

WWW.LAKEFREDERICKTRAVELCLUB.COM

MEETS THE 2ND MONDAY OF EVERY MONTH FROM 11:30 A.M. – 1:00 P.M. IN RACHEL'S KITCHEN

2024 Committee

George Darnell
President

Doc Holladay
Vice President

Gary McDowell
Treasurer

Chris Oxford
Membership Coordinator

Pam Toliver
Communications Coordinator

Dan Mortland
Program Director

Greg Payonk
Cruise & Foreign Travel

Bill Johnson
Domestic & Foreign Travel

UPCOMING EVENTS

Next Meeting
Monday, July 8, 2024
Rachel's Kitchen
11:30 a.m.
Please bring a dish to share!

JULY 2024 ISSUE

President's Message

Fourth of July Celebrations

It seems like summer is here with a vengeance, but don't let that discourage you from joining me in our Lake Frederick celebrations of Independence Day. We will march down Rachel Carson in the morning and have a cookout in the afternoon on the lawn of the lodge. Check MTL Events for details.

Exploring the Northern Neck with Two Nights at The Tides Inn, July 9-11. Deadline Extended to July 3. This trip is **confirmed** and will go as planned. We still have space for six more travelers on our bus. So, we extended the deadline for reservation to July 3. All our discounted rooms at the Tides Inn have been booked, and our contact told me that the other rooms are booking fast. If you want to join us, act fast and the club will give you a \$100 discount per room for bus registration. I hope you will join us!

Endless Caverns, Civil War Museum, & Brethern and Menonite Heritage Center Tour, June 7, 2024. This was an enjoyable and informative trip. Read the report in this newsletter.

Richmond Trip. Our founding president, Judy Bogner, sent us information on a trip to Richmond that is being sponsored by the Frederick County Parks and Recreation for newcomers to the area. Check out the announcement in the June newsletter.

Schedule of trips updated. Please check our Trip Ideas and Deadlines V10 for the latest information. We added and deleted some of our trips and those of Shenandoah Travel that are already sold out. Also check out the cruises that Greg Payonk has scheduled and contact him if you need more information. They may be full already.

August Trios. Registration for our August Trips will be open with the publication of this newsletter. I hope you can join us for our Wine Parring Event at Fox Meadow Vineyard on August 6, our Bealeton Air Show on August 18, and our Loudoun County Wine Tour on August 23. See the flyers in this newsletter.

September Trips. Registration and trip flyers for our September trips will be included in our August newsletter. The Trail Ride is a new event, and our Gettysburg Trip is an old favorite.

Passing of Sue Hanrahan. We mourn the passing of Sue Hanrahan. She and her husband, Kevin, have been leaders in our community for many years. We pray for the repose of her soul and offer our condolences to Kevin and her family. Please join in the celebration of her life in the Event Center on July 25.

Pot Luck Lunch Meeting, July 8. I hope to see you around our wonderful campus and at our potluck lunch meeting in Rachel's Kitchen on July 8 at 11:30 a.m. Bring your favorite dish to share. I will have copies of the new membership form that Chris Oxford, our membership chair, designed for new members, and some travel catalogs. Also check out our new website. Pam Toliver has been hard at work. Thanks for supporting our club!

George Darnell, President

703-850-2132

darnellgd@hotmail.com

Endless Caverns, Virginia Civil War Museum, and Brethren & Mennonite Heritage Center Tour

June 7, 2024

By George Darnell



Seventeen members travelled to the New Market and Harrisonburg areas to visit three outstanding attractions and had lunch at the Southern Kitchen in New Market. On the way home we stopped for wine at <https://musevineyards.com> near Woodstock. We intended to start with a 75-minute guided tour of Endless Caverns at the base of Massanutten Mountain. But we cut the tour short because, as they warned us, the walking tour covers uneven floors and some stone stairways. It is the most primitive and poorly lit cavern that the Travel Club has visited. It is not recommended for anyone who has limited mobility or stamina. The gift shop and grounds are alternatives. But they are perfect for anyone wanting to experience the caves and caverns described in Tolkien's "The Hobbit" or "Lord of the Rings."

Our young guide took pity on those of us who were struggling to keep up and led us to a set of steep stone steps leading back to the restrooms and gift shop. We were soon back in the sunlight and on our bus. The Endless Caverns has a large family campground, swimming pool, and other attractions for families. Read more on their website <https://endlesscaverns.com>.



Next, we visited the nearby Virginia Museum of the Civil War, which provides opportunities to reflect upon the Battle of New Market, which raged just outside on May 15, 1864. Students from the Virginia Military Institute as young as 15 years old fought in the battle. In addition to museum exhibit galleries, the site features the state-certified



Shenandoah Valley Tourist Information Center, an Emmy-winning film, *Field of Lost Shoes* shown every hour, and a 300-acre battlefield park preserving the core areas of the battlefield and historic Bushong Farm. One could easily spend a day here, but we settled for the film and a short walk around the museum artifacts before boarding our bus for lunch. Find out more at <https://www.vmi.edu/museums-and-archives/virginia-museum-of-the-civil-war/>.



For lunch we stopped at The Southern Kitchen Restaurant in historic New Market, a favorite, known for its good food and hospitality, serving the community since 1955. They were expecting us but couldn't reserve tables for us on a busy Friday. They soon had us seated in groups of two or more around the restaurant. Some folks even chose to sit at the old-fashioned lunch



counter. Hometown folks and visitors find a welcoming atmosphere and home cooking that keeps them returning often. The most important thing that Southern Kitchen offers is its American home-style cuisine. From their award-winning peanut soup to their delicious southern fried chicken, Southern Kitchen left us satisfied and wanting to return

After lunch, we were a little behind schedule and received a phone call from the Brethren & Mennonite Heritage Center near Harrisonburg to make sure we were still coming. When we finally arrived, our tour began in the Welcome Center. Our guides explained the history and beliefs of the Mennonites and Brethren, Anabaptist groups that date to the Protestant Reformation in Switzerland. When they immigrated to America to escape persecution in Europe, many of them settled in the Shenandoah Valley. They share a cultural heritage with the Amish of Pennsylvania and Ohio. They are pacifists and serve in the military only as non-combatants.



Following our history lesson and tour of the center, we visited a Civil War era log farmhouse that also served as a meeting house. It was far from the primitive log cabins that are seen in movies. It had stairs leading to a second story area and a sliding door on the main floor that could be opened to make two rooms into one for meetings. All too soon we had to say our farewells and make a modest donation to help keep the center operating.



On our way back to I-81 North, we got to see some of the eastern suburbs and downtown Harrisonburg, home of James Madison University, where one of my granddaughters graduated as a nurse. Soon, we reached the Woodstock exit and drove east across the Valley Pike to the north branch of the Shenandoah River. Our driver, Steve, maneuvered our bus over a narrow one-lane bridge leading to farms and the Muse Vineyard on the other side. Muse is owned by a retired US Ambassador and her husband, who live upstairs in the main building facing Massanutten Mountain. The vineyard was once a

Mennonite wheat farm.

After selecting our tasting flights or glasses of wine, we joined the large Friday night crowd enjoying the music from a local music group. Soon it was time to leave and head home to Lake Frederick,

where we arrived about 7:00 p.m. Thanking and tipping Steve, we said our goodbyes and headed to our homes. It was a pleasant and informative day. Many thanks to our member, Fred Boyer, for suggesting this trip.

Trip Ideas for 2024, V10

- July 9-11—Exploring the Northern Neck; Tides Inn for two nights.
 - Jul 22-25—Hudson River Valley
<https://www.shenandoahtours.com/>
 - Jul 25-28—Lake Erie Island Adventure
<https://www.shenandoahtours.com/>
 - Aug 5—Midsummer Wine Pairing Event at Fox Meadow
 - Aug 12-15—New York Finger Lakes
<https://www.shenandoahtours.com/>
 - Aug 18—Flying Circus Air Show & Hot Air Balloon Festival
 - Aug 19-31—Japan Celebrity Cruise w/Greg
 - Aug 23—Loudoun Wine Tour
 - Sep 3-8—Ole Cape Cod
<https://www.shenandoahtours.com/>
 - Sep 6—Trail Ride & Brewery Lunch
 - Sep 20-21—Lancaster/ Daniel/ Bird-in-the-Hand Theatre
<https://www.shenandoahtours.com/>
 - Sep 23—Gettysburg Battlefield Tour
 - Oct 4—Oktoberfest Route 151 Beverage Tour
 - Oct 6-12—Autumn in New England – Rails & Sails
<https://www.shenandoahtours.com/>
 - Oct 24—Fall Colors Train Ride in Staunton
 - Oct 27-31—Golden Isles of Georgia
<https://www.shenandoahtours.com/>
 - Nov 13-15—Smoky Mountain Christmas
<https://www.shenandoahtours.com/>
 - Nov 29-Dec 2—A Country Christmas at Opryland Hotel, Nashville, TN
<https://www.shenandoahtours.com/>
 - Dec 14—Wreaths Across America in Winchester
 - Dec 16—Christmas in Old Town Alexandria
 - Dec 20—Holiday High Tea at Rosemont Manor
- darnellgd@hotmail.com

Trip Registration Deadlines for 2024, V10

- Jul 7—A Country Christmas at Opryland Hotel, Nashville, TN
<https://www.shenandoahtours.com/>
- Jul 12—New York Finger Lakes
<https://www.shenandoahtours.com/>
- Jul 22—Midsummer Wine Pairing Event at Fox Meadow
- Aug 3—Ole Cape Cod
<https://www.shenandoahtours.com/>
- Aug 4—Flying Circus Air Show & Hot Air Balloon Festival
- Aug 9—Loudoun Wine Tour
- Aug 22—Trail Ride & Brewery Lunch
- Sep 7—Golden Isles of Georgia
<https://www.shenandoahtours.com/>
- Sep 9—Gettysburg Battlefield Tour
- Sep 20—Oktoberfest Route 151 Beverage Tour
- Oct 4—Fall Colors Train Ride in Staunton
- Nov 14—Wreaths Across America in Winchester
- Dec 1—Holiday High Tea at Rosemont Manor
- Dec 9—Christmas in Old Town Alexandria

Exploring the Northern Neck of Virginia



A MEMBER OF THE

National Heritage Area System

July 9-11, 2024

[The Northern Neck](#) is an historic peninsula between The Rappahannock and Potomac Rivers from Fredericksburg to the Chesapeake Bay. We will explore this area by bus and spend two nights at the Tides Inn in Irvington.

This three-day tour is limited to 20-24 travelers.

Day 1: Travel by bus to [Ferry Farm](#), boyhood home of George Washington, and then to his [birthplace](#) on the Potomac before lunch at [Wilkinson's Seafood](#). After lunch visit [Stratford Hall](#), home of the Lee family, and then enjoy wine at [Ingleside Winery](#) before checking into [The Tides Inn](#) for dinner and an evening of relaxation at this waterside resort.



Day 2: Morning and breakfast on your own before boarding our bus for historic [Christ's Church](#) and the [Steamboat Era Museum](#) in Irvington. Return to the Tides Inn for lunch and an afternoon of leisure on your own before visiting the [Dog & Oyster Winery](#) in Irvington. Afterwards, return to the Tides Inn for dinner and an evening of leisure on your own.



Day 3: Have an early breakfast before checking out and boarding our bus for [Reedville](#). Stroll by the Victorian homes in this historic fishing village on the Bay before boarding our [cruise boat](#) to [Tangier Island](#). Have lunch and tour this quaint fishing village before returning to Reedville. Board our bus for home and arrive at the Lodge in time for a late dinner or just return to your home.



We will be staying overnight, July 9 & 10, at [The Tides Inn](#), a Forbes recommended waterside resort in Irvington, Virginia. They are offering us special rates until May 15 on a limited number of two classes of rooms. A deluxe king-bed room, suitable for a single or couple, is \$459 per night, plus taxes and resort fees. A double queen-bed deluxe room, suitable for two singles sharing a room, is \$519 per night plus taxes and resort fees. Meals, drinks, and other resort services may be charged to your room and paid at checkout. Please make your reservation by June 1 by calling 855-420-9316 and identifying yourself as a member of the Lake Frederick Travel Club.

The cost of bus transportation and all admission fees is \$350 per person. Meals, tastings, and other expenses are not included.

Please register for a room at The Tides Inn (see above), register on MTL Events, and drop off a \$350 check with the concierge made payable to "Lake Frederick Travel Club" no later than [July 3](#).

George Darnell

703-850-2132

darnellgd@hotmail.com

Mid-summer Wine Pairing Experience At Fox Meadow Vineyard August 5, 2024

Our menu is inspired by Amanda's recent trip to Belgium with six delicious gourmet bites paired with six of their wines. We will enjoy three white wines and three red wines at this event.

2021 Barrel Fermented Chardonnay
Smoked salmon and Boursin cheese vol-au-vent

2022 Le Renard Gris
Potato croquette with garlic lemon aioli

2023 Unoaked Chardonnay
Belgian endive with honey goat cheese and walnut

- Strawberry Basil Sorbet -

Situationally Dependent
Fig and prosciutto with mascarpone



2021 Le Renard Rouge
Beef tenderloin rossini en croute

2021 Reserve Cabernet Franc
Mini Liege waffle with chocolate sauce

Schedule:

- 11:00 Leave lodge
- 11:30 Arrive Fox Meadow
- 12:00 Wine Pairing Event
- 1:00 Free time at vineyard
- 2:30 Leave vineyard
- 3:00 Arrive Lodge

Minimum for this trip is 12 and maximum is 24.

Registration is \$100 for transportation and wine pairing event. Other wine and food purchase; server and driver tips are not included.

Please register on MTL Events and drop off your registration check, made payable to

“Lake Frederick Travel Club” with your contact information and the date of the trip at the lodge concierge desk no later than July 26.

George Darnell

(703-850-2132)

darnellgd@hotmail.com

The Flying Circus & Hot Air Balloon Festival, August 18, 2024



This show has thrilled folks of all ages for many years. This is an outdoor show in bleachers. It is in Bealeton, VA, between Warrenton and Fredericksburg off Rt. 17. Food and memorabilia concessions stands are on site. This show will include a WW1 era biplane show as well as hot air balloons. Folks can take rides in both for an extra fee. Grandstand seating is available, and you can bring your own lawn chair. Check out their website for pictures and details

<https://www.flyingcircusairshow.com/>.

The Travel Club will provide round-trip bus transportation. Entry fee of \$20,00, driver tip, and other expenses are not included. This is a Sunday show, so early church service is recommended.

Schedule:

10:30 Leave Lodge
11:15 Enter gate
12:00 Pre-show begins; concessions open
1:00 Flying Circus Air Show
2:00 Show ends; rides and ground visits begin
6:00 Hot Air Balloon Show begins
7:15 Leave grounds
9:00 Arrive Lodge

Minimum for this trip is 15 and maximum is 24.

Registration is \$65 for transportation r. Entry fee, concessions, and driver tip are not included.

Please register on MTL Events and drop off your registration check, made payable to "Lake Frederick Travel Club" with your contact information and the date of the trip at the lodge concierge desk no later than Aug 10.

George Darnell

(703-850-2132)

darnellgd@hotmail.com

Loudoun County Wine Tour Friday, Aug. 23, 2024



Virginia has nearly 300 wineries with over 40 of them in Loudoun County alone, more than any other county. On this trip, we'll be visiting three of them. We will visit the following wineries: Otium Cellars, known for its German and Austrian style wines; 8 Chains North known for its Old World style wines; and Breaux Vineyards known for its many award winning wines. Relax and appreciate the beautiful scenery while enjoying a glass of wine. This trip is limited to 14 travelers and will go rain or sunshine. All the wineries have food for purchase or you are welcome to bring your own.

Schedule:

- 10:30 Leave the Lodge
- 11:15 Otium Cellars, Purcellville
- 12:30 Leave
- 1:00 Arrive at Breaux Vineyards, Purcellville
- 2:15 Leave
- 2:30 Arrive at 8 Chains North, Waterford
- 3:45 Leave
- 4:45 Arrive Lodge

All times are approximate and subject to change depending on the conditions of the day of the trip. \$60 covers roundtrip van transportation. Meals, tastings, purchases, and driver tip are not included. The minimum for the trip is 10 and the maximum is 14.

Register on MTL Events and drop off your registration check, payable to “Lake Frederick Travel Club,” with your contact information and the date of the trip, with the lodge concierge no later than August 13, 2024

George Darnell

(703-850-2132)

darnellgd@hotmail.com