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MEETS EVERY MONTH THE 2ND MONDAY AT 11:00 – 12:30 A.M. IN RACHEL'S KITCHEN

2021 Committee

George Darnell
President

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Pam Toliver
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Judy Bogner
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UPCOMING EVENTS

Next Meeting
Monday, November 8th
Rachel's Kitchen
11:00 a.m.

Potluck

Please Bring a Dish to Share!

NOVEMBER 2021 ISSUE

Little Washington—Sperryville Trip October 7, 2021

by George Darnell



Twelve Lake Frederick Travelers left the Shenandoah Lodge on October 7th and had breakfast at the Cracker Barrel in Riverton, spending time getting acquainted. After breakfast we boarded Gary's Classy Cowboy van and headed into Shenandoah National Park in hopes of enjoying a little Fall splendor, but it was not to be. After brief stops at Dickey Ridge



Visitor Center and a west-facing overlook, the clouds began to cover the mountain. By the time we reached the Panorama rest stop at the Route 211 exit to Sperryville, it was drizzling rain. Bummer!

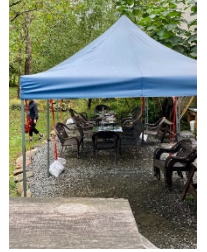


The rain stopped by the time we wound our way into Sperryville and parked near the old Schoolhouse Emporium. Some of us visited a nearby art gallery while others crossed a nature trail foot bridge over the Thornton River to walk along Main Street with its historic houses, bed and breakfasts, shops, and evening restaurants.



We had planned to have a light lunch at the Headmaster's Pub next to the Emporium, but when we got there, we discovered that all they had left was chips and drinks. So, we ventured back to the Corner Grocery on Main Street. It was a delightful little place with cold sandwiches, chips, and drinks to go. They had picnic tables next to the parking lot behind the store, but they were wet from the rain. So, we ate our lunch in the van.

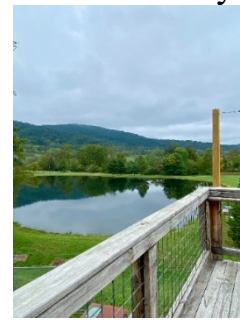
Our next stop was Copper Fox Distillery in an old apple packing plant along the Thornton River. They were expecting us and seated us at outdoor tables under canopies along the river. They offered us whiskey tastings, cocktails, and snacks to enjoy by the river. We had the place to ourselves and lingered awhile before exploring other places in this old industrial complex that included a huge antiques warehouse across the street.



Quievremont Winery is a boutique farm-vineyard in the foothills of the Blue Ridge Mountains crafting French wines was our next stop. They offered us tastings and bottles of their red and white wines to savor on a large deck overlooking a lake behind the winery. The weather began to clear as we sipped our wine and enjoyed more conversation.



One of the staff, who had been processing this year's harvest, joined us on the deck and told us a little about their history and wines. This little winery is worth a return visit.



We climbed back into the van, and Gary drove us to the historic town of Little Washington, now famous for the five-star *Inn at Little Washington*. We pulled into the Trinity Episcopal Church parking lot across from the Inn to start our tour and were promptly joined by a tall steward from the Inn who

gave us a brief history. Then we started exploring the Inn and other historic buildings in the town, which was originally laid out by young George Washington while he was working as a surveyor in the region. The gardens in and around the Inn and remainder of the town were spectacular, especially as the sun returned.



Our final stop was Griffin Tavern in Flint Hill. They were expecting us and seated us at a long table in a separate room. The Tavern specializes in English Pub fare. Our meal choices included Fish and Chips, Shepherd's Pie, Bangers and Mash, steaks, and pasta. After finishing our meals and paying our checks, we boarded our van for our return back to the lodge. Everyone agreed it was a very good day as we arrived about 7:00 p.m.



Western Maryland Scenic Railroad By George Darnell

October 28, 2021

Twenty-five Lake Frederick Travelers experienced the thrill of riding in a piece of classic art deco history in a beautifully restored Club-Lounge car on the Western Maryland Scenic Railroad on a round-trip from Cumberland to Frostburg, Maryland. Seating was comfortable (especially compared to the open-air coaches closer to the engine). Attendants took our orders for drinks and complimentary hors d'oeuvres (that some found rather skimpy) as we left Cumberland. This was an adults-only car and a cash/credit card bar with beer, wine, and cocktails available. Some of us found the red and white wines to be a little too sweet. But we thoroughly enjoyed the ride through the Fall Colors of the Allegheny Mountains and conversations with our neighbors. The club car even had a barbershop near the lavatory!



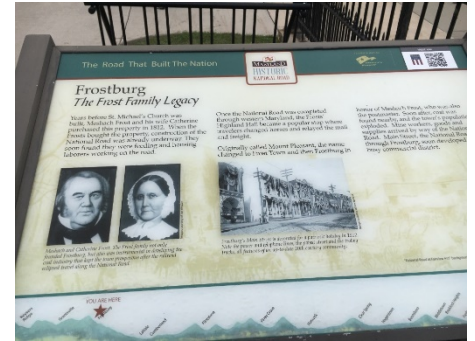
We left the Shenandoah Lodge on two Classy Cowboy vans about 8:15 a.m. and travelled Route 522 through Berkley Springs and across the Potomac to I-68, pausing at a rest stop overlooking the valley. After a scenic ride through the mountains, we arrived in Cumberland, picked up our tickets, and boarded the train. Boarding near the end of the train, we had to walk through several cars to reach our car. The passageways were narrow, but fortunately the train was not moving. The Frostburg Flyer left Cumberland at 11:30 a.m. and arrived in Frostburg at 1:00 p.m., traveling slowly over the route once used to transport coal from Frostburg to Cumberland for transfer to the B&O and C&O railroads. A friendly conductor punched our tickets.





Meshach Frost and his wife, Catherine, provided room and board to men building the National Pike (U.S. 40) through Maryland to the frontier.

There was a 1½ hour layover in Frostburg where some of us waited for volunteers to shuttle us into Frostburg. Others of us watched the engine turn around on a turntable, grabbed a burger at a fast-food stand, or browsed the souvenirs in the rail station or the carriage museum across the street.



The shuttle vans dropped us off at the rear entrance to a classic hotel, where we wandered through dimly lighted hallways and stairs to the lobby and the main entrance on main Street.



Some folks were able to grab a bowl of soup or a glass of wine, but the restaurants in town were too busy to get a meal before we had to return to the train. We reboarded the train for the return trip. Some folks enjoyed the lounge car bar service for the return trip. The train arrived back in Cumberland at 4:00 p.m. Masks were required in the waiting room and train except when we were eating or drinking.



The Canary Grill in Berkley Springs was our last stop on the way home. They were waiting for us and seated us together at two long tables. The menu was appealing, and bar service was available. Several travelers said they planned to return someday. We arrived back at the lodge about 7:30 p.m. while the Halloween event was taking place and said our good-byes.



Looking for a last-minute Christmas gift? It is not too late! Send someone a gift towards travel on a tour sponsored by the Lake Frederick Travel Club. Gift Certificates are available in the amount you choose. Contact:

- Doc Holaday, at doc.holaday@sbcglobal.net
- George Darnell at darnellgd50@verizon.net



Calendar of Trips for 2021

- Nov 12-13—Queen Esther & Miracle on 34th Street in Lancaster, PA, by motor coach: 2 days/1 night/3 meals; \$389 pp double/ \$469 single; filling fast. Contact <https://www.shenandoahtours.com/>
- Nov 26-29—A Country Christmas at Opryland Hotel, Nashville, TN, by motor coach: 4 days/3 nights/2 meals; \$1089 pp double/\$1429 single; Deposit \$150 pp. Contact <https://www.shenandoahtours.com/>
- Dec 10-11—Pennsylvania's Christmas Treasures (incl. Longwood Gardens) by motor coach; 2 days/1 night/2 meals. \$329 pp double/\$389 single; deposit \$100 pp. Contact <https://www.shenandoahtours.com/>
- Dec 13-18—Christmas in New Orleans by Train; 2 days on train r/t; 2 days & 3 nights in New Orleans; 1 meal. \$1720 per couple; single pricing available. Upgrade to sleeper on train available. Call Amneris Delgado of Avoya Travel at 866-588-9088 for Lake Frederick Travel Club trip. (R/T shuttle to train station will be arranged by George.)
- Apr 9-26, 2022—Panama Canal Cruise on Holland America; 18 days/17 nights; from \$2799 per person plus R/T airfare TBA. Contact <https://www.shenandoahtours.com/>

For Shenandoah motor coach tours we need a minimum of 8 people for pick up in Lake Frederick. Otherwise, pick up is at Routes 522 & 50 in the Red Roof Inn parking lot.

For one-day trips write a check to "Lake Frederick Travel Club" with the date of the trip and your contact information. Leave the check with the Lodge Concierge. You will receive a confirmation of check receipt and a confirmation of the trip by email.

George Darnell, darnellqd50@verizon.net

**Queen Esther &
Miracle on 34th Street
Lancaster, PA
November 12-13, 2021**

**2 Days / 1 Night
3 Meals**

Price per person:
Twin/Double \$389
Single \$469

Deposit: \$100.00 Per Person

Final Payment is due on or before October 13, 2021.

Optional Trip Cancellation/Interruption Protection \$47 per person.

Tour #21009



Queen Esther ... a brand-new original stage production at Sight & Sound's Millennium Theatre in 2020! Experience one of the most riveting Bible stories of the Old Testament as it comes to life with magnificent sets, special effects, and live animals. Witness how Esther's life changed, and how she found the courage to trust in God's plan. In addition, enjoy *Miracle on 34th Street* at Dutch Apple Dinner Theatre.

Day 1 - Friday - November 12

Arrive in Lancaster / *Queen Esther*

Today we travel to the heart of Pennsylvania's Amish Country - Lancaster. Flowing meadows, patchwork farmlands, and quiet countryside where local farmers still plow the fields with teams of horses. This afternoon we're off to Sight & Sound's Millennium Theatre to enjoy the brand-new stage production, *Queen Esther*. Set in the opulent, perilous Persian Empire, *Queen Esther* is a captivating tale of beauty and bravery. Her ordinary life changed forever when she was taken through the palace doors, entering a new world of royalty and risk. With a crown on her head and a secret in her heart, can she find the courage to trust in God's plan and believe that she was made for such a time as this? Following this amazing show, we'll enjoy dinner at one of our favorite Amish restaurants, and our overnight stay at the Country Inn of Lancaster. (D)

Day 2 - Saturday - November 13

***Miracle on 34th Street* at the Dutch Apple Dinner Theatre / Travel Home**

Explore Lancaster's backroads, stopping at a local quilt shop, pretzel bakery, or bake shop. On to Dutch Apple Dinner Theatre for lunch followed by *Miracle on 34th Street*, a heartwarming musical set in New York City and recounts the story of a little girl's belief in Santa Claus. You don't want to miss this one! Following the show, we'll board our coach for the trip home. (B,L)

TOUR INCLUDES:

- Reserved seats for *Queen Esther*
- Dinner at Miller's Smorgasbord
- *Miracle on 34th Street* at the Dutch Apple Dinner Theatre
- Also included: Accommodations, Motorcoach Transportation, Shenandoah Tours Escort, & Luggage Handling.
- 3 Meals = 1B, 1L, 1D
-

A Country Christmas at Opryland Hotel November 26-29, 2021

**4 Days / 3 Nights
2 Meals**

Price per person:

Twin/Double \$1089

Single \$1429

Traditional Rooms

Deposit: \$150.00 Per Person

Final Payment is due on or before September 21, 2021.

Optional Trip Cancellation/Interruption Protection \$112 per person. (Twin/Double), \$138 Single

Tour #21041



Get in the spirit of the holiday season at the fabulous Opryland Hotel in Nashville. Stroll through acres of lush indoor gardens and along winding pathways and waterfalls. See brilliant displays of holiday ornaments and huge, sparkling trees. It's truly a sight to behold as everywhere we look, Christmas is coming to life! Our days and evenings will be filled with wondrous holiday festivities. Highlights include a spectacular Christmas Dinner and Show, General Jackson luncheon cruise, Delta River Flatboat ride, ICE Exhibit, and the legendary Grand Ole Opry. This tour is one you don't want to miss!

Day 1 - Friday - November 26

Travel to Nashville

All aboard!! We're on our way to Nashville for a three-night stay at the fantastic Opryland Hotel. We arrive at the hotel all decked out in its finest array just as dusk settles over the city. What a spectacular sight as over two million Christmas lights sparkle in the night. A free evening to enjoy the amenities of the hotel.

Day 2 - Saturday - November 27

ICE / General Jackson Showboat / Grand Ole Opry

A special day filled with wonder and amazement. Visit "ICE!," the awe-inspiring experience where more than 2 million pounds of ice come to life under the skillful hands of talented artisans. We'll watch ice sculptures being carved before our very eyes at the live carving zone. Next, we enjoy a wonderful luncheon cruise and holiday musical revue aboard the General Jackson Showboat. This evening, we attend the legendary Grand Ole Opry, a great opportunity to see and hear our favorite country music entertainers. (L)

Day 3 - Sunday - November 28

Delta River Flatboat Ride / Christmas Dinner & Show

Our morning is free to enjoy the amenities of the hotel and to take a ride aboard the Delta River Flatboat, surrounded by the lush indoor gardens of this beautiful resort. See the 85 foot fountain, three waterfalls and, hopefully, "Danny," the 80 plus pound catfish that lives in the river! A special evening of dining and entertainment awaits at the Christmas Dinner and Show. Enjoy a traditional holiday meal including all the trimmings, followed by a spectacular Christmas show. (D)

Day 4 - Monday - November 29

Travel Home

Filled with good tidings and holiday cheer, we bid farewell to Nashville and return home with wonderful memories of "A Country Christmas at Opryland Hotel." Please note: The tour itinerary is established by the Opryland Hotel and is subject to change.

TOUR INCLUDES:

- 3 Nights at Opryland Hotel
- Admission to ICE
- Lunch on the General Jackson Showboat
- Grand Ole Opry
- Services of a Shenandoah Tours Escort
- Delta River Flatboat Ride
- Christmas Dinner & Show

Candlelight Christmas at Biltmore Estate & Gingerbread Houses at Grove Park Inn Nov. 30 - Dec. 1, 2021

**2 Days / 1 Night
2 Meals**

Price per person:
Twin/Double \$479
Single \$549

Deposit: \$100.00 Per Person

Final Payment is due on or before October 21, 2021.

Optional Trip Cancellation/Interruption Protection \$47 per
person (Twin), \$70 Single.

Tour #21027



Sugar and spice and everything nice! Come along and enjoy the most wonderful time of the year... the Biltmore Estate celebrates Christmas in grand style! Visit America's largest home all dressed in its finest array for the holiday season ... decorated trees, wreaths, bows, and poinsettias. An additional treasure is a visit to the Grove Park Inn to see the amazing display of gingerbread houses, and delight in these sugar-and-spice creations. Enjoy a special dinner at Biltmore Estate and a holiday buffet breakfast at historic Grove Park Inn. This is a one-of-a-kind holiday experience we'll never forget!

Day 1 - Tuesday - November 30

Travel to Asheville / Candlelight Tour - Biltmore Estate

Welcome to this Winter Wonderland Tour! Journey south to Asheville, North Carolina, and experience the finest of the holiday season! Accommodations await us in Asheville. As dusk settles over the city we're off to the magnificent Biltmore Estate for a fine holiday dinner and their annual Christmas Candlelight Tour. Enter the grounds where over 500 luminaries cast a warm glow. The best is yet to come ... a candlelight tour of this incredible estate, the 225-room French Renaissance chalet, home of George Vanderbilt. Crackling fires, glittering trees, and hundreds of candles glow throughout rooms richly decorated for an old-fashioned Victorian Christmas. This is an experience we'll long remember! (D)

Day 2 - Wednesday - December 1

Grove Park Inn / Gingerbread Houses / Travel Home

Today we'll visit the fabulous Grove Park Inn to see the amazing display of gingerbread houses. People from across the country create these culinary sugar and spice masterpieces for competition in this annual event. Enjoy an included breakfast in the Blue Ridge Dining Room and warm by the giant fireplaces in the grand lobby. Afterwards, return to the Biltmore Estate to visit the gardens, the winery, and Antler Hill Village filled with dining and shopping opportunities. By mid-afternoon we'll board our coach for the trip home, bringing with us cherished memories of this special holiday tour. (B)

TOUR INCLUDES:

- Candlelight Tour of the Biltmore Estate
- Dinner at Deer Park Restaurant
- Gingerbread House display at the Grove Park Inn
- Breakfast at the Grove Park Inn
- Visit the Biltmore Winery
- Also included: Accommodations, Motorcoach Transportation, Shenandoah Tours Escort, & Luggage Handling.
- 2 Meals = 1B, 1D.

Pennsylvania's Christmas Treasures December 10-11, 2021

**2 Days / 1 Night
2 Meals**

Price per person:

Twin/Double \$329

Single \$389

Deposit: \$100.00 Per Person

Final Payment is due on or before November 10, 2021.

Optional Trip Cancellation/Interruption Protection is \$47 per person.

Tour #21040



It's the most wonderful season of the year! Visit Lancaster and enjoy The Christmas Tree Ship, an inspirational, heartwarming musical at Bird-in-Hand Theatre. And see the amazing beauty at spectacular Longwood Gardens, a holiday experience that is sure to make your season merry and bright! Join Shenandoah Tours for this two-day getaway and make holiday memories to last a lifetime.

Day 1 - Friday - December 10

Travel to Lancaster / Bird-in-Hand Theatre

Join fellow travelers and we're off to Lancaster in the heart of Pennsylvania Dutch Country. Upon arrival we'll visit one of the local farmers' markets...so special during the holiday season...and always brimming over with delightful foods, pastries and specialty items. Afterwards travel along backroads with flowing meadows, patchwork farmlands, and quiet countryside where local farmers still plow their fields with teams of horses. Stop by a local quilt shop, pretzel bakery, or bake shop. Check into our local hotel before enjoying the evening at Bird-in-Hand for our included dinner followed by a delightful evening featuring The Christmas Tree Ship...one family's unsinkable mission to save Christmas. This heartwarming inspirational musical is based on the true story of Herman Schuenemann known as Captain Santa who goes down with his ship in a storm on Lake Michigan. This, unfortunately, leaves his widow to raise their daughters, run the family business and continue her husband's mission of giving away thousands of Christmas trees to the less fortunate. Enjoy this Christmas tale of heroic proportions, filled with the importance of kindness and the joys of Christmas. (D)

Day 2 - Saturday - December 11

Longwood Gardens / Home

This morning we travel a short distance to enjoy the Beauty of the Holidays at Longwood Gardens. This is truly a sight to behold and will make our holiday oh so merry and bright! In the conservatory stroll among beautifully adorned trees and plant palettes ranging from delicate winter white to rich reds to the greenest of evergreens. From poinsettias to living wreaths to floral trees, the warmth and cheer of the holiday is ours to enjoy this special season. By mid-afternoon we'll board our coach for the trip home, bringing with us treasured memories of this special holiday tour. (B)

TOUR INCLUDES:

- Reserved seats for The Christmas Tree Ship - Bird-in-Hand Theatre
- Visit a Local Farmers Market
- Admission to Longwood Gardens
- Also included: Overnight Accommodations, Motorcoach Transportation, Shenandoah Tours Escort, & Luggage Handling.
- 2 Meals = 1B, 1D.

**Panama Canal
Cruise
Holland America's
ms Amsterdam
April 9-26, 2022**

**18 Days / 17 Nights
All Meals onboard Ship**

Price per person:
Category E \$2799
Ocean-view Stateroom
Plus Airfare TBA

Deposit: \$700.00 Per Person

Final Payment is due on or before January 4, 2022

Optional Trip Cancellation/Interruption Protection, please call
for details.

Tour #22002



Today we embark on an amazing cruise aboard Holland America's ms Amsterdam bound for the fascinating Panama Canal, one of the world's engineering masterpieces. We'll sail along the Florida coast, transit the Panama Canal, and discover the color, culture and sunny disposition of Mexico.

The Panama Canal has always inspired wonder. Now the "Big Ditch" is even bigger, with yet another set of locks and wider shipping lanes to accommodate today's super-size ships. Experience history in the re-making as our luxurious ship navigates the locks, its illustrious story brought to life by an onboard Canal commentator. See the sunny beaches and lush rain forests on either side.

CARTAGENA, COLUMBIA

In this land of tropical wonders, there's nothing like Half Moon Cay, Holland America Line's 2,400-acre private paradise. Miles of unspoiled white-sand beaches await!

PANAMA CANAL

The wonders of this 51-mile engineering feat continue as the Panama Canal celebrates its 106th anniversary.

PUERTO CALDERA, COSTA RICA

This small town makes an ideal base from which to explore the country's multiple national parks. Activities include snapping photos of gushing waterfalls, sightseeing near active volcanoes, and bird-watching in nature reserves and sanctuaries. Enjoy shopping as well as sampling traditional Tico cuisine, especially gallo pinto, a combination of rice and beans eaten any time, day or night.

CORINTO, NICARAGUA

Nicaragua is the next great spot for cultural and culinary tourism. The port town of Carinto boasts colonial-era architecture, and is close to Leon, the beautiful city established by Spanish conquistadores in 1524. Be sure to sample the traditional dish called vigoron, a hearty plate heaped with pork, boiled yuca and cabbage salad.

PUERTO QUETZAL, GUATEMALA

In the cultured little country of Guatemala, modern Maya still weave their stories on backstrap looms, and the great stone temples of Tikal stand in silent testament to ancient Mayan ingenuity.

PUERTO CHIAPAS, MEXICO

The Pacific gateway to the Mayan world, this port offers excursions to coffee plantations and botanical gardens, as well as the Izapa River.

HUATULCO, MEXICO

Warm sun, sandy beaches and nine beautiful bays in every shade of blue await. Jungles teem with birds and are the nesting grounds of endangered sea turtles.

MANZANILLO, MEXICO

The busiest seaport in Mexico is home to peaceful bays, a tropical climate, and is the sailfish capital of the world.

PUERTO VALLARTA, MEXICO

"PV" (as it is affectionately known) retains the essence of the fishing village it once was. Viejo Vallarta, the old town, is a mix of red-tiled buildings, cobble streets, chic shops and busy open markets.

CABO SAN LUCAS, MEXICO

Stunning historic sites, beautiful beaches, and famous rock formations at Land's End make this a popular vacation destination.

[Additional Cabin Options - Villa Suites](#)

U.S. citizens must carry a valid passport for this cruise.

TOUR INCLUDES:

- Round trip transportation to/from and pier
- Variety of Ship Board Activities
- All port taxes
- Accident insurance
- 17 nights cruising on the ms Amsterdam
- Use of the ship as our hotel
- All Meals while onboard ship
- NOT INCLUDED: Ship Personnel Gratuities

Trip Ideas for 2022

- Jan 20—Shenandoah Caverns – Woodstock – Route 11 Chips
- Feb 14—Couples Wine and Cheese Party at Fox Meadow Winery
- Mar 17—St. Patrick's Pub Crawl
- Mar 23—Battle of Kernstown with lunch
- Apr 9-26—Panama Canal Cruise on Holland America; 18 days/ 17 nights; from \$2799 per person plus R/T airfare TBA. Contact <https://www.shenandoahtours.com/>
- Apr 28—Apple Blossom Parade
- May—Vint Hills Farm for Cold War Museum, Brewery, Winery, and Lunch
- June—National Parks by Amtrak Train: Yellowstone; Yosemite; and Grand Canyon
- July—Exploring the Northern Neck: Lee Family Estate, Tangier Island, Steamboat Museum, Wineries, Tides Inn for two nights
- Aug—Niagara Falls by motorcoach or Amtrak
- Aug—Gettysburg & Wine tours
- Sep—WV Panhandle Tour with overnight at the Bavarian Inn, Shepherdstown
- Sep 29—Oktoberfest Tour
- Oct --Hudson River Fall Foliage Cruise
- Oct 20-22—Fall Colors Pittsburgh Tour by Amtrak train
- Nov --Chesapeake Bay American Revolution Steamboat Cruise
- Nov-Dec—A Country Christmas at Opryland Hotel, Nashville, TN, by motor coach
- Nov- Dec—Candlelight Christmas at Biltmore Estate & Grove Park Inn by motor coach
- Dec 5 or 9—Christmas at Union Station in DC by MARC train R/T from Charlestown
- Dec—Christmas at the Greenbrier by Amtrak train

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For one-day trips write a check to "Lake Frederick Travel Club" with the date of the trip and your contact information. Leave the check with the Lodge Concierge. You will receive a confirmation of check receipt and a confirmation of the trip by email.

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