

WWW.LAKEFREDERICKTRAVELCLUB.COM

MEETS THE 2ND MONDAY OF EVERY MONTH FROM 11:30 A.M. – 1:00 P.M. IN RACHEL'S KITCHEN

2024 Committee

George Darnell
President

Doc Holladay
Vice President

Gary McDowell
Treasurer

Chris Oxford
Membership Coordinator

Pam Toliver
Communications Coordinator

Dan Mortland
Program Director

Greg Payonk
Cruise & Foreign Travel

Bill Johnson
Domestic & Foreign Travel

SEPTEMBER 2024 ISSUE

President's Message

Summer's End

I hope you have and will be enjoying our community events to close the summer season. Michelle and I were disappointed in the turn out for the pool party on August 28. We brought our own chairs because of the crowd at previous events. No need—there were plenty of seats, even some in the shade. Perhaps it was the heat, but we didn't see any of the old crowd. I suspect they were at the high tops in the Lodge enjoying Happier Hour. But there are still several events to come starting with the Labor Day Picnic. See you there.

August was Wine Month

We started with a wine pairing event at Fox Meadow Vinyard with a surprise extension and then had two Loudoun County wine tours led by Bill Johnson. Read the trip reports in this newsletter.

Richmond Trip, September 30

Our founding president, Judy Bogner, sent us information on a trip to Richmond on September 30 that is being sponsored by the Frederick County Parks and Recreation for newcomers to the area. Check out the announcement in the June newsletter. You can find it on our website <https://lakefredericktravelclub.com/>.

Schedule of trips updated

Our travel year is winding down, but we still have some exciting trips ahead. Please check our Trip Ideas and Deadlines V12 and review the trip announcements in this newsletter for the latest information. In September, we have a Trail Ride and Brewery Lunch (confirmed—get your check to the concierge.), as well as our ever-popular Gettysburg Battlefield Tour with Sam and Rick. Registration is a little low so far. Don't wait too long to register. Pick up a copy of "Killer Angels." Required reading at the Army War College and National War college before field trips to Gettysburg. It is an easy read

and will make the tour come alive. We dropped the October train ride in Staunton because group sales ended in July.

Looking ahead to October, we have an Oktoberfest Route 151 tour and a Fort Valley tour. November is quiet except for the deadline to order Wreaths Across America for the Winchester National Cemetery. In December, Chris Oxford arranged, and will lead, a Holiday Tea at Rosemont Manor. A Christmas Tour of Old Town Alexandria is still in the planning stage, awaiting the schedule of our tour guide. If you have any ideas of what we could do to make our December 9 lunch meeting special, let me know.

Foreign Travel 2025.

Check out the cruises and land tours that Greg Payonk has scheduled for 2025 and contact him if you need more information. You can find copies in our August Newsletter.

UPCOMING EVENTS

Next Meeting
Monday, September 9, 2024
Rachel's Kitchen
11:30 a.m.
Please bring a dish to share!

Planning for 2025.

Dan Mortland will lead a discussion of trip ideas for 2025 at our September Luncheon. Doc Holaday and Bill Johnson are already talking about a trip to Ireland in Spring 2025. Bring your ideas or send them to me if you can't make the meeting.

Trip Registration Procedure Clarification

1. Travel Club trips are not added to MTL Events until they have been announced to members in a newsletter. Registration is NOT open until posted on MTL Events.
2. Register on MTL Events for trips you want to take. That gives us an idea of how registration is going.
3. Write a check made out to the Lake Frederick Travel Club and give it to the concierge after you register online. Do not wait to see if the trip is confirmed. We will destroy your check if the trip is cancelled.

Pot Luck Lunch Meeting, September 9, 2024

I hope to see you around our wonderful campus and at our potluck lunch meeting in Rachel's Kitchen on September 9, at 11:30 a.m. Bring your favorite dish to share. I will have copies of the new membership form that Chris Oxford, our membership chair, designed for new members, and some travel catalogs. Also check out our new website. Pam Toliver has been hard at work. Thanks for supporting our club!

George Darnell, President

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**Mid-summer Wine Pairing Experience****At Fox Meadow Vineyard****August 5, 2024****By George Darnell**

Twelve wine loving members joined us for this event. We arrived a little early and had time to admire the new furniture and awnings at Fox Meadow. Amanda had arranged a long table inside for us to enjoy this event. See the menu below. We thoroughly enjoyed ourselves and Amanda's hospitality as you can see from the photos. Amanda suggested we visit Capstone Vineyard, a partner vineyard closer to I-66 and called ahead to alert them of our visit. They specialize in sparkling white wine. They do not have a ground floor entrance, and we had to climb a balcony stairway to get in. It is a smaller tasting room than Fox Meadow.

2021 BARREL FERMMENTED CHARDONNAY
Sundried tomato olive oil dip with ciabatta

2022 PINOT GRIGIO
Plum tomato and feta quiche

2023 UNOAKED CHARDONNAY
Peach and tomato bruschetta

- Tomato Sorbet -

SITUATIONALLY DEPENDENT
Fried green tomato with remoulade

2021 RESERVE CABERNET FRANC
BLT skewer

FREEZELAND WHITE
Tomato chutney and whipped honey ricotta on toast



Fox Meadow Winery



Capstone Vinyard



Loudoun County Wine Tour By George Darnell

August 16 & 23, 2024



Due to the overwhelming interest in this tour, we did it twice and had good weather for both trips. Bill Johnson, our wine enthusiast, selected three excellent wineries in nearby Loudoun County. This is a combined report for both trips.

After checking in at the Lodge, we boarded a Shenandoah Shuttle about 10:30 a.m. and headed through Berryville to Rt. 7 and Snickers Gap into Loudoun County. Our First stop was Odium Cellars near Purcellville. They are perched on a hillside overlooking a silo. We stood at the wine bar for our selection of wine and ordered pizza before retiring to their stone patio to enjoy our selections. We exchanged stories of where we came from and how we selected Lake Frederick while sipping our wine and sharing our pizza. Bill soon had us back on the bus and headed for Breaux Vineyards .



Breaux, near Mechanicsville, is one of the largest and oldest vineyards in Loudoun County. It has an extensive wine bar and plenty of seating inside and outside. The vineyard faces Catoctin Mountain, with beautiful views year-round. One could imagine themselves being teleported to an Italian Villa. They serve food as well as wine and non-alcoholic drinks. A large pretzel with dipping sauce was a favorite of many. We gathered on the large covered porch with views of the vineyard and mountain to enjoy our wine and conversation before moving on.



Our last stop, 8 Chains North Winery, near Wheatland, a more rustic and homier winery. They even had an old read pickup truck to remind us of their farm roots. By this time some of us had our fill of wine and selected water to finish out the day. Others chose white or red wine. And one of us bought some wine to take home. It was 40% off. A couple near us had an Australian Shepherd who was very friendly but well behaved. We enjoyed petting him and talking to the owners.

At last, it was time to head back to Rt. 7 and home. We arrived at the lodge in time to close out happy hour or have dinner. But first, we took the group photo above, tipped and thanked our driver and thanked Bill for organizing and leading these trips.



Trip Ideas for 2024, V12

- Sep 3-8—Ole Cape Cod
<https://www.shenandoahtours.com/>
- Sep 6—Trail Ride & Brewery Lunch
- Sep 23—Gettysburg Battlefield Tour
- Oct 4—Oktoberfest Route 151 Beverage Tour
- Oct 6-12—Autumn in New England – Rails & Sails <https://www.shenandoahtours.com/>
- Oct 23—Fall Colors Tour of Fort Valley & Edinburg with Wine Stops
- Oct 27-31—Golden Isles of Georgia
<https://www.shenandoahtours.com/>
- Nov 11—Deadline for Wreaths Across America Donations
- Nov 13-15—Smoky Mountain Christmas
<https://www.shenandoahtours.com/>
- Nov 29-Dec 2—A Country Christmas at Opryland Hotel, Nashville, TN
<https://www.shenandoahtours.com/>
- Dec 5—Holiday Tea at Rosemont Manor
- Dec 14—Wreaths Across America Laying Ceremony in Winchester
- Dec 16—Christmas in Old Town Alexandria

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Trip Registration Deadlines for 2024, V12

- Sep 7—Golden Isles of Georgia
<https://www.shenandoahtours.com/>
- Sep 9— Gettysburg Battlefield Tour
- Sep 20—Oktoberfest Route 151 Beverage Tour
- Oct 4—Fall Colors Tour of Fort Valley & Edinburg with Wine Stops
- Nov 11—Wreaths Across America in Winchester
- Nov 24—Holiday Tea at Rosemont Mano
- Dec 9—Christmas in Old Town Alexandria

WHERE IN THE WORLD DO YOU WANT TO GO THIS YEAR?



Trail Ride & Brewery Lunch Sepr. 6, 2024



Join us for an exciting trail ride at Royal Horseshoe Farm in the Shenandoah Valley followed by lunch at nearby Backroom Brewery.,

About Royal Horseshoe Farm in Front Royal

- Our trails pass through the Shenandoah Valley's history rich meadows, woods, and hills.
- You can ride across Manassas Run, pass the old cannon emplacements that used to guard Morgan's Ford, visit the old barns that used to hold US Cavalry ponies, and see the house where George Washington stayed when he was a young man surveying for Lord Fairfax.
- One or more trail guides lead each ride. Riding experiences range from gentle pastures, to wide sloping trails, crossing small or medium sized streams, and even some trails that are narrow, windy, wooded and steep.

About Backroom Brewery

- *One of the oldest and closest breweries in the valley, they began as a herb farm, growing culinary and medicinal herbs for the garden center trade. In the fall of 2012, they built their hops field. After all, hops are the herbs that flavor beer. By 2013 they were brewing.*
- Come visit and enjoy award-winning beer and delicious food in the Main Taproom and the Big Barn. At least one of them is always open and both on weekends.

Schedule:

9:00 Leave Lodge
9:30 Arrive Royal Horseshoe for fitting
10:30 Begin trail Ride
11:30 End Trail Ride
12:00 Lunch at Backroom Brewery
1:30 Leave
2:00 Arrive Lodge

Minimum for this trip is 10 and maximum is 15.

Registration is \$100 for transportation and trail ride. Lunch, trail guide and driver tips are not included. Please wear comfortable and sturdy clothes and shoes for the trail ride.

Please register on MTL Events and drop off your registration check, made payable to "Lake Frederick Travel Club" with your contact information and the date of the trip at the lodge concierge desk no later than Aug 30, 2024.

George Darnell

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Gettysburg Battlefield Bus Tour September 23, 2024

If you always wanted to know more about the largest battle ever fought in North America, Gettysburg, join two of our own Gettysburg enthusiasts (Sam Kerns and Rick Turner), for a day trip to the hallowed grounds of the Gettysburg National Battlefield Park. On our trip to the battlefield, they will share what happened during the Gettysburg Campaign, including events in our own backyard. The time on the battlefield will give you an overview of the events with a few interesting stories about some of the 165,000 participants.

We make several stops on the battlefield and walking is over paved walkways. Parking has been greatly improved at Little Round Top but there are some steps on newly created walkways with fantastic views of the battlefield.

8:00 a.m. Depart the lodge. Sam and Rick will present material on the way.

9:30 a.m. Rest Stop at the Sheetz in Thurmont, MD; then on to Gettysburg Battlefield

Stop 1: The Eternal Light (Day 1 of Battle)

Stop 2: Lee Monument (Days 2 and 3)

Stop 3: Lunch at the Appalachian Brewery located on the battlefield, Menu and beer selection can be found at abcbrew.com/battlefield.

Stop 4: Little Round Top (newly renovated) (Day 2)

Stop 5: Short walk to Joshua Chamberlain's 20th Maine battle line (right down the hill from the summit of Little Round Top)

Stop 6: First Minnesota Regiment Monument (Final stop of Day 2)

Stop 7: Short walk to The Angle (Pickett's Charge Day 3) Highwater mark of the Confederacy

Return home with rest stop just south of Gettysburg at the Mason/Dixon Welcome Center (around 4:15)

6:15 p.m. Return to lodge.

Minimum for this trip is 30 and maximum is 50. Registration is \$65 for transportation and PDF handouts. Lunch and driver's tip are not included. Drop off a check to "Lake Frederick Travel Club" with contact info and date of trip with lodge concierge no later than September 10, 2024.

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Oktoberfest Route 151 Breweries Tour, October 4, 2024



The Lake Frederick Travel Club has selected the popular “Spirits Alley” along Route 151 in Nelson County for our Oktoberfest Brews tour. We will visit three popular breweries and perhaps a cidery if we have time. This will be a long day. We will visit:

- Blue Mountain Brewery at the top of Route 151 in Afton, VA, near the entrance to the Blue Ridge Parkway. Craft beer, other drinks, and food, with indoor and outdoor seating, are available. This is a favorite of the Charlottesville crowd with great pizza. [Blue Mountain Brewery](#).
- Wild Wolf Brewing Company in Nellysford. Their biergarten, which is situated under a canopy of 60-year-old Siberian Elm trees, features a gazebo, waterfalls and a large koi pond. The restaurant is housed in a 105-year old building which has been renovated to include wrap around porches with views of the surrounding mountains. In addition to their craft beers they offer a full menu with Cajun specialties. [Wild Wolf Brewing](#).
- Devils Backbone Base Camp, a favorite of Appalachian Trail hikers, where they can get a shower, wash clothes, and sleep indoors. Basecamp Brewpub & Meadows is tucked into a valley on 100 acres surrounded by the Blue Ridge Mountains. It gets its name from an overlooking mountain ridge named Devil’s Backbone by an early explorer. The production brewery is in Lexington but the onsite pilot brewery is where they craft recipes on a traditional German designed 10 Hectoliter (8.5 barrel) brewing system. They pour fresh craft beer from 16 taps and their pub menu specializes in oak wood-fired smoked dishes and local fare. Try the fish and chips. Inside and outside seating is available. Their Vienna Lager is available on tap at our lodge bar. [Devils Backbone Base Camp](#)
- Bold Rock Hard Cidery is an optional visit. Tastings feature 6 ciders on draft: 2 draft ciders are free of charge, with a small additional charge for a tasting flight of the other 4 draft ciders. At their service bar you can get Bold Rock by the glass or longneck bottle. Six packs are available to take home or you can buy them in a local store. [Bold Rock Hard Cidery](#)

Schedule:

- 8:30 Leaves Lodge.
- 11:00 Blue Mountain Brewery
- 1:00 Wild Wolf Brewing
- 2:30 Devils Backbone
- 4:00 Bold Rock Cidery
- 7:30 Arrive Lodge.

Minimum for this trip is 15 and maximum is 24. Registration is \$60 for transportation. Food, drinks, and driver tip are not included. Please register on MTL Events and drop off your registration check, made payable to “**Lake Frederick Travel Club**” with your contact information and the date of the trip at the lodge concierge desk no later than **September 20, 2024**.

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Fall Colors Tour of Fort Valley & Edinburg with Winery Stops October 23, 2024



Our Fall Colors trip this year will take us to Shenandoah County museums preserving Valley life in the 19th and early 20th centuries. Our first museum is in Fort Valley, hidden in the heart of Massanutten Mountain, just a short drive from Lake Frederick.

George Washington surveyed the area for Lord Fairfax and later considered it an ideal spot for a last stand against the British in the American Revolution. Today, it provides access to many recreational areas in the George Washington and Jefferson National Forests that surround it, and it is home to family farms and estates. The museum is a local grass roots effort to preserve the history of the area from pre-Civil War to the present.

Our second museum, wine shop, and restaurant is in the restored Edinburg Mill. We will visit the museum, browse the shop, and have lunch, perhaps with a glass of local wine, before heading to our first Shenandoah County winery/vineyard. If nature cooperates, we should see plenty of fall color along the way before returning to the lodge, perhaps for a late supper.

Schedule:

0800 Check in at Lodge
0815 Leave Lodge
900 Arrive Fort Valley Museum
1030 Depart
1100 Arrive Edinburg Mill
1300 Depart
1315 Arrive The Winery at Kindred Point
1430 Depart
1445 Arrive Cave Ridge Winery
1600 Depart
1615 Arrive Wolf Gap Vineyard
1730 Depart
1900 Arrive Lodge

All times are approximate and subject to change depending on the conditions of the day of the trip. \$60 covers roundtrip bus transportation. Museum donations, meals, tastings, purchases, and driver's tip are not included.

The minimum for the trip is 12 and the maximum is 18.

**Register on MTL Events and drop off your registration check, payable to
“Lake Frederick Travel Club,” with your contact information and date of the trip,
with the lodge concierge no later than October 13, 2024**

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Holiday Tea & Tour of Rosemont Manor

December 5, 2024, \$60



To celebrate the Holidays the Travel Club has arranged a private tour and formal Tea service at historic Rosemont Manor in nearby Berryville. Return to the "Gilded Age" to enjoy this formal three-course tea in an elegant setting decorated for Christmas. This dress-up event is open to ladies and gentlemen. We will be carpooling from the lodge at 10:000 a.m. and returning at 2:00 p.m. Chris Oxford will be leading this trip.

Please drop off a check with the concierge for \$60 each (tax & gratuity included) made payable to "**Lake Frederick Travel Club**" by November 15, 2024. Please note any dietary restrictions (gluten free or vegetarian).

The minimum for this event is 18 and the maximum is 24.

For information on Rosemont Manor check their website at <<https://www.rosemont1811.com/teas>>





Wreaths Across America: Winchester National Cemetery
Saturday, December 14, 2024; 10:00 a.m. to 3:00 p.m.
\$15 for bus transportation & Sponsor at least 3 wreaths

Thanks to Peggy Sabato's initiative, the Travel Club is joining several groups in Lake Frederick, including the Veterans Association, in sponsoring "Wreaths Across America" in Winchester National Cemetery on Saturday, December 14. Please sponsor at least three wreaths and we will provide bus transportation to the wreath laying ceremony.

Everyone loves to sponsor and lay wreaths at Arlington, but the smaller local National Cemeteries, like Winchester, are often overlooked. I hope you will join your neighbors and me in sponsoring at least three wreaths. The website and more information along with how you can also support local organizations involved in the ceremony. at [Wreaths Across America](https://www.wreathsalong.com/).

Please indicate that you would like your wreath to go to the Winchester, VA, National Cemetery (VAWNCW). Thank you so much for supporting Winchester National Cemetery and Wreaths Across America!

Schedule:

- 10:00 Bus leaves lodge
- 10:30 Arrive Winchester National Cemetery
- 11:00 Volunteers lay wreaths
- 12:00 Ceremony begins.
- 1:00 Board bus
- 1:15 Arrive 50-50 Tap House for lunch
- 2:30 Board bus
- 3:00 Arrive lodge.

Minimum for this trip is 10 and maximum is 24. Registration is \$15 for transportation. Lunch and driver tip are not included. Please register on MTL Events and drop off your registration check payable to "**Lake Frederick Travel Club**" with your contact information and the date of the trip with the lodge concierge no later than Noon Dec 1, 2024.

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