

Travel Club Newsletter

www.LakeFrederickTravelClub.com MEETS THE 2ND MONDAY OF EVERY MONTH FROM 11:30 A.M. - 1:00 P.M. IN RACHEL'S KITCHEN

2024 Committee

George Darnell President

Doc Holladay Vice President

Gary McDowell Treasurer

Chris Oxford Membership Coordinator

Pam Toliver Communications Coordinator

> Dan Mortland **Program Director**

Greg Payonk Cruise & Foreign Travel

Bill Johnson **Domestic & Foreign Travel**

UPCOMNG EVENTS

Next Meeting Monday, August 12, 2024 Rachel's Kitchen 11:30 a.m. Please bring a dish to share!

AUGUST 2024 ISSUE

President's Message

Grandparents Week

I hope some of you were able to celebrate grandparent's week with your grandchildren. This one was the best we have had so far. That water slide behind the lodge on July 26 sure looked inviting. Perhaps next year we can schedule a tour of Winchester with grandchildren as one of our trips

Exploring the Northern Neck

Please read Doc Holaday's report of this great trip. I'm sorry Michelle and I could not finish it. She is recovering well and should be on the wine pairing trip August 5. Thanks again to Doc and Gary McDowell for picking up the ball on this one.

Richmond Trip

Our founding president, Judy Bogner, sent us information on a trip to Richmond that is being sponsored by the Frederick County Parks and Recreation for newcomers to the area. Check out the announcement in the June newsletter. You can find it on our website https://LakeFrederickTravelClub.com/.

Schedule of Trips Updated

Please check our Trip Ideas and Deadlines V11 and review the trip announcements in this newsletter for the latest information. We added and deleted some of our trips and those of Shenandoah Travel. We dropped the August Air Show and added a second Loudoun County Wine Tour. In September we have a Trail Ride and Brewery Lunch, as well as our ever-popular Gettysburg Battlefield Tour with Sam and Rick. Looking ahead to December, Chris Oxford arranged, and will lead, a Holiday Tea at Rosemont Manor. And it's not too early to think about sponsoring wreaths for the Winchester National Cemetery.

Foreign Travel 2025

Check out the cruises and land tours that Greg Payonk has scheduled for 2025 and contact him if you need more information.

Planning for 2025

Dan Mortland will lead a discussion of trip ideas for 2025 at our August Luncheon. Doc Holaday and Bill Johnson are already talking about a trip to Ireland in Spring 2025. Bring your ideas or send them to me if you can't make the meeting.

Pot Luck Lunch Meeting, August 12

I hope to see you around our wonderful campus and at our potluck lunch meeting in Rachel's Kitchen on August 12 at 11:30 a.m. Bring your favorite dish to share. I will have copies of the new membership form that Chris Oxford, our membership chair, designed for new members, and some travel catalogs. Also check out our new website. Pam Toliver has been hard at work. Thanks for supporting our club!

George Darnell, President

703-850-2132

Exploring the Northern Neck of Virginia

July 9-11, 2024

By Doc Holaday

Lake Frederick Travel Club members braved July's sweltering heat to visit the Northern Neck of Virginia, and to enjoy a stay at The Tides Inn. We left the Lodge early by bus on Tuesday the 9th, stopped for a McDonald's breakfast, and then drove on to visit George Washington's boyhood home at Ferry Farm. George was the oldest son of Mary Washington, his father Augustine's second wife. When his father died, Mary did not remarry, so that George would inherit the Ferry Farm plantation. Despite their relatively modest means Mary did her best to ensure that George was reared as a gentleman. Mary Washington University in Fredericksburg is named in her honor.



Ferry Farm



Wilkinson's Restaurant

From Ferry Farm we drove to Wilkinson's Seafood Restaurant on the Potomac, where Michelle Darnell fell, getting up a high step outside and was injured. She was treated on site by paramedics and she and George decided to return home for further medical care. (She is healing well.)

After a great lunch at Wilkinson's, we visited Stratford Hall, which was home to four generations of the Lee family, including two signers of the Declaration of Independence and Robert E. Lee, of Civil War fame. Our last stop was a wine tasting at the Ingleside Winery before proceeding to The Tides Inn in Irvington, VA, for dinner and a relaxing evening.





Stratford Hall, Westmoreland County, Virginia

Ingleside Winery

After an early breakfast, the club headed for historic Christ Church and museum in Lancaster County, just north of Irvington. We next visited Irvington's Steamboat Era Museum.







Christ Church, Irvington, Virginia

We had the very warm afternoon off to enjoy the amenities of The Tides Inn, including a swimming pool, a sandy beach area, and numerous walking trails along the water.





Nice Views from The Tides Inn

On Thursday, after another early breakfast, we boarded the bus for Reedville to catch the ferry for the bumpy, 90-minute cruise to Tangier Island. Once a bustling fishing island, Tangier has declined to the point that there are only about 340 people living on the island. Its residents still proudly boast of their high school, that graduated three seniors this year, their own post office, an airport, a volunteer fire department, a few small restaurants, and a single grocery store. Since it is a "dry" island, with no alcohol sales allowed, there's no real need for a police force.





Our ride to the island and the welcome sign arriving at Tangier Island

We made one last stop on the way home in Tappahannock to dine at the 1710 Tavern. The tavern was recently restored, and the new owner has preserved much of the original historical structure. And yes, George Washington ate there.





Enjoying a great dinner at the 1710 Tavern in Tappahannock, Virginia

All in all, and despite the heat, another fun trip for the Lake Frederick Travel Club!

Trip Ideas for 2024, V11

- Aug 5—Midsummer Wine Pairing Event at Fox Meadow
- Aug 12-15—New York Finger Lakes https://www.shenandoahtours.com/
- Aug 16—Loudoun County Wine Tour II
- Aug 19-31—Japan Celebrity Cruise w/Greg
- Aug 23-Loudoun County Wine Tour
- Sep 3-8—Ole Cape Cod https://www.shenandoahtours.com/
- Sep 6—Trail Ride & Brewery Lunch
- Sep 20-21—Lancaster/ Daniel/ Bird-in-the-Hand Theatre https://www.shenandoahtours.com/
- · Sep 23—Gettysburg Battlefield Tour
- Oct 4—Oktoberfest Route 151 Beverage Tour

- Oct 6-12—Autumn in New England Rails & Sails https://www.shenandoahtours.com/
- Oct 24—Fall Colors Train Ride in Staunton
- Oct 27-31—Golden Isles of Georgia https://www.shenandoahtours.com/
- Nov 11—Deadline for Wreaths Across America Donations
- Nov 13-15—Smoky Mountain Christmas https://www.shenandoahtours.com/
- Nov 29-Dec 2—A Country Christmas at Opryland Hotel, Nashville, TN https://www.shenandoahtours.com/
- Dec 5—Holiday Tea at Rosemont Manor
- Dec 14—Wreaths Across America Laying Ceremony in Winchester
- Dec 16—Christmas in Old Town Alexandria

Trip Registration Deadlines for 2024, V11

- Aug 3—Ole Cape Cod https://www.shenandoahtours.com/
- Aug 9—Loudoun County Wine Tour II
- Aug 13—Loudoun County Wine Tour
- Aug 22—Trail Ride & Brewery Lunch
- Sep 7—Golden Isles of Georgia https://www.shenandoahtours.com/
- Sep 9— Gettysburg Battlefield Tour
- Sep 20—Oktoberfest Route 151 Beverage Tour

- Oct 4—Fall Colors Train Ride in Staunton
- Nov 11—Wreaths Across America in Winchester
- Nov 24—Holiday Tea at Rosemont Mano
- Dec 9—Christmas in Old Town Alexandria

WHERE IN THE WORLD DO YOU WANT TO GO THIS YEAR?



Loudoun County Wine Tour II

Friday, Aug. 16, 2024



Because of the overwhelming interest in the Wine Tour for 23 August, we are adding a second wine tour, visiting the same wineries, so that no one misses out on these great wines.

Virginia has nearly 300 wineries with over 40 of them in Loudoun County alone, more than any other county. On this trip we'll be visiting three of them. We will visit the following wineries: Odium Cellars, known for its German and Austrian style wines; 8 Chains North known for its Old-World style wines; and Breaux Vineyards known for its many award-winning wines. This trip is limited to 14 travelers and will go rain or sunshine. All the wineries have food to purchase, or you are welcome to bring your own.

Schedule:

- 10:30 Leave the Lodge
- 11:15 Otium Cellars, Purcellville
- 12:30 Leave
- 1:00 Arrive at Breaux Vineyards, Purcellville
- 2:15 Leave
- 2:30 Arrive at 8 Chains North, Waterford
- 3:45 Leave
- 4:45 Arrive Lodge

All times are approximate and subject to change depending on the conditions of the day of the trip. \$60 covers roundtrip van transportation. Meals, tastings, purchases, and driver tip are not included. The minimum for the trip is 10 and the maximum is 14.

Register on MTL Events and drop off your registration check, payable to "Lake Frederick Travel Club," with your contact information and the date of the trip, with the lodge concierge no later than August 9, 2024

George Darnell

(703-850-2132)

Loudoun County Wine Tour Friday, Aug. 23, 2024



Virginia has nearly 300 wineries with over 40 of them in Loudoun County alone, more than any other county. On this trip, we'll be visiting three of them. We will visit the following wineries: Otium Cellars, known for its German and Austrian style wines; 8 Chains North known for its Old World style wines; and Breaux Vineyards known for its many award winning wines. Relax and appreciate the beautiful scenery while enjoying a glass of wine. This trip is limited to 14 travelers and will go rain or sunshine. All the wineries have food for purchase or you are welcome to bring your own.

Schedule:

- 10:30 Leave the Lodge
- 11:15 Otium Cellars, Purcellville
- 12:30 Leave
- 1:00 Arrive at Breaux Vineyards, Purcellville
- 2:15 Leave
- 2:30 Arrive at 8 Chains North, Waterford
- 3:45 Leave
- 4:45 Arrive Lodge

All times are approximate and subject to change depending on the conditions of the day of the trip. \$60 covers roundtrip van transportation. Meals, tastings, purchases, and driver tip are not included. The minimum for the trip is 10 and the maximum is 14.

Register on MTL Events and drop off your registration check, payable to "Lake Frederick Travel Club," with your contact information and the date of the trip, with the lodge concierge no later than August 13, 2024

George Darnell

(703-850-2132)

Trail Ride & Brewery Lunch Sepr. 6, 2024





Join us for an exciting trail ride at Royal Horseshoe Farm in the Shenandoah Valley followed by lunch at nearby Backroom Brewery.,

About Royal Horseshoe Farm in Front Royal

- Our trails pass through the Shenandoah Valley's history rich meadows, woods, and hills.
- You can ride across Manassas Run, pass the old cannon emplacements that used to guard Morgan's Ford, visit the old barns that used to hold US Cavalry ponies, and see the house where George Washington stayed when he was a young man surveying for Lord Fairfax.
- One or more trail guides lead each ride. Riding experiences range from gentle pastures, to wide sloping trails, crossing small or medium sized streams, and even some trails that are narrow, windy, wooded and steep.

About Backroom Brewery

- One of the oldest and closest breweries in the valley, they began as a herb farm, growing culinary and medicinal herbs for the garden center trade. In the fall of 2012, they built their hops field. After all, hops are the herbs that flavor beer. By 2013 they were brewing.
- Come visit and enjoy award-winning beer and delicious food in the Main Taproom and the Big Barn. At least one of them is always open and both on weekends.

Schedule:

9:00 Leave Lodge

9:30 Arrive Royal Horseshoe for fitting

10:30 Begin trail Ride

11:30 End Trail Ride

12:00 Lunch at Backroom Brewery

1:30 Leave

2:00 Arrive Lodge

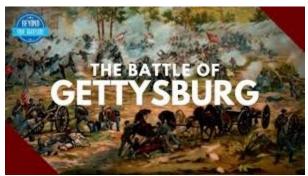
Minimum for this trip is 10 and maximum is 15.

Registration is \$100 for transportation and trail ride. Lunch, trail guide and driver tips are not included. Please wear comfortable and sturdy clothes and shoes for the trail ride.

Please register on MTL Events and drop off your registration check, made payable to "Lake Frederick Travel Club" with your contact information and the date of the trip at the lodge concierge desk no later than Aug 22, 2024.

George Darnell

(703-850-2132)



Gettysburg Battlefield Bus Tour September 23, 2024

If you always wanted to know more about the largest battle ever fought in North America, Gettysburg, join two of our own Gettysburg enthusiasts (Sam Kerns and Rick Turner), for a day trip to the hollowed grounds of the Gettysburg National Battlefield Park. On our trip to the battlefield, they will share what happened during the Gettysburg Campaign, including events in our own backyard. The time on the battlefield will give you an overview of the events with a few interesting stories about some of the 165,000 participants.

We make several stops on the battlefield and walking is over paved walkways. Parking has been greatly improved at Little Round Top but there are some steps on newly created walkways with fantastic views of the battlefield.

8:00 a.m. Depart the lodge. Sam and Rick will present material on the way.

9:30 a.m. Rest Stop at the Sheetz in Thurmont, MD; then on to Gettysburg Battlefield

Stop 1: The Eternal Light (Day 1 of Battle)

Stop 2: Lee Monument (Days 2 and 3)

Stop 3: Lunch at the Appalachian Brewery located on the battlefield, Menu and beer selection can be found at <abcheve.com/battlefield>.

Stop 4: Little Round Top (newly renovated) (Day 2)

Stop 5: Short walk to Joshua Chamberlan's 20th Maine battle line (right down the hill from the summit of Little Round Top)

Stop 6: First Minnesota Regiment Monument (Final stop of Day 2)

Stop 7: Short walk to The Angle (Pickett's Charge Day 3) Highwater mark of the Confederacy

Return home with rest stop just south of Gettysburg at the Mason/Dixon Welcome Center (around 4:15)

6:15 p.m. Return to lodge.

Minimum for this trip is 30 and maximum is 50. Registration is \$65 for transportation and PDF handouts. Lunch and driver's tip are not included. Drop off a check to "Lake Fr9erick Travel Club" with contact info and date of trip with lodge concierge no later than September 9, 2024.

George Darnell

(703-850-2132)

Holiday Tea & Tour of Rosemont Manor December 5, 2024, \$60



To celebrate the Holidays the Travel Club has arranged a private tour and formal Tea service at historic Rosemont Manor in nearby Berryville. Return to the "Gilded Age" to enjoy this formal three-course tea in an elegant setting decorated for Christmas. This dress-up event is open to ladies and gentlemen. We will be carpooling from the lodge at 10:000 a.m. and returning at 2:00 p.m. Chris Oxford will be leading this trip.

Please drop off a check with the concierge for \$60 each (tax & gratuity included) made payable to "Lake Frederick Travel Club" by November 15, 2024. Please note any dietary restrictions (gluten free or vegetarian).

The minimum for this event is 18 and the maximum is 24.

For information on Rosemont Manor check their website at https://www.rosemont1811.com/teas



Wreaths Across America: Winchester National Cemetery Saturday, December 14, 2024; 10:00 a.m. to 3:00 p.m. \$15 for bus transportation & Sponsor at least 3 wreaths

Thanks to Peggy Sabato's initiative, the Travel Club is joining several groups in Lake Frederick, including the Veterans Association, in sponsoring "Wreaths Across America" in Winchester National Cemetery on Saturday, December 14. Please sponsor at least three wreaths and we will provide bus transportation to the wreath laying ceremony.

Everyone loves to sponsor and lay wreaths at Arlington, but the smaller local National Cemeteries, like Winchester, are often overlooked. I hope you will join your neighbors and me in sponsoring at least three wreaths. The website and more information along with how you can also support local organizations involved in the ceremony. at <a href="https://www.wreaths.com/wreaths-nc-mailto:wr

Please indicate that you would like your wreath to go to the Winchester, VA, National Cemetery (VAWNCW). Thank you so much for supporting Winchester National Cemetery and Wreaths Across America!

Schedule:

10:00 Bus leaves lodge

10:30 Arrive Winchester National Cemetery

11:00 Volunteers lay wreaths

12:00 Ceremony begins.

1:00 Board bus

1:15 Arrive 50-50 Tap House for lunch

2:30 Board bus

3:00 Arrive lodge.

Minimum for this trip is 10 and maximum is 24. Registration is \$15 for transportation. Lunch and driver tip are not included. Please register on MTL Events and drop off your registration check payable to "Lake Frederick Travel Club" with your contact information and the date of the trip with the lodge concierge no later than Noon Dec 1, 2024.

George Darnell

(703-850-2132)

Lake Frederick Travel Club



INCLUDES:

- Globus Land Tour by motorcoach: Budapest to Prague (Tour Code RF50503)
- https://www.globusjournevs.com/tour/bohemian-dream/RF/?season=2025
- Scheduled tours with expert local guides as outlined in itinerary.
- VIP sightseeing access to iconic sites.
- Includes full buffet breakfast daily, 1 lunch and 4 gourmet dinners of local cuisine
- First and Superior-First class hotels.
- Tour transportation beginning day 2 to completion day 8.
- Roundtrip airfare on United from IAD (Frankfurt connections)
- Transfers from Budapest airport to city hotel (Day 1) and from Prague city hotel to airport (Day 9)
- Contact Leslie Dean 303.703.7769 or ldean@qlobusfamily.com Ask for discounts !!!
 Total price quoted was based on airfare booking June 14, 2024
- Do mention you are part of Lake Frederick travel club group and ask to be attached to reservation #109732 so your booking will count towards a group discount if we get at least 8 persons.

NOT INCLUDED:

- Lake Frederick to IAD transfers/parking
- Optional excursions at particular points on tour during scheduled free time will be made available for booking as tour date gets closer.

I ran an 10day Iceland land tour (1,400miles) with Globus in 2022 and the Lake Frederick group was thrilled with the overall experience. The hotels, food, and local guides were first class and handled every detail. Based on that wonderful experience we wanted to try this "Bohemian Dream" adventure.

Greg Payonk is travel lead for this trip. Feel free to contact him for additional information. 201.323.2144 gpayonk@gmail.com ____106 Witherod Court

Lake Frederick Travel Club

Norway Fjords & Arctic Circle Cruise Aug 7-21, 2025 (14 nights) \$9,647/couple



Did you know that beginning in 2026, "greenhouse gas-emitting vessels will be prohibited from sailing into Norway's spectacular World Heritage fjords". Only zero emission vessels will be permitted and presently none meet that requirement although the cruise industry is developing such ships. https://businessnorway.com/articles/green-cruising-norway-world-heritage-fjords-becoming-emission-free

Thus, the opportunity is 2024/5 to experience Norway fjords and travel above the arctic circle.





14 Night Norwegian Fjords & Arctic Circle

Celebrity Apex

- Operating from: Southampton (London), England
- Ports of Call: Stavanger, Norway Olden, Norway Molde, Norway Trondheim, Norway • Cruise Arctic Circle • Honningsvag, Norway • Tromso, Norway • Geiranger, Norway • Flaam, Norway • Rotterdam, Netherlands
- m Sailing Dates: August 07, 2025

INCLUDES:

- Celebrity Apex infinite veranda stateroom (E2)
- Cruise, port charges, gratuities, classic drink package, Wi-Fi
- Book through Celebrity, Costco or United Cruises* (if want to earn ~80,000 United miles ask me)

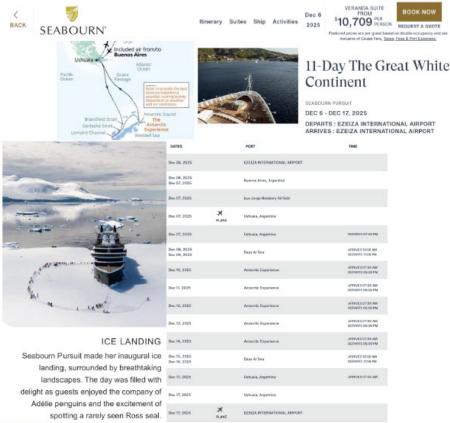
NOT INCLUDED:

- Lake Frederick to IAD transfers/parking
- Airfare (UA nonstop direct IAD-LHR book through Air By Celebrity once have Celebrity reservation#)
 Estimated \$1,200/pp based on Dec 2024.
- Purchase Heathrow to Southampton roundtrip airport-cruiseport transfers from Celebrity \$150/pp
- Shore excursions

Greg Payonk is travel lead for this trip. Feel free to contact him for additional information. 201.323.2144 gpayonk@gmail.com ____106 Witherod Court

If you own at least 100sh of RCL you can get a shareholder \$250 OBC in addition to all promotions

*Andrea Savannah; United Cruises 800.596.5529 x37205 asavannah@wth.com



Lake Frederick Travel Club Seabourn Antarctic Expedition - Dec 4 – 18, 2025

INCLUDES:

- . 11-day The Great White Continent on Seabourn Pursuit Expedition ship (launched Aug 2023)
- Book through your preferred travel agent, direct through Seabourn web site (https://www.seabourn.com/en/us/find-a-cruise/s5j10aan2/p559) or my Seabourn agent (Meghan Holland 800.929.4747 x29390, mholland@seabourn.com) and receive a \$300/suite incentive OBC when booking through Meghan.
- Dec 6 Buenos Aires arrival transfers to Alvear Palace hotel in Buenos Aires https://www.alvearpalace.com/en/
- Dec 7 breakfast and transfers to Buenos Aires airport (EZE) for Charter flight to Ushuaia and transfers to the cruise port and embarkation to Seabourn Pursuit.
- All taxes, fees, port charges, Wi-Fi, premium spirits & fine wines, gratuities and expeditionary excursions except submarine and kayak
- . Dec 17 disembarkation and transfers to Ushuaia airport for flight to Buenos Aires.

NOT INCLUDED:

- · Transfers from Lake Frederick to IAD
- Airfare from IAD to Buenos Aires (as an estimate, Dec 2024 shows \$1,354/pp roundtrip)
- Dec 5 extra pre-night at the Alvear Palace including transfers from Buenos Aires Airport \$320/pp est.

Greg Payonk is travel lead for this trip. Feel free to contact him for additional information. 106 Witherod Court, 201.323.2144 gpayonk@gmail.com

Seabourn Pursuit will provide our widest range of expedition activities yet, operated and escorted by a knowledgeable, world-class 26-person team of scientists, scholars, naturalists and more. In every area of our Expedition cruise ships, an elegant aesthetic awakens the senses to capture the romanticism of early explorers and the thrill of discovery.

You can read more about the Seabourn Pursuit here: The Seabourn Pursuit

You can read more about our expedition voyages, the destinations, our Expedition Leaders, the experience and our two purpose-built expedition ships here: <u>Seabourn Expeditions</u>

You can read about Seabourn and what's included with each voyage here: The Seabourn Difference

I highly recommend watching the videos on our website here: <u>Video Gallerv</u> or checking out our YouTube channel here: <u>@SeabournCruise on YouTube</u>