

WWW.LAKEFREDERICKTRAVELCLUB.COM

MEETS EVERY MONTH THE 2ND MONDAY AT 11:30 A.M. IN RACHEL'S KITCHEN

2019 Committee

Judy Bogner
President

George Darnell
Vice President

John Butler
Secretary

Allison Thomas
Treasurer

Charlotte Morris
Membership Coordinator

Pamela Toliver
Newsletter Coordinator

Pamela Toliver
Website Manager

Blake Adams
Member at Large

UPCOMING EVENTS

Next Monthly Meeting
Monday, December 16
Rachel's Kitchen
11:30 a.m.

Christmas Potluck
Please Bring a Dish to Share!

NOVEMBER/DECEMBER 2019 ISSUE

Travel Club Meeting for November

We will be NO meeting in November due to the Veterans Program.
Our next Travel Club Meeting will be our **Christmas Potluck** luncheon,
December 16th at 11:30 a. m. in the Crow's Nest.

Frostburg Fall Color Train Ride by George Darnell

It is so exciting when a planned Travel Club trip is so popular that we have to book a second tour! As a result of this trip's popularity, we scheduled two tours, one on October 21 and another October 28. John Butler led the October 21 group of 26 travelers, and George Darnell lead the October 28 group of 25 travelers.



We left the lodge

around 8:00 a.m. aboard two Classy Cowboy vans and headed for Cumberland, MD, via Route 50 to Romney, WV; then Route 28 to Cumberland, hoping to see some Fall color along the way in the Allegheny Mountains.

We had some good color on the 28th but not so much on the 21st. We made a rest stop at a McDonalds in the picturesque town of Romney.

Route 28, we passed the Wappacomo Station of the Potomac Eagle Scenic Railroad, which travels along the South Branch of the Potomac River for scenic excursions and eagle viewing. Some of our Lake Frederick neighbors took this train in October and saw Fall colors and eagles.

We arrived at the National Park Service C&O Canal Museum in Cumberland <<https://www.nps.gov/choh/planyourvisit/cumberlandvisitorcenter.htm>> in time to get our tickets before boarding the train.

The museum is housed in the original Cumberland Passenger Railroad Station, complete with ticket window, waiting room with wooden benches, and tiled restrooms on the second floor.

The train was waiting for us behind the waiting room and we boarded the train about 11:00 a.m. and proceeded to our reserved seats in the dining car.



October 21 & 28, 2019





The train departed Cumberland about 11:30

A server took our prepaid lunch orders and offered us beer, wine, and soft drinks (extra) to complement our lunch along with the included ice water and iced tea. All of the lunch choices were tasty and well prepared; no complaints here. A narrator gave us a running description of the area as the train left Cumberland on its roundtrip to Frostburg.

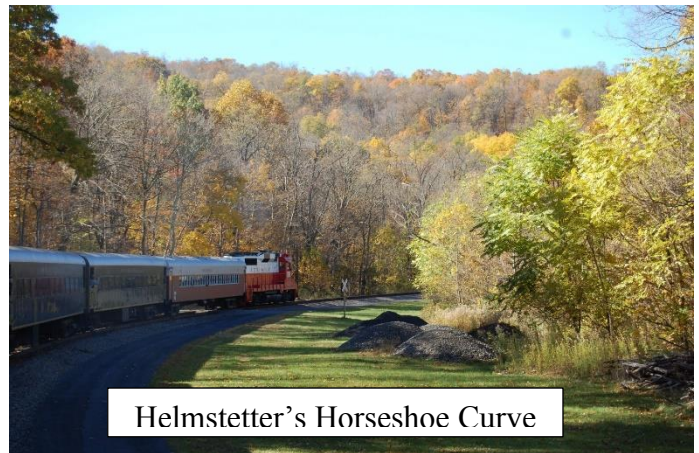


The conductor came through the car to welcome us.

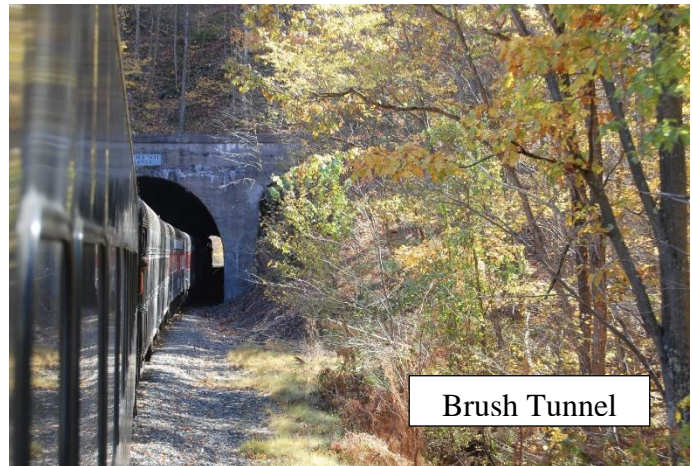


We had beautiful color on the 28th; not so much on the 21st.

(From the brochure) “The Western Maryland Scenic Railroad round trip excursion is an exciting mix of mountain top scenery and rich transportation history. Leaving Cumberland, the route travels west through a breach in the Allegheny Mountains over an iron truss bridge, around Helmstetter’s Horseshoe Curve and through the 914 foot Brush Tunnel under Piney Mountain. Climbing grades up to 2.8% on the 16 mile trek, the route follows the former Western Maryland Railroad right-of-way, then joins the old Cumberland & Pennsylvania Railroad.”



Helmstetter’s Horseshoe Curve



Brush Tunnel



The train arrived in Frostburg about 12:30 p.m. and we were invited to leave the train and either watch the engine switch from one end of the train to the other on the turntable near the Frostburg Railroad Station or walk up a steep hill into Frostburg.



<<https://www.downtownfrostburg.com/>>

Unfortunately, most of the shops were closed on Monday, so many of us just watched the engine on the turntable and visited the carriage museum next to the station. The museum has an amazing collection of classic horse carriages and sleighs that belonged to the rich and famous around the turn of the 20th century: Rockefeller; Carnegie; Ford; Vanderbilt, etc.



After some leisurely walking around or sitting in the sun we boarded the train and departed Frostburg about 1:30 p.m.

On the way up the dining car was at the end of the train. After the engine turned around it was in front. Since the cars did not turn around, we had the same view going and coming but from a different angle.

We found a delicious piece of cheesecake with coffee or hot tea waiting for us at our tables for the return ride.

We got back to Cumberland about 2:30 p.m. and discovered that the C&O Canal Tow Path ends in front of the museum/train station. We boarded our vans and traveled Route 51 along the Cumberland railroad yards and the Potomac River and C&O Canal to Paw Paw, WV.

We did not stop in Paw Paw but slowed to 15mph for a school zone. One of the travelers on October 28 looked up Paw Paw on her phone and found the following information:



"The town is named for the Paw Paw fruit that grew abundantly in the area at one time. The near-by Paw Paw Tunnel, was named for the town and is a major attraction for travelers along the C&O canal that runs from Cumberland, MD to Washington, DC.; which was built to by-pass the 6 mile stretch of the Potomac known as the Paw Paw Bends. It opened for canal traffic in 1850 and continued operating until 1923. Irish and German tunnel workers had many a fight in the town during construction."

We rode about an hour along the winding, mountainous WV Route 9 on our way to Berkley Springs, WV.

We stopped at Prospect Overlook about three miles from Berkley Springs. *The National Geographic* rates it as one of the five best scenic views in the East. We could see West Virginia, Maryland, and Pennsylvania plus the Cacapon River joining the Potomac River. George Washington and Thomas Jefferson visited the site.



On the 28th we made a rest stop in Berkley Springs State Park. It is home to a mineral

spa that has been in use since colonial times and has public indoor restrooms. George Washington was known to enjoy the warm spring water, which flows at a constant temperature of 74.3 degrees. Berkley Springs is also known for its arts community and is a great place for a weekend getaway in one of the spa hotels.

On the 21st we passed through Berkley Springs and made a rest stop at a Liberty Gas Station on Route 522 just over the Virginia state line.

We made it back to the lodge about 6:00 p.m., collected our treasures, and headed for home. Everyone seemed to enjoy themselves and expressed their appreciation and contributed photos to this report.



Oktoberfest Route 151 September 30, 2019 by George Darnell

The Lake Frederick Travel Club selected the popular "Spirits Alley" along Route 151 in Nelson County for our Oktoberfest Brews tour. This was really a small group tour with only six travelers: Jack and Patti Koob; Nancy Picklap; Debbie McInain; Ken Seroka; and George Darnell. We left the lodge early in a Classy Cowboy van driven by Gary.

Our first stop was Blue Mountain Brewery at the top of Route 151 in Afton, VA, near the entrance to the Blue Ridge Parkway.

<<https://bluemountainbrewery.com/afton-brewpub/>>



The place is huge, with indoor and outdoor seating. We selected a table on a covered outdoor porch because of the threat of rain.



Nancy's daughter and grandson joined us for lunch. We enjoyed a variety of beers and lunch before boarding the van and heading down 151.



Our next stop was Wild Wolf Brewing Company in Nellysford. Their biergarten, which is situated under a canopy of 60-year-old Siberian Elm trees, features a gazebo, waterfalls and a large koi pond. The restaurant is housed in a 105-year old building which has been renovated to include wrap around porches with views of the surrounding mountains. In addition to their craft beers they offer a full menu with Cajun specialties.

<<https://www.wildwolfbeer.com/>>



We selected a table in the biergarten with an umbrella to sample our beers.



We even enjoyed games of cornhole despite the drizzle.



Devils Backbone Base Camp was our next stop. It is a favorite of Appalachian Trail hikers, where they can get a shower, wash clothes, and sleep indoors. Basecamp Brewpub & Meadows is tucked into a valley on 100 acres surrounded by the Blue Ridge Mountains. It gets its name from an overlooking mountain ridge named Devil's Backbone by an early explorer. The production brewery is in Lexington, but the onsite pilot brewery is where they craft recipes on a traditional German designed 10 Hectoliter (8.5 barrel) brewing system. Their Vienna Lager is available on tap at our Trilogy lodge bar.

<<https://dbbrewingcompany.com/location/basecamp/>>



We had enough time left to visit Bold Rock Hard Cidery on our way back up 151. After learning that they feature 6 ciders on draft: 2 draft ciders are free of charge, with a small additional charge for a tasting flight of the other 4 draft ciders, we selected a table on the porch to sample our ciders.

<<https://boldrock.com/visit/nellysford-cidery/>>

We finally packed it in and headed back to lake Frederick, arriving about 6:00 p.m. We wish more travelers could have joined us.



Hi, folks,

One of the best trips yet! A very WELL DONE to Judy and George. This should definitely become an annual event. In addition, another trip in the spring may be just as enjoyable after we emerge from the cold dark winter.

A beautiful day and what a pleasure to have spent time with the wonderful people of the travel club. All the best,

Blake and Eileen Adams

Dear Editor,

Four of us from Lake Bloomington, Illinois, joined your travel club for the cruise to Iceland. The whole trip was wonderful and what made it even more special was that we were there with such friendly new friends. We enjoyed all the dinners, the cocktail party, some bridge, and all the smiles and fun. We thank Judy for all her hard work to make the two weeks a special event.

From Judy's cousin Nancy Brady and the Illinois foursome.

UPCOMING TRIPS

If you have not signed up yet and want to join us on any of the trips that still have some room, please drop off your checks with the trip date and your email address to the Concierge Desk.

- November 22-24—Christmas in New York—**Check for Wait Listing**
- December 9-11—Christmas in Williamsburg—**Filled**
- December 16—Bull Run Wine and Festival of Lights—**Filled**
- December 19—Christmas Tea at Rosemont Manor—**Space available**
- January 20—Skyline Drive & Luray Caverns—**New Trip with Space Available**
- February 12-19—Holland America Caribbean Cruise—**New Trip with Space Available**

Christmas Tea at Rosemont Manor

Berryville December 19, 2019

\$68 per person includes Transportation

\$48 per person Driving Yourself



One of the local highlights of the Christmas Season is Christmas Tea at Rosemont Manor in Berryville. We have booked the rooms for a private Christmas Tea for our Travel Club Members on December 19th, and you won't want to miss this cozy High Tea in the beautifully decorated Manor

House of Rosemont. Both men and woman enjoy the High Teas at Rosemont.

We are offering two options: the van will pick us up at the Lodge and bring us back to the Lodge or you may drive yourself. We have a group rate for our Christmas High Tea and tour of the Historic Rosemont Manor House and you choose the transportation option that works for you and drop your check off at the Concierge desk.

We have decided not to include any other touring that day so the price paid by those who have already signed up for the Tea and transportation will be reduced and we will refund the difference to you.

7-Day Caribbean Cruise to Jamaica, Key West, Grand Cayman, and Bahamas

February 12-19, 2020

From \$399 per person



Call Jaime at Holland American Cruise Lines to book your room. 800-355-3017 ext 29344

What a perfect way to break up the cold winter months with some warm sunshine, aqua waters, white sands of the Caribbean and funky Key West Florida. We will visit Key West, Jamaica, Grand Cayman and Bahamas. We will leave from Dulles Airport with a direct flight to Ft Lauderdale where we will board our Holland America cruise ship for 7 days of sunshine and fun. This trip is the perfect getaway trip, easy and affordable. The prices for an inside cabin start at just \$399 a person and ocean view start at \$529 pp, with port charges and tax at \$187pp. United has an easy direct flight at about \$340 round trip.

Calendar of Trips for 2020

- Jan 20—Skyline & Luray Caverns w/Lunch at Front Royal Brewery: \$77 for admissions & transportation; Lunch not included (minimum of 8; maximum of 26) by George
 - Feb 12-19—Caribbean Cruise: Holland America cruise to Jamaica, Grand Cayman, Key West and Bahamas. From \$398 per person plus Port charges & tax, departing from Ft. Lauderdale FL, by Judy
 - Mar 18—Museum of the Shenandoah Valley & Shenandoah Civil War Museum with lunch at Brubaker's Irish Pub on the Walking Mall: \$35 for admissions & transportation; lunch not included (minimum of 8; maximum of 26) by George
 - May 15—Battles of Kernstown w/Lunch at Carrabba's: \$40 for admission & transportation; Lunch not included (minimum of 8; maximum of 26) by George
 - May—Historic Winchester: This trip was very well received, and we have constant requests to do this trip for the people who were not here yet or missed it the first time. The day and price will be announced by Judy
 - June 7-10—Niagara Falls, 3 nights, \$799 pp by Judy
 - Jun 26—Charles Town for Skyline Terrace dining and evening at the horse races: \$35 for transportation only (minimum of 8; maximum of 26) by George
 - Jul 20—Vint Hill for Cold War Museum, Winery, Brewery and lunch at the Covert Café: \$35 for museum donation & transportation; lunch and tastings not included (minimum of 8; maximum of 14) by George
 - Aug 17—Jefferson's Monticello: \$60 for transportation & Day Pass; lunch not included (minimum of 8; maximum of 14) by George
 - Sept 5-12—Alaska Cruise: Holland America cruise to Ketchikan, Juneau, Skagway, Stephens Passage, Hubbard Glacier and Sitka. From \$694 per person inside cabin plus port charges & taxes. Departing from Seattle by Judy
 - Sep 17—Antietam National Battlefield and Shepherdstown: \$30 for transportation; no admission fees; Lunch at Bavarian Inn in Shepherdstown not included (minimum of 8; maximum of 26) by George
 - Oct 5—Little Washington and Sperryville for wine, beer, spirits, shops, and dinner at Griffin Tavern in Flint Hill: \$30 for transportation; shopping, tastings, and dinner not included (minimum of 8; maximum of 14) by George
 - Oct 22—Durbin & Greenbrier, WV, Bald Knob 4.5 Hour Train Ride w/bag lunch: \$100 for transportation & train ride (long day) (minimum of 8; maximum of 26) by George
 - Nov 27-30—A Country Christmas at Opryland Hotel, Nashville, TN: 3 nights, from \$1,059 pp by Judy
 - Dec 1-2—Candlelight Christmas at Biltmore Estate & Grove Park Inn. 1 night \$479 pp by Judy
 - Dec 15—Christmas in Longwood Gardens, PA: \$70 for admission & transportation; meals not included (long day) (minimum of 8; maximum of 14) by George
- NOTE: There will be details for each trip in the Newsletters and Flyers for each trip after January. Each trip is marked with a "by George" or "by Judy." You may email the coordinator for each trip for more information.**
- Judy Bogner, judyllbogner@aol.com
 - George Darnell, darnellgd50@verizon.net

