



# Newsletter

[WWW.LAKEFREDERICKTRAVELCLUB.COM](http://WWW.LAKEFREDERICKTRAVELCLUB.COM)

MEETS THE 2ND MONDAY OF EVERY MONTH FROM 11:45 A.M. – 1:00 P.M. IN RACHEL'S KITCHEN

## 2023 Committee

George Darnell  
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## August 2023 ISSUE

### President's Message

July saw our first trips for ladies and gentlemen only. The ladies took a winery tour that filled up quickly and the gentlemen went on a brewery tour. Read their reports in this newsletter if you are considering visiting any of the places they went. The ladies discovered that the big, glitchy wineries are impressive, but may not provide the personalized service for groups like the smaller wineries do. The gentlemen focused on the beer and conversation. Many thanks to Corinne Osius for leading the wine tour and to Rich Karis for planning and leading the beer tour.

Unfortunately, I missed the beer tour to stay home and nurse Michelle. She had an accident trying to board our bus after the Lion King at the Kennedy Center. She needed 25 stitches to close a cut on her right calf. Angela Moxie, Trilogy Lifestyle Director, went with us to Georgetown Hospital in the DC ambulance and arranged for a car from the bus company to take us home. You can read more in my MTL bulleting with the smiley face.

Coming up in August we have our Manassas National Battlefield Park Tour led by our member and Civil War student, Rick Turner, and another Ladies Winery Tour led by our member and artist, Annmarie Laird. Registration for both trips is closed.

Following advice from Gary McDowell, Doc Holiday, and Mike Ericksen, I revised the Travel Club schedule of trips for the remainder of the year. Please review the schedule for the rest of 2023 and note that many of the Shenandoah Tours are filled already.

For September 16, Mike Ericksen has arranged a tour of Harpers Ferry with a professional guide followed by free time and lunch. On September 29, in lieu of an Oktoberfest tour, we will repeat a 2021 favorite—a tour of Sperryville, Little Washington, and Flint Hill. Register early. These trips will fill fast.

Michelle and I are signed up for an American Cruise Line paddle wheeler trip from Memphis to Nashville for our 65<sup>th</sup> anniversary in October 2024. Let us know if you would like to join us and we may be able to get a group discount.

Don't miss our potluck luncheon this month on August 14 at 11:45 a.m. Bring a neighbor and introduce them to us. That's it for this month. Thanks for all the well wishes for Michelle. Safe travels and see you around campus.

George Darnell  
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[darnellgd@hotmail.com](mailto:darnellgd@hotmail.com)

## UPCOMING EVENTS

Next Meeting  
Monday, August 14, 2023  
Rachel's Kitchen  
11:45 a.m.  
Please bring a dish to share.

## Ladies Wine Tour

by Corinne Osius

July 21, 2023

On Friday, July 21, at 10:30 a.m., 12 Lake Frederick Women (Ann Armstrong, Cynthia Baldwin, Faye Harris, Jane Holdsworth, Syndi Lemcoe, Dianne Murphy, Maria Morton, Corinne Osius, Rita Parrott, Deborah Szczenski, Thelma Ventura and Betty Wines) boarded a Shenandoah Shuttle van for the start of the Lake Frederick Travel Club's first Ladies Wine Tour.

As we headed toward our first destination, Prince Michel Winery, we enjoyed the pretty scenery along

I-66 and Route 29. The group arrived at Prince Michel Winery a little after noon.

Prince Michel is a popular winery and offers beer tastings in a separate room from the wine tastings. There is also a gift shop located in the winery. There are tables throughout the winery where people can sit and enjoy their tastings and food.

The winery was already busy with customers when we arrived. Prince Michel offers two tasting options: a flight of 4 wines of our choice; or a tasting offering more wines with smaller portions. We took our tastings to tables to enjoy along with the lunches that we ordered.

Our group left Prince Michel at 1:30 p.m. to head to our second destination - Magnolia Winery. We traveled on pretty backroads on our way to Magnolia. When we arrived, we were greeted by the winery's three rescue dogs. Magnolia had a long table set up for our tasting, along with small bites of food to pair with the wine. As each wine was poured, we were given a description of the wine and the food to pair with each wine. The staff and owner of Magnolia were very friendly and informative.

We departed Magnolia Winery at 3:30 p.m. for our third and last destination - Rappahannock Winery and arrived at 4:00 p.m. The welcoming staff led us into a private room with walls that were adorned with old grapevines and sat us at a long table set for our tasting. One of the women in our group brought snacks for us to enjoy with our tasting. It was very much appreciated.

Our group left Rappahannock around 5:30 p.m. and arrived at the lodge around 6:15 p.m. We enjoyed spending time with each other and getting to know each other.

Hopefully there will be more wine tasting tours on the Travel Club calendar for next year.



## Gentlemen's Brewery Tour

by Richard Karis

July 28, 2023

The Gentleman's Brewery Tour began at 10:30 a.m. in the Lodge's parking lot on what would become a scorching hot midday and afternoon. Originally scheduled for 13 participants, the trip went off as the "Thirsty Dozen" after George had to drop out at the last minute. Included in the "Thirsty Dozen" were four (4) gents named Michael and four (4) gents named Richard, so if you couldn't remember names, a good guess was Mike or Rick!





First stop was the 2 Silos Brewing Company in Manassas with its extensive grounds and out-buildings. The main building housed the actual brewing equipment and a large air-conditioned tasting room. In the tasting room, trip participants ordered their first pints or tasting samples (flights) before noon.

The brewery had 13 offerings available from cream ale to IPAs, stout, lager, and kolsch. The bar staff were very friendly and gladly poured many flights and pints. Additionally, a 2 silos brewer kindly provided a brewery tour to participants, where the brewing equipment, process, and canning line were described. Two giant stacks of cold, freshly canned Cream Ale were waiting to be shipped—if we only had a forklift instead of a bus!

Second stop for the “Thirsty Dozen” was the Farm Brewery at Broad Run in Haymarket. Arriving close to 1:45 p.m., the outside temperature had to be close to 100 degrees F, making use of their extensive outdoor features (axe-throwing, cornhole, and horseshoes) undesirable.

Participants lined up at the long bar behind which the beer taps poured an extensive list of German-inspired lagers, pilsners, and hefeweizen along with six different IPAs. The brewery’s “Old Kellar” Kellerbier, an unfiltered hoppy German lager, was very good and filled many sampler glasses and pints.



With now full glasses, the gentlemen made their way to a long table in front of the brewing equipment. Many pizzas, chicken wings, and pretzels were purchased (and a few very kindly given as complimentary) to accompany the IPAs in participants’ pint glasses. We boarded the bus about 3:15 p.m. to head west to our last stop.

The third and last stop was closer to home at the Three Fox Vineyards & Brewery in Delaplane. A beautiful new tasting room building and accompanying decks and patios are set alongside the grapevines of the vineyard.

Inside we lined up to sample their eight beers on tap, mostly lighter styles in tune with summer season. In comparison with the two previous stops, the brewing equipment was out of sight, but produced a very tasty Kolsch-style called “Parking Brake.” The brewery formulates a blending of styles like a Smoked Irish Red and a Dark Kolsch offering a reason to visit again in the cooler seasons.

By this time, the day’s consumption was beginning to take effect as the “Thirsty Dozen” sat at a couple of tables and chatted about everything from A to Z. Outside, the skies were darkening with storm clouds as we boarded the bus for the trip back to the Lodge. We arrived at the lodge around 6:15 p.m. to bright sun and, as usual—NOT A DROP OF RAIN!



## **Trips Planned for 2023 v14**

- Sep 14—Harpers Ferry, WV Tour \$75
- Sep 25-28—Niagara Falls; 4 days/ 3 nights/ 4 meals; \$769 pp dbl, \$979 sgl, R/T coach, (SOLD OUT) - Contact <https://www.shenandoahtours.com/>
- Sep 27-30—Noah's Ark & Creation Museum in KY; 4 days/ 3 nights/ 3 meals; \$759 pp dbl, \$1009 sgl, R/T coach, \$100 dep by Aug 1 – (SOME ROOM) - Contact <https://www.shenandoahtours.com/>
- Sep 29—Little Washington-Sperryville-Flint Hill Tour \$75
- Oct 12-14—Colors of Autumn: Falling-water, Pittsburgh tour & river cruise, Potomac Eagle train ride; 3 days/ 2 nights/ 6 meals; \$839 pp dbl, \$1039 sgl, R/T Coach – SOLD OUT contact <https://www.shenandoahtours.com/>
- Oct 23—Camp Rapidan Tour by NPS TBD
- Oct 30—Potomac Eagle Train Ride – TBD
- Nov 16—Night at Charles Town Horse Races TBD
- Nov 27-29—Candlelight Christmas at Biltmore Estate & Grove Park Inn; 3 days/2 nights/4 meals; \$799 pp double/\$919 single; R/T motor coach - Contact <https://www.shenandoahtours.com/>
- Nov 28-30—Longwood Gardens/Miracle of Christmas in PA; 3 days, 2 nights, 4 meals; \$769 pp dbl, \$899; \$100 dep by Sep 15, R/ Coach - contact <https://www.shenandoahtours.com/>
- Dec 16—Wreaths Across America in Winchester National Cemetery
- Dec 15—Christmas Lights in DC TBD

Please note: Shenandoah Tours fill quickly; make reservations early!

Also note: The cost of vans for day trips is now \$95/hour.



## Trip Registration Deadlines for 2023

- Aug 1—Noah's Ark & Creation Museum in KY <https://www.shenandoahtours.com/>
- Aug 4—Manassas National Battlefield Park Tour & Bull Run Winery
- Sep 2—Harpers Ferry, WV Tour
- Sep 5 — Candlelight Christmas at Biltmore Estate  
<https://www.shenandoahtours.com/>
- Sep 15—Longwood Gardens/Miracle of Christmas in PA  
<https://www.shenandoahtours.com/>
- Sep 19— Little Washington, Sperryville, & Flint Hill Tour
- Oct 13—Camp Rapidan Tour by NPS
- Oct 15 — Candlelight Christmas at Biltmore Estate
- Oct 20 – Potomac Eagle Train Ride
- Nov 6—Night at Charles Town Races
- Dec 1—Wreaths Across America in Winchester
- Dec 5 – Christmas Lights in DC

## Harpers Ferry, WV, Tour September 14, 2023



Nestled in the heart of the Shenandoah Valley, Harpers Ferry National Historical Park is a must visit destination for anyone looking to explore America's past in a picturesque natural setting. Sitting at the junction of the Shenandoah and Potomac Rivers, and bordered by Virginia and Maryland, Harpers Ferry has been a strategic and majestic site since the time of Washington and Jefferson, who visited here often.

For this trip, our leader, Mike Ericksen, has arranged for a professional tour guide to board our bus and show us around this historic area. After the guided tour we will have time to explore on our own before traveling to a brewery for photos and light refreshments before lunch in Mike's favorite place. Feel free to pack some snacks to hold you over until lunch.

### Schedule

- 8:30 Leave Lodge
- 9:30 Meet professional guide at Harpers Ferry Historical National Park Visitor Center
- 9:30 - 12:00 Tour by bus historical museums and points of interest around Harpers Ferry
- 12:00 Free time to visit shops, walk the footbridge over the river, revisit historical sites, etc.
- 1:00 Board bus and depart Harpers Ferry
- 1:15 Brief photo op from the vantage point of Harpers Ferry Brewery (refreshments available)
- 1:45 Depart Harpers Ferry Brewery
- 2:00 Lunch stop at Mike's favorite place
- 4:00 Arrive Lodge

The minimum for this trip is 12 and maximum is 18. Registration is \$75 for transportation. Lunch, purchases, tips for the guide and driver are not included.

Register on MTL Events and drop off your registration check, payable to "**Lake Frederick Travel Club**," with your contact information and the date of the trip, with the lodge concierge no later than September 2, 2023.

## Little Washington, Sperryville, Flint Hill Tour September 29, 2023



On this trip we will tour delightful Rappahannock County and some of its historic towns: Flint Hill; Little Washington; and Sperryville. We will drive through Shenandoah National Park, stopping at overlooks, to the Route 211 exit to Sperryville. After our walking tours, lunch, and tastings in Sperryville and Little Washington, we will have dinner at Griffin Tavern in Flint Hill. The tour will include walking around Little Washington and Sperryville where you can browse their many shops, museums, and galleries. We will visit Copper Fox Distillery and Quievremont Winery in Sperryville.

### Schedule

- 9:00 Leave lodge
- 9:30 Enter Skyline Drive with stops at overlooks
- 11:00 Sperryville Walking Tour & Galleries
- 12:00 Deli Lunch in Sperryville
- 1:30 Copper Fox Distillery tastings & Antiques Warehouse browsing
- 3:00 Quievremont Winery wine tasting
- 4:00 Little Washington walking tour including "Wine & Chocolates"
- 5:30 Griffin Tavern dinner in Flint Hill
- 6:30 Depart
- 7:00 Arrive Lodge

All times are approximate and subject to change depending on conditions the day of the trip.

\$75 covers roundtrip van transportation and entrance to the park. Meals, tastings, and driver tip are not included. The minimum for the trip is 12 and the maximum is 20.

To reserve a seat, register on MTL Events and drop off a check with the lodge concierge made payable to "**Lake Frederick Travel Club**" with your contact information and the date of the trip.