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MEETS THE 2ND MONDAY OF EVERY MONTH FROM 11:30 A.M. – 1:00 P.M. IN RACHEL'S KITCHEN

2024 Committee

George Darnell
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Doc Holladay
Vice President

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Membership Coordinator

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Greg Payonk
Cruise & Foreign Travel

Bill Johnson
Domestic & Foreign Travel

March 2024 ISSUE

President's Message

Mardi Gras & Valentine's Wine & Cheese Social

It was great to see so many of our members enjoying our February 12 special event in Rachel's Kitchen. Many thanks to Doc & Connie Holaday for setting up the spread and Gary and Janet McDowell for greeting our members. Karen Nottingham, our catering & events manager, arranged for us to get wine and beer at member pricing, and Martin's provided the food. We were so busy socializing that we forgot to take pictures.

Baltimore Fireworks Tour: July 4-5, 2024

We have a proposal from MARS Tours & Travel for the following 2-day trip that includes:

- Round Trip transportation from Lake Frederick to Baltimore, MD
- 1-night room at the Renaissance Baltimore Harbor Hotel
- Admission and self-guided tour of B&O Railroad Museum
- Admission and self-guided tour of National Aquarium
- July 4th Picnic at Hotel
- Inner Harbor July 4th celebration
- Inner Harbor Fireworks Cruise
- Breakfast at Hotel
- Guided Bus Tour of Baltimore Highlights
- Tour of Fort McHenry
- Baggage Handling

Cost: \$755 pp single; \$669 pp double

We need a minimum of 20 refundable deposits of \$100 by April 1 to accept this proposal. Mike Erickson, our guide for Harpers Ferry, has agreed to be the guide on this trip. A full description is included in this newsletter. We can take more than 20 if we register early before the hotel fills up.

Rosemont Manor High Tea & Tour, March 23

We had to reschedule this event from March 1 to March 23 because Paula, the weekday private event manager, may be recovering from knee surgery. We had hoped to kick off Women's History Month with this event, but it will still be a great dress-up event. Rosemont Manor is a favorite place for Judy Bogner, our founder. Gary McDowell will be sending out confirmations to those who are registered. If you need a lanyard name badge let me know.

Winter Craft Beer Tour, March 15

We have room for a few more brewery fans on this trip. And we can celebrate St. Patrick's Day a little early. See the flyer in this newsletter.

Cherry Blossom Walking Tour, March 27

This is a repeat of a favorite from 2023. It is a little early to predict the DC Cherry Blossoms, but we are shooting for March 27, just before Holy Week and Easter celebrations. We can adjust the date if weather delays the blossoms. See the flyer in this newsletter.

UPCOMING EVENTS

Next Meeting
Monday, March 11, 2024
Rachel's Kitchen
11:30 a.m.
Please bring a dish to share!

Antietam Battlefield Tour, April 5

Our Civil War enthusiasts, Sam Kerns and Rick Turner, have arranged another informative and enjoyable tour of a nearby battlefield with a stop at the Bavarian Inn on the way home. See the flyer in this newsletter. Registration will be open soon.

Shenandoah River Bluebell Walking Tour, April 8

Again, it is a little early to predict when the bluebells will be out along the Shenandoah River. But the plan is to carpool to Shenandoah State Park near Front Royal and pack picnic lunches for the park. Keep an eye out for the flyer on this event.

Alexandria Walking Tour, April 19

This trip is still in the planning stage. It will include a three-mile walking tour of Old Town with a focus on Women's History. The trip will include round-trip bus transportation and lunch. We may use a tour guide. Watch for the trip announcement.

Apple Blossom Parade Watch Party, May 4

We were hoping to watch a live stream of the Winchester Apple Blossom Parade on a large screen TV in the lodge. But all the rooms are already booked for that day. So, if any member who has a Rec Room with a large screen TV would like to host this party let me know. We can make it a potluck watch party.

Mosby Heritage Wine Tour, May 10

Rick Turner and I are still working on this tour of Piedmont, Virginia, with its historic buildings and Civil War battle sites. In addition to some wine stops, we may be able to stop for breakfast and lunch in this historic area. Watch for our announcement.

Check out the cruises that Greg Payonk has scheduled and contact him if you need more information.

I hope to see you around our wonderful campus and at our potluck lunch meeting in Rachel's Kitchen on March 11. Thanks for supporting our club!

George Darnell, President

703-850-2132

darnellgd@hotmail.com

WHERE IN THE WORLD DO YOU WANT TO GO THIS YEAR?



Trip Ideas for 2024, V4

- Mar 15—Winter Brewery Tour
- Mar 23—Rosemont High Tea Tour
- Mar 27—Cherry Blossom Walking Tour
- Apr 5—Antietam Battlefield Tour
- Apr 8—Shenandoah River Bluebell Walking Tour
- Apr 12-13—Lancaster/Daniel/Ragtime at Dutch Apple Dinner Theatre. Contact <https://www.shenandoahtours.com/>
- Apr 19—Alexandria Walking Tour
- May 4—Apple Blossom Parade Watch Party
- May 10—Mosby Heritage Wine Tour
- May 22-25—Ark Encounter & Creation Museum in KY <https://www.shenandoahtours.com/>
- May 27-Jun 8—Scandinavian Cruise w/Greg
- Jun 7—Endless Caverns, New Market Civil War Museum, Harrisonburg Mennonite Center
- Jun 19-22—Kentucky's Backroads/Toyota Plant Tour <https://www.shenandoahtours.com/>
- Jun 23-25—Niagara Falls / Moments to Remember <https://www.shenandoahtours.com/>
- July 10-12—Exploring the Northern Neck; Tides Inn for two nights.
- Jul 22-25—Hudson River Valley <https://www.shenandoahtours.com/>
- Aug 4-11—Canadian Rockies by Rail (fly in) <https://www.shenandoahtours.com/>
- Aug 9-17—Nova Scotia & Canada's Maritimes (fly in) <https://www.shenandoahtours.com/>
- Aug 19-31—Japan Celebrity Cruise w/Greg
- Aug 23—Loudoun Wine Tour
- Sep 8-11—Niagara Falls/Ontario <https://www.shenandoahtours.com/>
- Sep 20-21—Lancaster/ Daniel/ Bird-in-the-Hand Theatre <https://www.shenandoahtours.com/>
- Sep 26— Gettysburg Battlefield Tour
- Oct 6-12—Autumn in New England – Rails & Sails <https://www.shenandoahtours.com/>
- Oct 9-20—American Cruise Lines Tennessee Rivers Paddlewheel Cruise
- Oct 25—Graves Mountain Fall Adventure
- Nov 13-15—Smoky Mountain Christmas <https://www.shenandoahtours.com/>
- Nov 29-Dec 2—A Country Christmas at Opryland Hotel, Nashville, TN <https://www.shenandoahtours.com/>
- Dec 3-4—Candlelight Christmas at the Biltmore <https://www.shenandoahtours.com/>
- Dec 8-13—Christmas in Charleston & Savannah r/t DC on AMTRAK Palmetto
- Dec 14—Wreaths Across America in Winchester

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Trip Registration Deadlines for 2024, V4

- Feb 1—High Tea at Rosemont Manor
- Feb 1—Scandinavia Cruise with Greg Payonk
- Feb 1—Lancaster/Daniel/Ragtime at Dutch Apple Dinner Theatre. Contact <https://www.shenandoahtours.com/>
- Feb 2—Members Wine and Cheese Party in Rachel's Kitchen
- Feb 3—Ark Encounter & Creation Museum in KY <https://www.shenandoahtours.com/>
- Feb 18—Japan Celebrity Cruise w/Greg
- Feb 22—Hudson River Valley <https://www.shenandoahtours.com/>
- Mar 4—Canadian Rockies by Rail (fly in) <https://www.shenandoahtours.com/>
- Mar 5—St. Patrick's Brewery Tour
- Mar 8—Winter Craft Beer Tour
- Mar 8—Niagara Falls/Ontario <https://www.shenandoahtours.com/>
- Mar 17—Cherry Blossom Walking Tour
- Mar 20—Lancaster/ Daniel/ Bird-in-the-Hand Theatre <https://www.shenandoahtours.com/>
- Mar 25— Antietam Battlefield Tour
- Mar 29—Shenandoah River Bluebell Walking Tour
- Apr 6—Autumn in New England – Rails & Sails <https://www.shenandoahtours.com/>
- Apr 9—American Cruise Lines Tennessee Rivers Paddlewheel Cruise
- Apr 9—Alexandria Walking Tour
- Apr 17—Apple Blossom Parade Watch Party
- May 1—Mosby Heritage Wine Tour
- May 13—Smoky Mountain Christmas <https://www.shenandoahtours.com/>
- May 27—Endless Caverns, New Market Civil War Museum, Harrisonburg Mennonite Center
- May 29—A Country Christmas at Opryland Hotel, Nashville, TN <https://www.shenandoahtours.com/>
- Jun 8—Christmas in Charleston & Savannah r/t DC on AMTRAK Palmetto
- Jun 3—Candlelight Christmas at the Biltmore <https://www.shenandoahtours.com/>
- Jul 1—Exploring the Northern Neck; Tides Inn for two nights.
- Aug 13—Loudoun Wine Tour
- Sep 19— Gettysburg Battlefield Tour
- Oct 15—Graves Mountain Fall Adventure
- Nov 14—Wreaths Across America in Winchester

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Winter 2024 Craft Beer Tour March 15, 2024



Why wait for summer to enjoy the many breweries in our area? Hanging out in a pub in winter is a fine European tradition that was brought to the Valley with the pioneers. For this trip we will continue that tradition and celebrate St. Pastrick's Day a little early with a visit to three excellent breweries in our area. First, we will visit the popular Bear Chase Brewery near Mount Weather. Our second stop will be Escutcheon Brewery in downtown Winchester. We will wrap up the tour in the Woodstock Brewhouse, a popular local hangout with food and music.

Schedule:

- 11:15 Board bus
- 12:00 Arrive Bear Chase
- 1:30 Depart
- 2:00 Arrive Escutcheon
- 3:30 Depart
- 4:15 Arrive Woodstock Brewhouse
- 6:15 Depart
- 7:00 Arrive lodge

Minimum for this trip is 12 and maximum is 16.

Registration is **\$60** for transportation only. Food, drinks, and driver tip are not included.

Please register on MTL and drop off your registration check payable to **"Lake Frederick Travel Club"** with your contact information and the date of the trip with the lodge concierge no later than Noon March 8, 2024

George Darnell (703-850-2132) darnellgd@hotmail.com

High Tea & Tour of Rosemont Manor

March 23, 2024

\$60



To celebrate Women's History Month, the Travel Club has arranged a private tour and High Tea service at historic Rosemont Manor in nearby Berryville. Return to the "Gilded Age" to enjoy this formal three-course tea in an elegant setting. This dress-up event is open to ladies and gentlemen. We will be carpooling from the lodge at 11:15 a.m. and returning at 3:00 p.m. Chris Oxford will be leading this trip.

Please drop off a check with the concierge for \$60 each (tax & gratuity included) made payable to "**Lake Frederick Travel Club**" by February 1, 2024.

The minimum for this event is 10 and the maximum is 20.

For information on Rosemont Manor check their website at [Rosemont High Tea](#).

Cherry Blossom Walking Tour, March 27, 2024



The Cherry Blossoms should be near their peak around March 27, 2024. The best way to see them is a walk around (or ride by) the Tidal Basin. Our van will take us to the World War II Memorial to meet our guide for a tour of the memorial after a restroom break.

Anyone who prefers not to walk can reboard the bus for a ride to Maine Ave parking. You should have a good view of the Cherry Blossoms and the Jefferson Memorial from the van.

Next, we will walk to the Japanese Lantern and around the west side of the Tidal Basin to the Jefferson Memorial (pictured above) for a guided tour. Then our guide will walk us to Maine Ave for lunch. After lunch, our van will take us back to the lodge. Dress for the weather and wear walking shoes. Don't forget cameras and hiking poles. Check this link for more information. [Cherry Blossom Walking Tour](#) This one will fill up fast. Don't delay.

Schedule:

- 8:00 a.m. Depart Lodge
- 10:00 a.m. Arrive at WWII Memorial via I-66, Constitution Ave & 17th St. NW
- 10:15 a.m. Tour WWII Memorial (Bus leaves for Maine Ave via Independence Ave & 15th St SW)
- 10:45 a.m. Walk to Japanese Lantern & begin guided walk around the Tidal Basin (1 mile)
- 11:30 a.m. Guided tour of Jefferson Memorial
- 12:00 Walk with guide to Main Ave for lunch
- 2:00 p.m. Board bus for trip home via I-66
- 4:00 p.m. Arrive Lodge

Minimum for this trip is 15 and maximum is 25.

Registration is \$80 for transportation and tour guide. Lunch and driver and guide tips are not included.

Please register on MTL Events and drop off your registration check, made payable to "**Lake Frederick Travel Club**" with your contact information and the date of the trip at the lodge concierge desk no later than **March 19, 2024**.

George Darnell (703-850-2132) darnellgd@hotmail.com

Antietam National Battlefield Tour

April 5, 2024



If you ever wanted to spend a day learning more about the history of the area and the role that the Battle of Antietam (Sharpsburg) had in shaping the outcome of the Civil War, this is your chance. Our neighbors and Civil War enthusiasts, Sam Kerns and Rick Turner, will lead you on the journey to help you understand what happened on the deadliest day in US military history, which may have been the turning point of the Civil War, and what led to President Lincoln's decision to announce the Emancipation Proclamation.

Widely considered to be one of the most beautiful, pristine, and well-preserved Civil War battlefields, Antietam is a must-see for any Civil War enthusiast. The Antietam National Battlefield has an excellent Visitor Center which is a good place to start our visit.

Itinerary:

8:05 a.m. Bus leaves lodge for Antietam National Battlefield Park Visitor's Center, where we will watch an excellent film before proceeding upstairs (there is an elevator) to the battlefield observation room, where a park ranger/historian will give an overview of the battle.

Please note: Bring your National Parks Pass to avoid the \$10. 00 Visitor's Center fee. One pass will cover up to four people.

Schedule:

- 9:30 to 10 Film at the Visitor's Center.
- 10 to 10:45 Park Ranger talks about the battle.
- 10:45 to 11:15 After a very short walk to Dunkard Church (optional) where the bus will pick us up to tour the northern end of the battlefield.
- 11:30 to 12:30 Lunch at Bonnie's at The Red Byrd 19409 Shepherdstown Road.
- 1:00 to 1:40 Sunken Road stop and discussion (out of bus) Some may want to take an optional short walk on the Bloody Lane Trail to get a perspective from the advancing Union soldiers.
- 1:50 to 2:45 Burnside Bridge stop (brief walk to bridge)
- 2:45 to 3:30 Tour the southern end of the battlefield and see where battle ended.
- Our final stop will be at the Bavarian Inn Resort and Brewery in Shepherdstown, on the south side of the Potomac River (8 miles from the battlefield) for an hour or so of relaxation, before returning to the lodge about 6:00 p.m.

The minimum for this trip is **15** and maximum is **20**.

Registration is \$60 for transportation. Park fee, Lunch, Bavarian Inn, and driver's tip are not included.

Please register on MTL Events and drop off your registration check, payable to "**Lake Frederick Travel Club**," with your contact information and the date of the trip, with the lodge concierge no later than **March 29, 2024**.



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Proposal for Lake Frederick Travel Club

Prepared for George Darnell, 703-850-213, darnellgd@hotmail.com

Designed by Kasia Neumeister, 540-869-1864 x 120, kasia@takeafuntrip.com

Foodie Fireworks Baltimore

July 4-5, 2024

1 Nights/ 2 Days

Meal Key:
(DNI)-Driver Not
Included
(DI)-Driver

Last Updated:
2/1/24

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PENDING AVAILABILITY - All items herein that require reservations are pending availability - they are NOT guaranteed. Once a signed client contract is received, our team will make every effort to secure sites and attractions within the proposal. In the event that replacements become necessary due to availability, clients will be notified. Additionally, specialty tickets and attractions may require advanced deposits to secure reservations.

Day 1, Thursday, July 4, 2024

- 9:00am Depart from Lake Fredrick Travel Club (Shenandoah Lodge, Lake Frederick, VA 22630)
(104 miles- 2h plus pad time)
- 11:30am Arrive at Baltimore Inner Harbor and enjoy free time and lunch on own.
- 1:00pm Tour the National Aquarium (410-576-3833 - 501 East Pratt St, Baltimore, MD). This marvel of lighting, glass, sheer volume of water and sea life was the nation's first public aquarium. It houses rare sea turtles, alligators, sharks, a myriad of colorful and frightening fish and a touch tank with hermit crabs and sea urchins. The Aquarium features over 9,000 creatures, representing 600 different species of mammals, fish, birds, reptiles, and amphibians, in naturalistic habitats. Enjoy unlimited access to all of the aquarium animals, including the Atlantic bottlenose dolphins.
- Groups can check in by sending one group representative to the Will-Call window.
- 3:00pm July 4th Festivities kick-off in the Inner Harbor with food, fun activities, and a DJ
- 4:00pm Check in to the Renaissance Baltimore Harborplace Hotel (202 E. Pratt St., Baltimore, MD 21202 (410) 547-1200). The Renaissance is directly connected to the Inner Harbor by a glass enclosed skywalk. Baggage handling is included.
- Enjoy a "Half Hour Halfie" Welcome Reception on arrival in the ground floor bar with a signature drink!
- 5:30pm Enjoy a patriotic 4th of July Picnic at the hotel. Traditional American 4th of July favorites are served in a festive and fun atmosphere. (DI)
- 6:50pm Depart (.4 mile)
- 7:15pm Arrive at Baltimore Dockmaster Finger Piers, Baltimore, MD 21202, and board the Catherine Marie the annual Baltimore Fireworks Cruise!
- 7:45pm Cruise begins! Enjoy the Baltimore skyline and spectacular Fourth of July fireworks from the best seat in town as you cruise the Inner Harbor. A selection of delicious complimentary desserts will be available. Alcoholic and non-alcoholic beverages will be available for purchase from our full bar.
- 10:15pm Dock and disembark.
- 10:30pm Return to hotel
Meals: B, D

Day 2, Friday, July 5, 2024

- 7:30am Enjoy breakfast at the hotel prior to checking out. (DI)
- Baggage handling is included.
- 8:45am Meet your motorcoach at the front entrance and depart.



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- 9:00am Arrive at the Baltimore Visitor's Center, (401 Light St, Baltimore, MD 21202) and pick up your step GUIDE for Baltimore City tour. Baltimore is one of the country's most interesting and eclectic cities. Ever since Captain John Smith first explored the natural deep-water harbors of the Patapsco River, the city has played a critical role in America's story.
- On this tour you'll see the birthplace of baseball great Babe Ruth and the final resting place of literary legend Edgar Allan Poe. In the picturesque neighborhood of Mt. Vernon, you'll find America's first Washington Monument just around the corner from America's first Roman Catholic cathedral. In the historic maritime community of Fells Point you'll hear tales of bold privateer captains and courageous civil rights pioneers.
 - The tour will include a rest stop at Ft. McHenry. Fort admission is included.
- 11:45am Tour ends, drop guide back at the Visitor's Center (401 Light St, Baltimore, MD 21202).
- 12:00pm Enjoy lunch on your own.
- 1:30pm Depart
- 2:00pm Arrive at the B & O Railroad Museum (410-752-2490 - 901 W Pratt St, Baltimore, MD 21223) Fun Fact: The B&O Railroad Museum is a museum exhibiting historic railroad equipment in Baltimore, MD, originally named the Baltimore and Ohio Transportation Museum when it first opened on Independence Day, July 4, 1953.
- 3:30pm Depart home (102 miles - 2h plus pad time)
Melas: B

Package Pricing and Inclusions - Per Passenger

Single Occupancy (1 per 1 bed)	Double Occupancy (2 per 1-2 beds)	Triple Occupancy (3 per 2 beds)	Quad Occupancy (4 per 2 beds)	Minimum and Comps
\$755/pp	\$669/pp	\$639/pp	\$625/pp	Minimum 20 paid 1 comp in double occupancy
Package Inclusions	Round trip Transportation, 1 night accommodation, baggage handling, 1 breakfasts, 1 dinner, admissions and guide service as stated in the itinerary, plus all applicable taxes and gratuity excluding gratuity for guide/driver service.			
Driver Rate	Included	Driver Package	1 nights' accommodation, 1 breakfasts	

IMPORTANT NOTES

All itineraries are subject to change and based on availability and pricing at time of reservations. Every attempt will be made to include sites within this itinerary.

Rates may be adjusted based on fuel surcharges, changes in taxes, and/or changes in currency exchange rates (if applicable).

At times, circumstances beyond our control such as lines, traffic, closures, weather, and late arrivals can severely restrict timing and cause items to be excluded. All timing, except scheduled appointments, is approximate. It is strongly suggested that the timed itinerary be utilized by the driver, escort or group leader, and guide(s) only. We suggest that more general itineraries be supplied to the tour participants. MARS assumes no liability for itinerary exclusions nor guarantees that all sites therein be visited.

MARS is a wholesale operator offering competitive pricing at net, non-commissionable rates which are based on cash transactions. Credit card, individual payment processing, and credit card transactions may be quoted upon request (normally 5% additional processing fee).

Any cash stipends included in tours are at the sole risk of the client and any cash stipends that are not delivered, lost, stolen, or in any way misplaced or missing will not be the responsibility of MARS and will not be reimbursed. MARS assumes no risk in the shipping or handling in any way of cash stipends. MARS discourages utilizing cash stipends on all tours.

Restaurant menus may change at the discretion of the restaurant management. These circumstances are beyond the control of MARS. We will, however, notify the client of any changes that occur as soon as we are made aware.