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MEETS THE 2ND MONDAY OF EVERY MONTH FROM 11:30 A.M. – 1:00 P.M. IN RACHEL'S KITCHEN

## 2022 Committee

George Darnell  
*President*

Doc Holladay  
*Vice President*

Pam Toliver  
*Secretary*

Gary McDowell  
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Chris Oxford  
*Membership Coordinator*

Peggy Sabato  
*Newsletter Coordinator*

TBD  
*Website Manager*

Judy Bogner  
*Member at Large*

## UPCOMING EVENTS

Next Meeting  
Monday, August 8, 2022  
Rachel's Kitchen  
11:30 a.m.

**Potluck**  
**Please Bring a Dish to Share!**

## August 2022 ISSUE

### Message from the President, George Darnell

July was a slow month for the travel club. We gave everyone a chance to travel on their own. If anyone wants to share their adventures, send us a report for the newsletter, or just share it with us at our August luncheon.

Michelle and I worked at our parish picnic at St. Bridget's in Berryville on July 3<sup>rd</sup> and enjoyed the fireworks next door in the fairgrounds in the evening. We also had a good time on the Shenandoah "Smoky Mountain Memories" trip July 19-21. Read our trip report in this newsletter. It was a well-organized but tiring trip. Our final payment (ouch!) for the American Cruise Lines cruise of the Chesapeake Bay on November 3-13 has been made. It looks like it is sold out. The Gettysburg bus tour on August 18 has met its minimum, but we still have room for a few more. Sam Kerns and Rick Turner have put a lot of their time into making this the fun and educational trip it was last year. Please drop off your check for \$60 with the lodge concierge.

We have a day trip planned for August 29<sup>th</sup> to the Udvar-Hazy Air and Space Museum in Chantilly with stops at two wineries on the way home. See the flyer in this newsletter. A \$40 check to the concierge will cover transportation. We will do an Oktoberfest, Winchester breweries tour on September 29 TBA. The Zenith Group has made registering for trips easy with online access and credit card payment at [Zenith Group Travel](#). You can see the minimum and maximum and current registration for each trip on the website. If you prefer to pay by check call, Ken Broadbent at 540-974-7993 and he will pick up your check at the concierge desk. Registration is very light for our Fallingwater and West Virginia Panhandle trips. I would hate to see them cancelled.

Please join ten of our members as we travel like our grandparents in the bygone age of railroads and seashore vacations. Stepping into Union Station in DC is like going through a time warp to the golden era of railroading. And September is the perfect time to visit the fabled playgrounds of the rich and famous, Cape Cod and Martha's Vineyard.

This is county fair season in the Valley. Frederick County ended July 30. Warren County is August 1-6, and Clarke County is August 14-20. See the internet for details and take your grandchildren. Don't miss our August 8th meeting. Bring your favorite dish and travel stories to share.

Save this newsletter and visit our website for information on our trips. The committee will be meeting later in August to start planning trips for next year. If you have ideas for trips you would like considered, whether they are day-trips or multi-day trips, please send your ideas to us.

See you around campus

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## Great Smoky Mountain Memories: Dollywood, Titanic Museum & Hatfield & McCoy Dinner July 19-21, 2022

George & Michelle Darnell and Zoe Ann Brown from Lake Frederick joined about twenty other Virginia travelers on this Shenandoah Tours trip. Six of us boarded a Quick Motor Coach at the Red Roof Inn at I-81 & Rt 50 at 6 a.m. on Tuesday. We left our cars in the parking lot with special tour placards on the dashboard. Each of us was provided one tag for a checked bag and

allowed one carry-on for the trip. It was a luxury coach with luggage storage, a restroom, and "kneeling" entry steps with grab rails on both sides to make boarding and exiting easier.

We travelled down I-81 as the sun rose, picking up travelers in Woodstock, Mount Jackson, Harrisonburg, and Staunton, where a van brought travelers from Waynesboro and Charlottesville. Two ladies from the Fredericksburg area had spent the night in Charlottesville. Our tour guide, Joanne, joined us on the bus in Staunton and gave us our name tags and trip information. We continued on I-81, making rest stops at McDonalds for breakfast around 9 a.m. and lunch at Cracker Barrel in Bristol around noon. Then on to Pigeon Forge, TN.

We arrived at our hotel, The Inn on the River (Pigeon), around 3 p.m. Joanne had us all checked in and had our bags brought to our rooms. We had time to unpack and relax before we boarded the bus for the Hatfield and McCoy Dinner Theater. Joanne ushered us to our four-person balcony tables. Our table partners were Arnold and Phyllis from Blue Ridge Shadows in Warren County. They have been married 63 years and were long-time residents of Front Royal. They almost bought in Trilogy when they downsized, but no homes were available when their home sold and they had to move.



Our meal of fried chicken, barbeque, mashed potatoes, and cole slaw was served family style. Generous jars of tea or lemonade accompanied the meal, as well as soup and dessert. The show was a musical comedy modeled very loosely on the legendary feud. We attended the early show, so we had plenty of time to relax in the hotel or use the local trolley to explore the area afterwards.



Wednesday started with the hotel's included breakfast buffet at 7 a.m. We had time to sit in rocking chairs on a patio overlooking the river and feed the ducks and geese that wandered the grounds. Our bus took us to Dollywood Park to use our included tickets. We went through a scanner and bag check at the entrance. We were allowed one bottle of water to carry in and cups of water were available free in the park. The park is large with many rides and shows, enough to over two days. Michelle and I enjoyed two shows: the Kingdom Heirs gospel quartet; and a laser light bubble presentation that thrilled kids of all ages. The theaters are huge.



After a lunch of foot-long hot dogs, curly fries, and coke, we found the Dollywood Railroad and took a ride. The day was very hot. So, we made our way back to the entrance to meet our bus for early departure at 2 p.m. When we boarded the bus, we discovered that everyone had decided to leave early because of the heat. We were on our own for dinner but had time to cool off in our room or in the indoor and outdoor pools at the hotel first. Our hotel only served breakfast. So, some folks took the local trolley to specialty restaurants around Pigeon Forge. But Michelle and I walked to a casual family-style restaurant next door.



We had a heavy thunderstorm Wednesday night that tapered off in the morning. The shallow peaceful river by the hotel was a raging muddy torrent sweeping fallen trees and other debris past us. We packed our bags and left them in the hall for a 7:45 a.m. pick up. Our baggage handling reminded us of being on a cruise.

After breakfast, the bus took us to the Titanic Museum. We were greeted by a very knowledgeable guide who ushered us through the museum's many rooms modeled after various rooms in the Titanic, including the grand staircase, captain's bridge, boiler room, first-class quarters, and music room. She told us the story of the building of the Titanic and many famous people who sailed on the maiden voyage. She also told us about some of the inaccuracies in the film version of the Titanic. This museum was worth the trip and I won't spoil it for anyone by telling you more.



Our last stop in Pigeon Forge was "The Island," a shopping and lodging area surrounded by water. It has a large pool in the middle with a waterfall and multiple dancing fountains that are timed to famous hit music of our era. Rocking chairs surround the pool. There is a huge Ferris Wheel, like the one in National Harbor, behind the shops. Michelle enjoyed a large ice cream cone while we watched the fountain display. They must be spectacular when lit up at night.

We had time for lunch on our own before boarding the bus for home. Michelle and I chose Margaritaville, a huge two-floor restaurant with indoor and outdoor seating. Finally, we boarded our bus and didn't stop until we reached the Virginia Welcome Center on I-81. We stopped again for food at a McDonald's near Roanoke before making the final push for home. We stopped along the way to let folks off where they got on. We changed drivers in Staunton as we had done on Tuesday morning. Construction on I-81 before the I-66 junction delayed our return to the Red Roof Inn in Winchester. The final six travelers loaded our bags into our cars, waited to make sure everyone's car was OK, and drove home about 10 p.m. The trip was well planned, organized, and executed. Thanks, Shenandoah Tours.

## Trips Planned for 2022

- Aug 18 — Gettysburg Bus Tour \$60 pp; min 30; max 50
- Aug 29 — Air & Space Museum & Middleburg Wine Tour \$40 pp; min 10; max 14
- Sep 15-16 — WV Panhandle Tour with overnight at the Bavarian Inn, Shepherdstown \$312 pp dbl, \$469 sgl; min 8; max 28  
[www.zenithgrptravel.com](http://www.zenithgrptravel.com)
- Sep 19-22—Cape Cod/Martha's Vineyard Tour \$1,310 dbl; \$1,626 sgl incl r/t train fare. Tips & meals not included; min 14; max 28 [www.zenithgrptravel.com](http://www.zenithgrptravel.com)
- Sep 29— Oktoberfest Brewery Tour in Winchester TBA
- Oct 5-11—Iceland Land Tour R/T Dulles; 7 days/6 nights/7 meals; \$3999 pp double/ \$4850 single incl airfare— Contact <https://www.shenandoahtours.com/>
- Oct 19-21-- Wonders of WV: Hawks Nest State Park & New River Gorge; 3 days/ 2 nights/ 5 meals/ RT Coach; \$609 pp double; \$809 single - Contact <https://www.shenandoahtours.com/>
- Oct 27--Fallingwater Tour: R/T transportation, guided tour, grounds access, and bagged lunch incl. \$192  
[www.zenithgrptravel.com](http://www.zenithgrptravel.com)
- Nov 3-14—11-day American Cruise Lines Chesapeake Bay American Revolution Cruise R/T Baltimore; from \$5,110 pp dbl plus R/T shuttle (Sold Out)  
<https://www.americancruiselines.com/> on sale now
- Nov 25-28—A Country Christmas at Opryland Hotel, Nashville; 4 days/3 nights/2 meals; \$1169 pp double, \$1579 single, R/T coach - Contact <https://www.shenandoahtours.com/>
- Nov 29-30 — Candlelight Christmas at Biltmore Estate & Grove Park Inn; 2 days/1 night/2 meals; \$529 pp double/\$609 single; R/T motor coach - Contact <https://www.shenandoahtours.com/>
- Dec 4-7—Christmas at the Greenbrier by Amtrak R/T Manassas; \$2,716 per couple
- Dec 9 — Christmas at Union Station in DC by MARC train R/T from Charles Town

**Please note: Shenandoah Tours fill quickly; make reservations early!**



## Gettysburg Battlefield Bus Tour

August 18, 2022

If you always wanted to know more about the largest battle ever fought in North America, Gettysburg, join two of our own Gettysburg enthusiasts (Sam Kerns and Rick Turner), for a day trip to the hallowed grounds of the Gettysburg National Battlefield Park. On our trip to the battlefield, they will share what happened during the Gettysburg Campaign, including events in our own back yard. The time on the battlefield will give you an overview of the events with a few interesting stories about some of the 165,000 participants.

**8:00 a.m.** Depart the lodge in a 55-passenger deluxe motorcoach. Sam and Rick will present material on the way.

**9:30 a.m.** Rest Stop at the Sheetz in Thurmont, MD, then on to Gettysburg Battlefield

Stop 1: The Eternal Light (Day 1 of Battle)

Stop 2: Lee Monument (Days 2 and 3)

Stop 3: Lunch at the Appalachian Brewery located on the battlefield, Menu and beer selection can be found at [abcbrew.com/battlefield](http://abcbrew.com/battlefield).

Stop 4: Peach Orchard (Day 2)

Stop 5: First Minnesota Regiment Monument (Final stop of Day 2)

Stop 6: The Angle (Pickett's Charge Day 3) Highwater mark of the Confederacy

Return home with rest stop just south of Gettysburg at the Mason/Dixon Welcome Center (around 4:15) 6:00 p.m. Return to lodge.

Minimum for this trip is 30 and maximum is 50. Registration is \$60 for transportation and printing of handouts. Lunch and driver tip are not included. A check had to be received to the "Lake Frederick Travel Club" with contact info and date of trip with lodge concierge no later than July 31, 2022.

George Darnell (703-850-2132) [darnellgd50@verizon.net](mailto:darnellgd50@verizon.net)



## Air & Space Museum/Middleburg Wine Tour

August 29, 2022

For this trip we will start with a tour of the [Udvar-Hazy Air and Space Museum](#) on Route 28 near Route 50. The museum is free, but donations are welcome. All bags are checked at security. Vaccination cards and masks are not currently required. We will eat lunch in the museum café before departing for our wineries. We selected two wineries off Route 50 on either side of Middleburg: [50 West](#) & [Slater Run Vineyards](#).

Registration covers transportation only. See schedule below.

**8:30 a.m.** Depart Lodge in Classy Cowboy Van

**10:00 a.m.** Arrive Udvar-Hazy Air & Space Museum and check in

**12:30 p.m.** Depart the museum after lunch

**1:00 p.m.** Arrive 50 West Winery for tastings, and exploring

**2:30 p.m.** Depart 50 West Winery

**3:00 p.m.** Arrive Slater Run Vineyards for tasting.

**4:30 p.m.** Depart for lodge

**5:30 p.m.** Arrive Lake Frederick

Early registration before August 19 via \$40 check to “Lake Frederick Travel Club” with contact information is advised. Drop checks off with Trilogy Concierge. Minimum 10; Maximum 14 on Classy Cowboy Van.

George Darnell 703-850-2132  
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## Wild & Wonderful West Virginia Panhandle Tour 9/15/22

Experience the wonders of West Virginia with this overnight tour featuring a luxurious stay in the Bavarian Inn, an exciting trip to Hollywood Casino with live horse racing, and a guided tour of the picturesque town of historic Harper's Ferry.



### Tour Itinerary

#### Day 1- Thurs. 9/15

- 9:00 am:** Meet your private motorcoach at your designated pick-up spot for trip departure.
- 11:15 am:** Arrive at **Harper's Ferry National Historical Park**. Consisting of over 4,000 acres, this land is home to many sites that played an important role in the history of the nation. Once arrived, an *educated tour guide* will board your bus and take you through significant sites in the area, and talk to you about notable events that took place such as the John Brown Raid, Civil War, and more!  
*\*Keep in mind this tour is partially a walking tour, so wear comfortable shoes and clothes for a more enjoyable experience. Feel free to bring any snacks along for the tour.*
- 2:00 pm:** The tour ends at the lower end of the town of Harper's Ferry, so your group will have free time to explore the museums and shops in the area, or grab a bite to eat before departure.
- 4:00 pm:** Meet motorcoach to depart Harper's Ferry.
- 4:45pm:** Arrive at the historic **Bavarian Inn** for check-in and experience "*European elegance on the Potomac*." This beautiful property has been hosting guests for over 40 years and features *classical furnishings, private balconies, and an infinity pool* that overlooks the Potomac River. Take some time to settle in to your room and explore the property before dinner.
- Evening:** Enjoy dinner in the estate's deluxe **Potomac Room** for a *4-diamond* dining experience while overlooking the Potomac and the property grounds. This restaurant features chef-prepared German and American fare. Let us know if you'd like to dine here and The Zenith Group will make your reservation for you in advance. If you'd like a more relaxed setting, head over to **Bavarian Brothers Brewing**, the inn's newly-added venue. This brew pub allows guests to sample beer and enjoy comfortable cuisine and small bites in a German-style beer hall.



## ESCAPE TO THE CAPE – 9/19/22 – 9/22/22



### ITINERARY

#### DAY 1 – Monday 9/19

- **6:00am:** Meet your motor coach at your designated pick-up spot to ride to Union Station in DC.
- **7:45am:** Arrive at the train station and check-in; board the train.
- **4:30pm:** Arrive at the Westwood Train Station in MA.
- **5:00pm:** Meet your motor coach at the train station to depart for **Cape Cod**.
- **6:00pm:** Arrive at **The Hyannis Travel Inn**. This charming and quaint hotel is located right off of Hyannis Harbor, and features outdoor and indoor swimming pools, nearby shopping and dining, and a complimentary daily continental breakfast. Have some free time to settle into your room.
- **Evening:** Take some time to check out the area. Take a short walk over to Main St., located a block across the road, to enjoy dinner at one of the many restaurants in the area. There's also lots of cool shops located nearby, so feel free to explore before going to the hotel for the evening!



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## ESCAPE TO THE CAPE ITINERARY – Page 2

### DAY 2 – Tuesday 9/20

- **8:00am:** Enjoy breakfast at the hotel and get ready for the day's excursions.
- **10:00am:** Meet your motor coach at the hotel.
- **10:15am:** Arrive at the **John F. Kennedy Hyannis Museum**. This museum serves to educate on the legacy of one of the nation's most beloved presidents, and his connection to Cape Cod.
- **12:15pm:** Meet your motor coach to depart for Sandwich, MA.
- **1:00pm:** Arrive at **Heritage Gardens and Museums**. This picturesque, historical property celebrates the culture, work, and leisure lives of people in Southeastern New England. With over *100 acres* of trees, shrubs, and blooms; and *over 18,000 antique items* in their collections, there's something for everyone to see! Be sure to check out their **American Automobile Collection**, which features 42 unique automobiles from 1899 to 1965. Stop by The Cafe for lunch while you're here and check out their Heritage Shop for an eclectic souvenir inspired by property's surroundings.
- **3:00pm:** Meet your motor coach to return to your hotel.
- **3:45pm:** Arrive back at Hyannis Travel Inn. Freshen up and grab a light jacket for the evening's events.
- **4:30pm:** Meet your motor coach again to take a short drive over to Hyannis Harbor.
- **4:45pm:** Arrive at Hyannis Harbor. Walk around and enjoy the harbor views for a bit, and then head over to **Bay Spirit Tours**.
- **5:30pm:** Arrive at Bay Spirit Tours and check-in for your 6 o'clock **sunset cruise!** This relaxing, 75-minute ride allows for *brehtaking views of the sun setting over Hyannis Port*. With music, drinks, and light snacks, this cruise is the perfect way to relax at the end of the day.
- **7:50pm:** Arrive back at Hyannis Harbor and enjoy dinner on your own at one of the many restaurants in the area.
- **9:45pm:** Meet back with your motor coach to return to the hotel for the evening.

### DAY 3 – Wednesday 9/21

- **7:30am:** Have some free time to enjoy breakfast at the hotel and get ready for the day.
- **9:10am:** Meet your motor coach to depart for Woods Hole.
- **10:25am:** Arrive at The Steamship Authority to board the ferry en route to Martha's Vineyard. - **11:30am:** Land at **Martha's Vineyard**. Meet your motor coach and tour guide in the ferry pick-up area. **HomeGrown Tours** of Martha's Vineyard will take your group on a 5-hour, guided journey through the area. This tour is *fully narrated by a third generation islander*, goes through all six towns on the island, and includes step-offs for shopping, dining, and sightseeing.

Some sites included in this tour are:

- The iconic Gingerbread Cottages
- **Menemsha**, a small fishing village
- **Aquinnah**, featuring breathtaking clay cliffs and a lighthouse
- **Edgartown**, the group will have free time here to explore

\* *Please Note: This tour involves a bit of walking on some uneven ground, please wear comfortable footwear.*

## ESCAPE TO THE CAPE ITINERARY – Page 3

- **6:15pm:** Board the ferry to return to Woods Hole
- **7:15pm:** Meet your motor coach to return to the hotel in Hyannis.
- **8:00pm:** Arrive back at your hotel. Have some free time in the area before tomorrow's departure.

### DAY 4 – Thursday 9/22

- **Morning:** Enjoy breakfast at the hotel and check-out.
- **9:30am:** Meet your motor coach at the hotel to depart for the Westwood Train Station to board the return train.
- **7:30pm:** After arrival in DC, meet your motor coach at the train station to return home.

### PRICING:

**DOUBLE: \$1,310.00 per person SINGLE: \$1,626 per person**

RESERVATION CUT-OFF DATE & FINAL PAYMENT DUE: 8/1/22

*Included: All motor coach transport; Round-trip train ticket; Tour escort; Ferry transport; 3-night hotel stay; Kennedy Museum admission; Heritage Gardens and Museums admission; Bay Spirit sunset cruise tour; guided day tour of Martha's Vineyard.*

*Not Included: Gratuity for drivers and guides; meals*



## visit FALLINGWATER



Date: 10/27/22

Designed in 1935 by architect Frank Lloyd Wright, Fallingwater is a widely acclaimed work of organic architecture in the Laurel Highlands in Fayette County, Pennsylvania. The native sandstone building sits over a waterfall and is surrounded by 5,100 acres of natural land, streams, and trails, creating a scenic coalition of art and nature. With original Wright-designed furniture still intact, this landmark was named the "best all-time work of American architecture."

### Itinerary

- 8:00 am: Meet your motor coach at Lake Frederick or designated pick-up location.
- 11:00 am: Arrive at Fallingwater
- 11:30 am-12:30 pm: Private guided-tour of property and interior.
- 12:45pm-2:00pm: Enjoy bagged lunch provided by Fallingwater Cafe.
- 2:00pm-4:00pm: Free time to explore the area which includes gardens, trails, and iconic views.
- 4:30pm: Meet back with motor coach for departure
- 7:30 pm: Arrive back at designated pick-up location

### Pricing:

- |                         |                    |                       |
|-------------------------|--------------------|-----------------------|
| - 20 guests: \$195 each | Minimum Guests: 20 | Reservation Deadline: |
| - 25 guests: \$169 each | Maximum Guests: 55 | 9/25/22               |
| - 35 guests: \$140 each |                    |                       |

Includes: All transportation, private guided tour, grounds access, lunch



## Christmas at The Greenbrier by Amtrak December 4-7, 2022



Amneris Delgado of Avoya Travel has arranged another Christmas trip by train for the Lake Frederick Travel Club. This year we will be going to The Greenbrier Resort, December 4-7, 2022. This is an Amtrak Excursion with a limited number of rooms at The Greenbrier and a limited number of coach seats on the Amtrak Cardinal. Make your reservation ASAP.

We will take the AMTRAK Cardinal from Manassas to and from The Greenbrier in White Sulphur Springs, WV; leaving Sunday, December 4 and returning Wednesday, December 7 (3 nights). The train leaves Manassas about 11:30 a.m. and arrives at The Greenbrier about 5:00 p.m. It leaves The Greenbrier about 11:30 a.m. and arrives in Manassas about 5:00 p.m. We will use vans to/from the train in Manassas.

The Greenbrier is a first-class Southern resort with prices and dress code to match <<https://www.greenbrier.com/About-Us/Resort-PoliciesFees/Dress-Code.aspx>>. You can also read a Southern Living article at <https://www.southernliving.com/holidays-occasions/christmas/christmas-atthe-greenbrier>.

**Please note: This is not an all-inclusive trip.**

- Three nights in a standard room with taxes, Resort Fee, and HPF included.
- The daily Resort Fee per room includes:
  - Morning Coffee Service
  - Afternoon Tea
  - Nightly Movies in the Theatre
  - Historical Tours and Presentations (Bunker Tours excluded)
  - Champagne Toast in the Casino Club each evening
  - Culinary Demonstrations
  - Entertainment provided daily by the Casino Club's Beverage Entertainers
  - Hiking Trails
  - On-property transportation
  - Resort-Wide wireless internet connectivity
  - Cyber Café with Complimentary High-Speed Internet
  - Use of the Fitness Center at the Indoor Pool

## Christmas at The Greenbrier - Page 2

- **Meals (except two breakfasts) in any of the many restaurants and cafes are not included.**
- With more than 55 activities there is something for everyone to enjoy depending on the weather. Golf, tennis, off-road driving, falconry, and horseback riding just barely scratch the surface of outdoor activities. Indoor activities are equally plentiful and range from enjoying a Bunker Tour to relaxing in our world-renowned mineral spa, browsing in our exclusive shops, and gambling in our world-class Casino Club. The lobbies and grounds will be decorated for Christmas.

Here is an **estimate** of total expenses for a couple sharing a room.

- R/T Van to Manassas Amtrak Station..... \$60
- R/T Amtrak coach to Greenbrier ..... included
- Standard Room, taxes, and resort fee .... included
- Casino admission and \$10 slot play ..... included
- Breakfast Tuesday and Wednesday ..... included
- Meals (1 breakfast, 2 lunches, 3 dinners) ..... \$450
- Amtrak Vacation Package ..... \$2,716
- Total ..... \$3,226

**To make reservations call Amneris Delgado of Avoya Travel at 866-588-9088.  
(Identify your group as Lake Frederick Travel Club and notify George Darnell.)**

Thanks,  
George Darnell darnellgd50@verizon.net  
703-850-2132