

Outward Defense - Introduction to Defensive Pistol gear list and course description:

*This is our flagship course and is a prerequisite to our other classes.

At this course you will learn to safely handle, present (draw from a holster), and engage targets with a handgun. Additional topics include the proper mindset for self defense, how to QUICKLY and efficiently load a handgun, tactical reloads, firing multiple shots rapidly and accurately, how to scan and assess your environment, and a whole lot more! These are the skills people SHOULD be learning before carrying a handgun for defense or duty!

The cost of the course is \$75 (student provides their own handgun, equipment and 200 rounds of ammunition)

Summary equipment list:

1. **One open and working mind—Focused on Safety, prepared to have fun**
2. **Handgun**
3. **200 rounds of ammunition**
4. **6 single stack or 3 double stack magazines**
5. **A sturdy belt capable of supporting your holstered handgun/magazines**
6. **Holster for handgun**
7. **Magazine pouch**
8. **Shooting / Safety Glasses**
9. **Hearing protection**
10. **Hat**
11. **Clothing suitable for the elements (closed toe shoes required—The ability to tuck your shirt in will greatly enhance your learning curve. So if it is cold please think of dressing in layers and avoid a big bulky coat that hangs over your handgun).**
12. **Water**
13. Snacks
14. Sunblock / Chapstick
15. Towel, rag or shemagh
16. Cleaning kit and lubrication for handgun
17. Lawn Chair
18. Pen/Pencil and small notebook
19. Small first aid kit
20. Extra Handgun (in case your firearm breaks or fails)

*Items in **bold** are required—all other items are what I have found to be helpful over my years of training but they are optional**



Outward Defense - Specialty School