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MEETS EVERY ODD MONTH THE 2ND MONDAY AT 11:30 A.M. IN RACHEL'S KITCHEN
AND EVERY EVEN MONTH THE 2ND TUESDAY AT 4:30 P.M. IN RACHEL'S KITCHEN

2018 Committee

Judy Bogner
President

George Darnell
Vice President

John Butler
Secretary

Allison Thomas
Treasurer

Charlotte Morris
Membership Coordinator

Pamela Toliver
Newsletter Coordinator

Pamela Toliver
Website Manager

Blake Adams
Member at Large

UPCOMING EVENTS

Next Monthly Meeting
Monday, July 8
Rachel's Kitchen
11:30 a.m.
Shared Potluck

JULY 2019 ISSUE

High Tea at Rosemont Manor, Berryville, VA, and Historic Millwood, Clarke County MAY 29, 2019

By Sue Winfield

Another interesting and fun-filled day trip to Millwood and the Rosemont Manor, both in Clarke County was enjoyed by 28 members of the Lake Frederick Travel Club.

The day started in Millwood and featured a detailed tour of the Burwell-Morgan Mill, hosted by Nathan Stalvey, Director of the Clarke County Historical Association. The history of the grist mill, built in 1785, as well as the mechanics of



how it operates were explained. The giant stone for grinding corn was in the process of being replaced and we learned that it took 4 years to locate the perfectly-sized French Buhr stone. This stone is very hard and can last for over 100 years and is carved specifically to grind the grains. There is also another grinding stone for wheat. The new corn wheel was due to return to service in 1-2 weeks.

We were given a tour of the upper floor and able to look down on the huge water wheel, fed by the Spout Run (Yes, it's the same Spout Run we know in Arlington!). On the lower floor, we saw the cogs and gears that turn the stones (which are greased with lard) and the collecting bins where the ground grains are sifted and then gathered into bags, weighed, and ready for sale! The mill sells several types of flour and cornmeal, all of which make delicious baked goods.

Mr. Stalvey also reviewed for us the various activities at the Mill, including Art at the Mill in Spring and Fall, Colonial Kids Day in July, and Heritage Day in November with many activities for the whole family. Grinding is done on Saturdays in Season. We also toured the lovely surrounding grounds of the Mill--open to the public for picnics or leisurely nature walks.

After the tour of the Mill we were invited to visit the Locke Store, a delightful gourmet food and wine store across the street from



the Mill. It is locally famous for delicious prepared foods and its collection of local Virginia wines as well as other gourmet selections.



By Eileen Adams

Back on the bus, we took the short ride to Rosemont Manor, an historic mansion set on 60 acres of park-like grounds in Berryville. At the Carriage House, which is used mainly for wedding receptions, we were greeted by Suzanne Donner, the General Manager. As we sipped our Raspberry Frizzles, we heard a brief history of the Manor.



From there, we walked to the main house and met the current owner, Bill Genda, in the Nimitz Room. He recounted how he and his wife acquired the property in 2009. They have 12 children, and their oldest daughter was married there at Rosemont a few years ago. They hope Rosemont will become a state park one day. Meanwhile, it serves as a venue for weddings, special events, and lodging.



We then enjoyed a sumptuous three-course tea which included sandwiches, scones, and sweets. The teas served were:

- The Byrd Blend
- Rosemont Blend
- Lemon Souffle Rooibos

They were available for purchase as we toured the home.



After tea, we toured the upper floor of the Manor where many of the bedrooms and suites are located. Many of these guestrooms are named for historical figures who visited Rosemont. Some of us walked around the grounds and admired the many trees surrounding the house. Most of the trees were gifts to the various owners. Others in our group enjoyed the rocking chairs on the grand front portico.



Rosemont was built in 1811 as a wedding gift from George Norris to his bride, Jane. The Norris family lived there until 1854. Norris's granddaughter married into the wealthy Tyson family of Baltimore and during the Civil War, Rosemont became the focal point of the Battle of Berryville. The Tyson family kept it for



another 50 years. In 1910, the Harrimans of New York purchased it as their country home. It passed hands a few more times until Virginia Governor Harry Byrd, Sr., took possession in 1929. He lived there until his death in 1966. The Byrd family kept the Manor until 1997. Rosemont has played host to many United States presidents including Franklin Roosevelt, John Kennedy, Lyndon Johnson, and Richard Nixon.

Hopefully, we can return during the Christmas season when the house is decorated for the holidays. And, of course, many of us would like to enjoy another delightful tea—Christmas style?

Frontier Heritage Beer and Wine Tour *July 22, 2019* *\$45 / person*

The Lake Frederick Travel Club is offering a beer and wine tour in the Shenandoah Valley featuring two museums, a new brew house, and probably the classiest winery in the valley. Seating is limited to 14, so make your reservations early. \$45 registration fee covers

transportation and museum fees. All other expenses can be paid by travelers at our food and drink stops with cash or credit card. Make reservation checks payable to Lake Frederick Travel Club and include contact information. Drop them off with the concierge at the lodge. If you are interested in this tour, you may enjoy this video of the Wilderness Road: <https://www.youtube.com/watch?v=nTsi6Gh57Vk>

Here is our schedule.

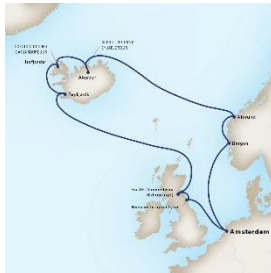
- 9:00 a.m. Depart Lodge on Classy Cowboy Van
- 9:30 a.m. Private tour of Newton History Center in Stephens City <<https://newtownhistorycenter.org/>

Continued . . .

- 10:30 a.m. Travel US-11 following colonial route up the valley
- 11:30 a.m. Arrive Woodstock Brew House for lunch and beer tasting (local wine also available)
<<http://www.woodstockbrewhouse.com/>>
- 12:30 p.m. Leave for Staunton
- 1:30 p.m. Tour of Frontier Culture Museum
<<http://www.frontiarmuseum.org/>>
- 4:00 p.m. Leave for Cross Keys Winery
- 4:30 p.m. Arrive Cross Keys Winery for Tasting and Dinner in the Bistro <<https://crosskeysvineyards.com/bistro/>>
- 6:30 p.m. Leave for Lake Frederick
- 7:30 p.m. Arrive Lake Frederick

14 Day Northern Isles Cruise to England, Scotland, Norway and Iceland--August 4-18, 2019

Holland America is offering some promotions and if you call Jaime she will find you a stateroom for a price that will make you glad you called. There are many benefits to joining us on this cruise.



- The ship is a beautiful new ship.
- It's a great itinerary that includes more of Iceland than most Iceland Cruises do.
- It's a perfect time of year to visit that part of the world.
- You will be going with friends and neighbors from Lake Frederick.
- We will have group transportation to and from Dulles for those of us leaving August 3rd and returning August 18th.
- We will arrange an Amsterdam sightseeing tour and some Shore Excursions as a group.
- We have a good group going and would love to have you join us.

Call Jaime at Holland America to discuss options, 800-355-3017 ext 29344.

Our Group # TQR
Our Voyage # is J955

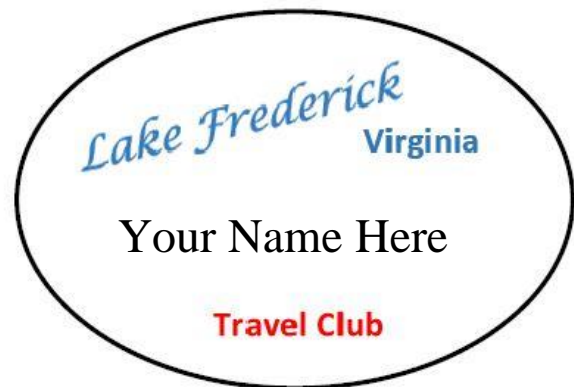


UPCOMING 2019 TRIPS

These are some of the trips planned for this year through December.

- August 4-18 – Cruise to Iceland, England, Scotland and Norway from \$2499 per person
- October Asheville and The Biltmore Estate
- November 22-24 – New York City Christmas Showtime \$899 per person
- December 10-12 – Christmas in Williamsburg

Check out our new name badges! If you would like a personal one to keep, let us know and we will have it ready for the next meeting on July 12. They are \$5 each. For those who just want to wear one on Travel Club trips, there is no charge but they will need to be returned at the end of each trip to be reused.



SHORT TOURS IN THE PLANNING – SAVE THE DATES

- August 19—Monticello Wine Trail (Veritas, Barboursville, Early Mountain)
- September 16—Three B's Winery Tour (Barrel Oak, Blue Valley, Breaux)
- September 30—Oktoberfest Route 151 Brews (Blue Mountain, Wild Wolf, Devil's Backbone)
- October 28---Fall Colors Frostburg Train Ride (Cumberland to Frostburg Round Trip)
- November 18—Middleburg Wine Dinner & Ghost Tour
- December 16—Bull Run Winery & Festival of Lights