosterone can:

- Decrease the risk of heart disease, including angina, and help reverse heart disease when present while lowering cholesterol levels.
- Improves insulin sensitivity, thus improving blood sugar control in diabetics as well as decreasing a major cause of heart disease and diabetes called "metabolic syndrome".
- Improves muscle mass
- Improves libido and sexual function
- Decreases depression

In women, Optimizing testosterone along with safe bio-identical estrogen and progesterone seems to work the best, helping energy, libido and overall well-being. As is usually the case, be sure to use Bio-identical hormones. When looking at the overall safety and effectiveness data, one finds that treating testosterone deficiency in men (called Andropause) as well as in women can help you feel young and vital late into life.

*"Dedicated To Making The Most Youthful You...
Make An Investment To Look and Feel
Your Best For Life"*

