

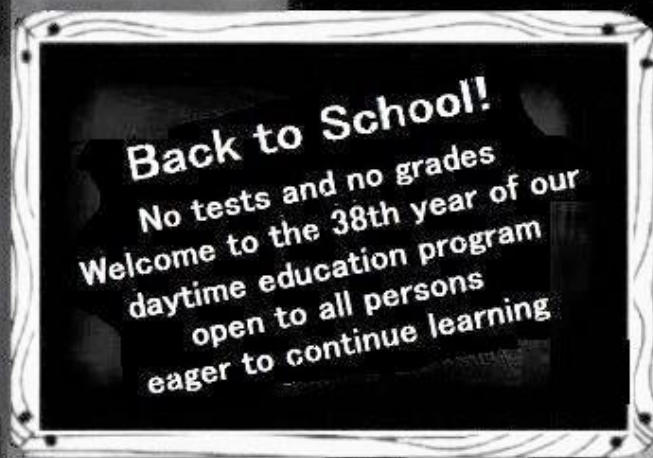
Fall 2023 Semester

First class: September 11th

Last class: December 18th

IND The Institute of New Dimensions

Stimulating college-level courses for lifelong learners



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IND Fall 2023 Course Listings

Mondays at the Ethical Culture Society – In-Person and Hybrid

Mondays – at 9:00 am

#111 Five Movies about Lives in Crisis from Hollywood's Golden Age
10/2, 10/16, 10/23, 11/13, 12/4 In-person course Alan Schwartz Page 6

Mondays – at 9:30 am

#112 A photographic Trip to the South Rim of the Grand Canyon
11/27 Hybrid course Ray Turkin Page 7

Mondays – at 11:30 am

#121 Great Decisions
9/11, 10/16, 11/6, 11/13, 12/4 Hybrid course Joseph Walinski Page 7

#122 A Critical Study of China's Economic Problems
9/18 Hybrid course Arthur Guarino Page 8

#123 Sharing Contemporary Ideas
10/2, 10/23, 10/30, 11/27, 12/11 In-Person course Emily Ginder Page 8

Mondays – at 1:30 pm

#131 Space History and Technology 101
9/11, 9/18, 10/2 Hybrid course Joe Lennox Page 9

#132 The History of The Russian Revolution
10/16, 10/30 Hybrid course Josef Machac, M.D. Page 9

#133 Time for a Parade? The Lynching of Leo M. Frank
10/23, 11/6, 11/13, 12/11, 12/18 In-person course Sandra S. Silverberg Page 9

Tuesdays – Virtual courses

Tuesdays – at 9:30 am

#211 The Golden Age of American Popular Music –Fall 2023 Edition
9/12, 9/26, 10/10, 10/24, 11/7 Virtual course Joe Weisfeld, Ph.D. Page 10

#212 Five Republican Presidents – Great, Good and Questionable
9/19, 10/3, 10/17, 10/31, 11/14 Virtual course Martin Alboum Page 10

Tuesdays – at 11:30 am

#221 The History of Labor Day
9/12 Virtual course Evelyn Hershey Page 10

#222 From Mesmer to Freud
9/26 Virtual course Henry Pinsker, M.D. Page 11

#223 Movietalk
10/31, 11/7, 11/14, 11/28 Virtual course Ronnie Friedman Page 11

Tuesdays – at 1:30 pm

#231 Economic Justice
9/12, 9/26, 10/10, 10/24, 11/7 Virtual course Robert Suffis Page 12

Tuesdays – at 2:00 pm

#232 Change: Past, Present and Future
9/19, 10/3, 10/17, 10/31, 11/14 Virtual course Alan S. Ziegler Page 12

IND Fall 2023 Course Listings (continued)

Wednesday at the Ethical Culture Society – In-Person and Hybrid

Wednesdays – at 9:30 am

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#312 Jews and the American Labor Movement 10/18, 10/25	Hybrid course	Keith Danish	Page 13
#313 The 2023 Elections: What can we expect in an “off-off-year” election and what might it tell us? 11/1, 11/29	Hybrid course	Michael F. Sica	Page 13

Wednesdays – at 11:30 am

#321 Six Movies, Six Jewish Tales 9/13, 9/27, 10/11, 10/25, 11/8, 12/6	In-person course	Theo Solomon	Page 14
#322 Are You Anxious? 9/20	Hybrid course	Sarah Hiller-Bersson	Page 14
#323 Banned Books: Detective/Mystery/Crime Books 10/4, 10/18, 11/1, 11/15, 11/29	In-person course	Emily Ginder	Page 14

Wednesdays – at 1:30 pm

#331 The Founding Fathers/Mothers of the Disunited States 9/20, 10/4, 10/18, 11/1, 11/15	Hybrid course	Arnold D. Rubin, M.D.	Page 15
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Wednesdays – at 2:00 pm

#332 Recent Travels along the Ancient Silk Road 11/29, 12/6	Hybrid course	Judy Manton	Page 15
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Thursdays at the Ethical Culture Society – In-Person

Thursdays – at 1:30 pm

#431 Shakespeare’s Twelfth Night 10/12, 10/19, 10/26, 11/2, 11/9	In-person course	Janet Chertkoff	Page 16
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The Institute of New Dimensions

*Nahum Bachrach
President
Richard Burns
Beatrice Geller
Keith Danish
Emily Ginder*

*Steve Koblick
Alice Olick
Sue Putterman
Enid Sachs
Mona Scheraga*

*Michael F. Sica
Gloria Smith
Robert Suffis
Edie Turkin
Naomi Weber
Elaine Weisfeld*

IND, THE INSTITUTE OF NEW DIMENSIONS,

is a non-profit organization. Our mission is to offer short college-level courses to adults. IND believes that intellectual stimulation fosters well-being in adults.

We are very grateful for our instructors and class supervisors, all of whom are volunteers.

Our courses are offered in the spring, fall and winter. Most spring and fall courses consist of four or five 90-minute daytime sessions, in semesters of approximately twelve weeks. Winter courses are mainly one or two sessions, in a seven-week-long semester.

Students may enroll in as many courses as they like.

IN-PERSON, HYBRID and VIRTUAL COURSES

As the Covid pandemic recedes from view, we are increasing our in-person and hybrid course offerings.

IN-PERSON COURSES:

In line with governmental advice and rulings, we are holding in-person classes with no masking requirements. If guidelines change we will reconsider our policy. Individual students are welcome to wear masks at their discretion.

VIRTUAL COURSES:

Our virtual courses are held online via the Zoom application, on a device of your choosing – computer, smart phone, tablet, etc. You can also listen to classes by phone without attending visually. Virtual registrants will receive a Zoom link, which is good for all sessions of a course. Please do not lose the link.

All registrants will receive instructions for using the Zoom program. If you are inexperienced or hesitant about this system, we will hold tutorials. As a fallback position, ask your grandchildren how to use it.

For the convenience of all students, the virtual classroom entry will open 15 minutes before the start time. Entry after class start may be delayed. Please sign in early to allow time for checking your computer settings. You may leave class at any time before the session ends, and you may also re-enter.

HYBRID ATTENDANCE:

Most in-person courses will also be open to virtual (hybrid) attendance. The experience of virtual attendance will not be the same as in-person, but every effort is being made to include virtual students in class discussions. Some of our most effective instructors have chosen to teach in person, and if you must attend virtually the opportunity to participate in their courses is worth the slight inconvenience.

Please be sure to mark the registration form for virtual attendance so that we can send you the Zoom link. See the virtual course section above for more information.

THE COURSE BROCHURE

The course brochure is not being printed and mailed this semester. We are only sending our course brochure by Email, to people on our mailing list who have provided their Email addresses. If you know anybody who might be interested in our courses and has not received the brochure, please forward it to them or provide us their Email address for us to send it.

REGISTRATION

The registration form is separate from the course brochure. There are two versions of the registration form: a self-calculating one for PC computers with the Excel program, and one for hand completion if your device doesn't have the Excel program.

Register early for the courses of your choice. Classes fill quickly and some have limited enrollment. Each student registering for courses must complete an individual registration form accompanied by their payment. To minimize handling of checks and paperwork we strongly urge that you register only by credit or debit card payment, using the procedure described below.

For card payment, registration and payment is a two-step process. When we receive your registration form we will reserve your place(s) in your course(s) and send you the payment link. Upon receipt of your payment we will send you a confirmation by email. Please pay promptly, as we can't hold places for more than 5 days.

For both in-person and virtual courses, if space allows registrations will be accepted up to the time of a class session. Please call in advance to 973-291-8220 to check place availability if you wish to sign up for a course at that time. As there are room attendance limits for the in-person courses, do not arrive unregistered without calling in advance.

Prior to the start of your virtual course(s), we will email you a non-transferable Zoom class invitation registration link and passcode for each course you take. This information is necessary for you to attend a course, and is easily entered into your browser. Multiple sessions of a course use the same Zoom passcode. If you lose the passcode(s) please contact us.

Occasionally we may need to change the schedule or cancel a course due to unanticipated events. We will make every effort to inform you when that happens and to help you make changes in your course selection. Please be sure to enter your phone number(s) in the registration form for us to contact you.

ALL IN-PERSON COURSES THIS SEMESTER MEET AT:

Ethical Culture Society of Bergen County
687 Larch Avenue, at the corner of North Street.
Teaneck, NJ

Located three blocks south of Cedar Lane. There is a door on North Street, but it is not an entrance.

There is ample street parking at the Society, with a small lot which we are reserving for handicapped students. Please only use the lot if you can't navigate the street parking.

We share the building entry with a nursery school. For that reason the door is always closed, to be opened by an IND monitor. Please be patient if the monitor is temporarily away from the door.

**Please do not contact the Ethical Culture Society about IND business – our contacts are listed below.
We are no longer holding classes at the Central Unitarian Church in Paramus.**

FOR FURTHER INFORMATION

Call (Monday thru Friday) at: 973-291-8220

Email to: IND.bergen@gmail.com

Or see our website at: www.INDbergen.org

Monday Courses In-Person and Hybrid

#111 Five Movies about Lives in Crisis from Hollywood's Golden Age

Instructor: Alan Schwartz, now retired, was a high school English teacher, an attorney, and for many years research director for the Anti-Defamation League.

Mondays, 9:00 – 11:00 am 10/2, 10/16, 10/23, 11/13, 12/4

Notes: This is an in-person course. It is in five sessions; the fee is \$35.

This is a two-hour course.

The course starts a half-hour earlier than usual. Please arrive on time to not disturb the class in progress.

In this course we will screen and discuss five important films whose main characters struggle in their own ways to overcome tough personal challenges . What causes them to succeed or fail? Perhaps we can decide.

The films and their directors are:

1. ***The Lost Weekend*** (1945), Dir. Billy Wilder
2. ***Born Yesterday*** (1950), Dir. George Cukor
3. ***Wuthering Heights*** (1939), Dir. William Wyler
4. ***Imitation of Life*** (1934), Dir. John M. Stahl
5. ***Sunset Boulevard*** (1950), Dir. Billy Wilder

Each of these films received multiple Oscar nominations, including Best Picture. *The Lost Weekend* won for Best Picture.

We Need You

To consider joining our skilled and knowledgeable faculty. We are always looking for more volunteer instructors.

- Can you offer a five-session course?
- A single class?
- Can you suggest a friend or colleague?
- Tell us of a discussion leader or lecturer who has impressed you?

Please tell your friends about our exciting mix of classes.

We believe we have a lot to offer continuing learners, and would like to increase our student body by adding to our mailing list.

Please send the names and contact information of potential students or prospective instructors, including yourself if appropriate.

By Mail to: **Institute of New Dimensions
P.O. Box 17
Butler, NJ 07405**

By Email to: **IND.bergen@gmail.com**

Or Call: **Gloria Smith at (201) 261-5073**

Thank you.

#112 A Photographic Trip to the South Rim of the Grand Canyon

Instructor: Ray Turkin is an award-winning professional photographer whose work has been widely exhibited. He teaches at Bergen Community College and The Art School at Old Church in Demarest.

Monday, 9:30 – 11:00 am 11/27

Note: This is a hybrid course. It is in one session; the fee is \$5.

Join the instructor as he takes us on a photographic journey to the magnificent Grand Canyon as seen from the South Rim. We'll visit the Desert View Watchtower, Kolb Studio, and Hopi House among other landmarks. We'll see how the canyon changes as the sun rises and sets over the rim. If you've never been to this natural wonder, you may be inspired to go. If you've been there, this photographic journey may bring back fond memories and add new vistas.

As an aside to its grandeur, do you know the important role the canyon played during the Cold War with the Soviet Union?

#121 Great Decisions

Instructor: Joseph Walinski, lecturer at Bergen Community College, JCC, Humanist Society and local libraries.

Mondays, 11:30 – 1:00 pm 9/11, 10/16, 11/6, 11/13, 12/4

Notes: This is a hybrid course. It is in five sessions; the fee is \$35.

Enrollment is limited to 25 students.

This student-participation course is based on the latest issue of the yearly *Great Decisions* book from the Foreign Policy Association. If you do not have the book from participation in the Spring course, it is recommended that you order the 2023 edition at registration so that you can be informed on all issues. Please include its \$45 cost with your registration.

The topics we will examine this semester are:

1. **Energy Geopolitics** Access to oil and gas has long held an influence over the politics of individual nations and their relations with others. But as more countries move toward sustainable energy, and supply chain shortages affect the availability of oil and gas, how will this change the way in which the United States interacts with the outside world?
2. **War Crimes** Russia's invasion of Ukraine has resulted in widespread charges of war crimes and calls for justice. But what exactly are war crimes? Opinions of what constitutes a war crime have evolved, as have ways to identify and punish the perpetrators. How will the war crimes committed in Ukraine be dealt with?
3. **Politics in Latin America** Electoral results in Latin America over the past four years have led many observers of the regional/political scene to discern a left-wing surge in the hemisphere, reminiscent of the so-called "Pink Tide" that swept the area some 20 years ago. But how much do these politicians actually have in common? What implication does their ascendancy have for the region?
4. **Iran at a Crossroads** By the fall of 2022, Iran was in a state of turmoil due to widespread protests against government-enforced wearing of the hijab, a failing economy, an ineffective new president, and the looming succession of the country's leader, Ayatollah Khamenei. Abroad, renewal of the Iran nuclear deal seemed doubtful and tensions remain high between Iran, Israel, and Arab states. Many Iranians have lost hope of a better future, and the country seems at a crossroads. How should the United States deal with it?
5. A fifth topic to be decided upon by the class.

#122 A Critical Study of China's Economic Problems

Instructor: Arthur S. Guarino is an associate professor in the Department of Finance and Economics at Rutgers University Business School. In addition to his law degree from Rutgers School of Law, Newark, Professor Guarino has a master's degree in international relations from the Maxwell School at Syracuse University.

Monday, 11:30 am – 1:00 pm 9/18

Note: This is a hybrid course. It is in one session; the fee is \$5.

Depending on how it is measured, China's economy is either the first or second largest in the world, so when problems surface the world pays attention. Until Covid the economy was expanding at enviable rate of 9% per year; now that growth has come down to earth and worries are exposed.

Is China's economy communist, capitalist or a hybrid? Whatever it is called, what is the effect of government involvement, investment and interference? The professor, who recently presented a session into the Russian war economy, now turns his attention to our largest trading partner and competitor.

#123 Sharing Contemporary Ideas

Instructor: Emily Ginder is a former homeschooling mom who brings her enthusiasm for history and literature to class. In addition to leading courses at Bergen Community College and OLLI at University of Delaware, she moderates a book club on Goodreads, an on-line discussion site.

Mondays, 11:30am – 1:00pm 10/2, 10/23, 10/30, 11/27, 12/11

Note: This is an in-person course. It is in five sessions; the fee is \$35.

This class will examine a series of short, dynamic talks covering a variety of topics. We will listen to Ted Talks and other insightful videos as we explore a new subject each session.

Call for Volunteers

As most of you know, IND is a volunteer organization - all our teachers graciously donate their valuable time and expertise - as does our board. We need help with running our classes. Can you share your time and talents?

Please join us by helping with:

- Checking the class list at the door, or when participants join a Zoom session.
- Making phone calls if a class is cancelled.
- Working on advertising and publicity.
- Producing the course catalog.
- Recruiting new teachers.

The work is rewarding - you'll help keep your IND program alive and vibrant as you interact with like-minded lifelong learners. Call one of our volunteer program coordinators:

Beatrice Geller: **201-742-5540**

Elaine Weisfeld: **201-797-1902**

Call our office at: **973-291-8220**

Email to: **IND.bergen@gmail.com**

Mail to: **Institute of New Dimensions**

PO Box 17

Butler, NJ 07405

Thank you

#131 Space History and Technology 101

Instructor: Joe Lennox, a space program historian and student; creator of an extensive private space history museum, items from which are used during his presentation; former President of the New Jersey Aviation Hall of Fame and Museum, serving as its director of educational programs and curator of its space artifacts and exhibits; and assisted the space curator at The Intrepid Air and Space Museum. He was a senior officer at a major Canadian bank in New York.

Mondays, 1:30 – 3:00pm 9/11, 9/18, 10/2

Note: This is a hybrid course. It is in three sessions; the cost is \$20.

The U.S. space program has a long and storied history, with pioneering accomplishments in the early years. In this course we'll go back in time and revisit some particularly memorable events.

1. **From Alan Shepard to the Space Station** – a comparison of America's first human space flight to today's Space Station mission, with a trip down memory lane to 1961.
2. **Apollo 13 – "Houston, We Have a Problem"** like you've never seen it before. Follow the actions and reactions of the real people who made this incredible mission a successful failure.
3. **Apollo 11 – The first moon landing.** Follow the historic events of this world-famous mission and learn how it impacted the entire world.

#132 The History of The Russian Revolution

Instructor: Josef Machac, MD is a retired physician with a life-long interest in history, and has researched and lectured on the subject topic and related matters at a number of churches, synagogues, and civic organizations.

Mondays, 1:30 – 3:00 pm 10/16, 10/30

Note: This is a hybrid course. It is in two sessions; the fee is \$15.

The course examines one of the most dramatic and important events of the 20th century, the Russian Revolution, whose story began long before 1917, shook the world, and still reverberates with us today. We will examine the roots of the Revolution in Russian culture and history and the role of key participants. We will follow the abortive Revolution of 1905 and resulting tentative reforms, the disastrous results of WWI, the 1917 February Revolution that overthrew the czarist government, and the series of crises that culminated in the Bolshevik Revolution.

The hold on power of the early Bolshevik Regime was itself precarious, and on numerous occasions came close to being snuffed out by military nationalists and foreign interventions. The regime eventually stabilized and transitioned to Stalinism in the world today.

#133 Time for a Parade? The Lynching of Leo M. Frank: The Events and Their Results

Instructor: Sandra S. Silverberg, retired professor and head of the Mathematics and Computer Science Department at Bergen Community College, was the recipient of several large grants for the inclusion of issues of gender, race, ethnicity, and class across the college curriculum.

Mondays, 1:30 – 3:00 pm 10/23, 11/6, 11/13, 12/11, 12/18

Note: This is an in-person course. It is in five sessions; the fee is \$35.

This course will examine the events preceding and resulting from the lynching of Leo M. Frank, superintendent of the National Pencil Factory, in 1913. He was accused of the murder of one of his employees, Mary Phagan.

What forces motivated these two senseless acts and why are they important today?

Tuesday Courses Virtual

#211 The Golden Age of American Popular Music –Fall 2023 Edition

Instructor: Joe Weisfeld, Ph.D. Chemistry, retired director of a research and development laboratory, is a lifelong music lover.

Tuesdays, 9:30 – 11:00 am 9/12, 9/26, 10/10, 10/24, 11/7

Note: This is a virtual course. It is in five sessions; the fee is \$35.

The 1920s, 30s and 40s witnessed a great explosion of popular music in this country. Many of the songs written then have become musical standards. The songs have melodies and lyrics that you can remember and that you want to remember; they were so good.

In celebration of the contributions of the musicians, the composers, the lyricists and singers, this course will play and discuss the popular songs of the day.

212 Five Republican Presidents – Great, Good and Questionable

Instructor: Martin Alboum, history lecturer and group discussion leader.

Tuesdays, 9:30 – 11:00 am 9/19, 10/3, 10/17, 10/31, 11/14

Note: This is a virtual course. It is in five sessions; the fee is \$35.

American presidents have served during difficult times in history or peaceful backwaters. History judges them for how their administrations handled the challenges that faced them, or at times for challenges they brought upon themselves.

In this lecture series we will examine five Republican presidents whose legacies range from great through good through questionable, from memorable through forgettable.

The presidents we will discuss are:

1. **Abraham Lincoln**
2. **Chester A. Arthur**
3. **Herbert Hoover**
4. **Richard Nixon**
5. **Gerald Ford**

#221 The History of Labor Day

Instructor: Evelyn Hershey is the Education Director at the American Labor Museum in the Botto House in Haledon, where she teaches students and the general public about the history and contemporary issues of workers and the labor movement.

Tuesday, 11:30 am – 1:00 pm 9/12

Note: This is a virtual course. It is in one session; the fee is \$5.

Labor Day is a bitter-sweet holiday – one last three-day weekend that ends summer vacation time. But there is a more serious side: Labor Day is an annual celebration of the social and economic achievements of American workers.

This course will follow the history of the holiday. The roots of Labor Day grew out of violent clashes between labor and police during the Haymarket Riot in 1886, when thousands of workers in Chicago took to the streets to demand an eight-hour workday. Labor activists, including those in New Jersey, pushed for a federal holiday to recognize the many contributions workers have made to America's strength, prosperity, and well-being. The day was declared a national holiday in 1894.

#222 From Mesmer to Freud

Instructor: Henry Pinsker, MD, was associate chairman of psychiatry at Beth Israel Medical Center in NYC and a teacher at the New Jersey Medical School in Newark. He is an author of books on psychotherapy and a number of professional papers.

Tuesday, 11:30 am – 1:00 pm 9/26

Notes: This is a virtual course. It is in one session; the fee is \$5.

This is a revised version of a course given several years ago.

At the end of the 18th century, Anton Mesmer attracted widespread attention healing people with what he thought was an invisible fluid. His theories were discredited, but they gave rise to what came to be known as hypnosis. In the latter half of the 19th century the use of hypnosis to study the mind and to treat hysteria foreshadowed the psychoanalysis developed by Freud. Freud's ideas influenced the subsequent development of psychiatry, psychology, and the humanities.

#223 Movietalk

Instructor: Ronnie Friedman, a retired Ridgewood High School teacher of French language and culture, has also taught at Bergen Community College. She has a B.A. in French from UPenn, an M.A. in Comparative Literature from CUNY, and has completed the doctoral coursework in French at NYU.

Tuesdays, 11:30am – 1:00 pm 10/31, 11/7, 11/14, 11/28

Note: This is a virtual course. It is in four sessions; the fee is \$30.

Movies can divert, inform and provoke. In this course we will discover or rediscover four acclaimed recent films that merit discussion.

Watch the movies at home before the course sessions, and be prepared to share with the class your observations on story lines, cinematic techniques, and broad themes.

This semester we will discuss three recent movies and a TV series. They are available to stream on streaming services as listed. Class members should watch each by the date indicated in order to facilitate lively group discussions.

We will discuss:

- 10/31: **Belfast** – 2021, U.K. Another coming-of-age movie, written and directed by Kenneth Branagh. It follows a young boy's childhood in Belfast, Northern Ireland, at the beginning of The Troubles in 1969. It is available on Amazon Prime to rent for \$5.99.
- 11/7: **She Said** – 2022, U.S. A true story, directed by Maria Schrader. It follows the *New York Times* investigation that exposed Harvey Weinstein's history of abuse and sexual misconduct against women. It is available free on Amazon Prime.
- 11/14: **Extraordinary Attorney Woo** – 2022, South Korea. In a departure, a TV series. It is about a young lawyer with autism, who is highly intelligent and has a photographic memory. It follows her as she matures into a respected professional. For the class we will discuss the first two episodes of 16 in the series. It is available free on Netflix.
- 11/28: **The Fabelmans** – 2022, U.S, directed by Steven Spielberg. This story is loosely based on Spielberg's early life through the start of his movie career. He and Tony Kushner were co-writers. It is available from a number of streaming services.

#231 Economic Justice

Instructor: Robert Suffis, chemist and retired research and development vice-president.

Tuesdays, 1:30 – 3:00 pm 9/12, 9/26, 10/10, 10/24, 11/7

Note: This is a virtual course. It is in five sessions; the fee is \$35.

In ancient hunter-gatherer societies all individuals received an equal amount of the goods produced. Beginning about 10,000 years ago these human cooperative groups would become much larger, more productive and more complex, because of the Agricultural Revolution and later the Industrial Revolution. They were then forced to decide what criteria should be utilized to distribute the larger amount of goods and services that were produced.

Economic philosophers have suggested such standards as individual contribution, need, benefit to the greatest number, fairness, virtue and individual rights. We will examine the opinions of these philosophers from Aristotle to Milton Friedman in our own times. Some of the solutions that we will discuss include Utilitarianism, Libertarianism, Individual Rights, Communism and Capitalism.

#232 Change: Past, Present and Future

Instructor: Alan S. Ziegler (www.zieglerlaw.us) is a retired attorney, counsel for Brain Preservation Foundation, former director of Converging Technology Bar Association, and discussion leader on legal, ethical and futurist topics.

Tuesdays, 2:00 – 3:30 pm 9/19, 10/3, 10/17, 10/31, 11/14

Notes: This is a virtual course. It is in five sessions; the fee is \$35.

Note the late starting time for a full 90-minute course.

This course will focus on how changes in both practice and attitudes during the past 100 years (post-WW I) have shaped, and may still influence, our current world. The areas we will cover, not necessarily separately or in this order, include:

- **Politics** – The rise, fall and potential resurgence of totalitarianism and its challenge to the future of liberal democracy.
- **Economics** – Automation, globalization, robotics and their effect on national self-sufficiency and the status of labor.
- **Culture** – The change from high culture to pop culture and the Americanization of world taste.
- **Social Relations** – The decline of the nuclear family ideal, women's rights and the future of gender choice.
- **Technology** – From library to internet, theater and movies to streaming, steamships to jets, and the effect of accelerating digitization on everything.

We will also consider whether the apparent quickening of the pace of such change in each area is real or over-hyped, and its implications.

The format for each course session will be PowerPoint and other presentations followed by class discussion (including reminiscence).

CALL FOR LECTURERS / TEACHERS / DISCUSSION LEADERS

IND is always seeking new instructors and lecturers.

Our richest resource is YOU!

Please let us know if you or anyone you know might be interested in teaching a one- or multi-session course.

Contact Gloria Smith at (201) 261-5073

Wednesday Courses In-Person and Hybrid

#311 The American Civil War

Instructor: Michael F. Sica, human resources professional who has presented numerous courses at IND on the Civil War and current affairs, often with a consideration of the impact of leaders' personalities.

Wednesdays, 9:30 – 11:00 am 9/13, 9/20, 9/27, 10/11

Note: This is a hybrid course. It is in four sessions; the fee is \$30.

More than 150 years since its end, we still often hear both direct and veiled references to the Civil War.

Using new material, this course will examine the war to selectively focus on:

- Crucial political and military events.
- The period's key figures (political, military, activists, civilians) and their paths to decision and action.
- The war's turning points, on and off the battlefield.
- Political influences, especially on the home front.
- The conduct of the war and what it meant then and now.

The journey will take us through an evolution from revolution to constitution to compromise to death and destruction. How did this history all come together to cause the war? How does it explain its results and legacy?

#312 Jews and the American Labor Movement

Instructor: Keith Danish is a retired attorney who specialized in intellectual property law; has lectured on various topics, including U.S. labor history and baseball's business history, at the IND, the Baseball Hall of Fame, Puffin Foundation, and local libraries. He is a member of the Executive Board of the N.Y. Labor History Association, where he serves as its newsletter and book reviews editor.

Wednesdays, 9:30 – 11:00 am 10/18, 10/25

Note: This is a hybrid course. It is in two sessions; the fee is \$15.

The course will cover: Jewish idealism and tradition as an inspiration for labor and social justice movements and "Social Unionism;" Jewish institutions and newspapers that supported the labor movement; Socialism and its influence on Jewish Unionism; how an immigrant group progressed from cutting and sewing to running clothing companies, becoming designer "brand names," and leading many kinds of labor unions; and a baker's dozen of Jewish labor leaders and their influence.

#313 The 2023 Elections: What can we expect in an "off-off-year" election and what might it tell us?

Instructor: Michael F. Sica, human resources professional who has presented numerous courses at IND on the Civil War and current affairs, often with a consideration of the impact of leaders' personalities.

Wednesdays, 9:30 – 11:00 am 11/1, 11/29

Note: This is a hybrid course. It is in two sessions; the fee is \$15.

The 2023 elections will be conducted during the election cycle that typically has the lowest voter turnout and is essentially devoid of national office elections. At the same time, in view of the current national political discussions, the 2024 Presidential campaign and preparations for congressional elections, there is much to learn.

In this course we'll first discuss/identify more than "what is on the ballot?" What do the polls tell us about the election and its implications for 2024? Then, after the election, we'll examine the results and try to make sense of it all!

#321 Six Movies, Six Jewish Tales

Instructor: Theo Solomon, Professor of Anthropology and Sociology at Bergen Community College, is a world traveler, photographer and lecturer.

Wednesdays, 11:30 am – 1:30 pm 9/13, 9/27, 10/11, 10/25, 11/8, 12/6

Notes: This is an in-person course. It is in six sessions; the fee is \$45.

This is a two-hour course.

Here are six stories in which the protagonist is Jewish. As in most of history, it is rarely fortuitous to be so. We will view and discuss movies from the hands of some of our greatest actors and directors, on the theme of anti-Semitism.

The movies are:

1. **Mr. Klein** – French, 1976. Mr. Klein (Alain Delon) is an Aryan mistaken for the Jewish Mr. Klein. He must find the other or take his place.
2. **The Shop On Main Street** – Czech, 1965. Ida Kaminska is an aging and demented Jewish shop owner whose business is being taken over by the Nazis during WW II.
3. **Everything is Illuminated** – Ukrainian/American, 2005. A Jew (Liev Schreiber) is visiting Ukraine to find the lady who saved his grandfather during the war.
4. **Invincible** – German, 2001. – Werner Herzog directs the story of the strongest Aryan in the world, who is the model for the Hitler's Waffen-SS, and happens to be Jewish.
5. **Garden of the Finzi-Continis** – Italian, 1970. Vittorio De Sica directs the story of a powerful Jewish family during WWII, who think they have all they can ask for.
6. **The Frisco Kid** – American, 1979. A Polish Rabbi (Gene Wilder) attempts to reach San Francisco with the aid of a bandit (Harrison Ford).

#322 Are You Anxious?

Facilitator: Sarah Hiller-Bersson, is a licensed clinical social worker, psychotherapist and founder of the Center for Purposeful Aging, with 18 years of experience working with older individuals on how to optimize their lives to achieve fulfillment. This interactive course is adapted from her experience with a six-year support group for older clients.

Wednesday, 11:30 am – 1:00 pm 9/20

Notes: This is a hybrid course. It is in one session; the fee is \$5.

Where does anxiety come from? Why do we have it? In this course you will learn a couple of quick tips that may be helpful in reducing your anxiety. This will be an interactive session.

#323 Banned Books: Detective/Mystery/Crime Books

Instructor: Emily Ginder

Wednesdays, 11:30am – 1:00pm 10/4, 10/18, 11/1, 11/15, 11/29

You might think that these books were banned because of violent content, but it is generally more nuanced than that. We will read and discuss four popular crime novels, plus a children's book.

1. **A Study in Scarlet** – Arthur Conan Doyle (1887)
2. **The Maltese Falcon** – Dashiell Hammett (1930)
3. **The Postman Always Rings Twice** – James M. Cain (1934)
4. **The Dead Man in Indian Creek** – Mary Downing Hahn (1990)
5. **The Curious Incident of the Dog in the Night-Time** – Mark Haddon (2003)

#331 The Founding Fathers/Mothers of the Disunited States

Instructor: Arnold D. Rubin, M.D.,

Wednesdays, 1:30 – 3:00 pm 9/20, 10/4, 10/18, 11/1, 11/15

What and who are responsible for a downward lurch into political and social disunity? This course will focus on individuals who have contributed to the growing polarization of our society-

#332 Recent Travels along the Ancient Silk Road

Instructor: Judy Manton,

Wednesdays, 2:00 – 3:00 pm 11/29, 12/6

Samarkand, Bukhara, Khiva – not just ancient exotic names, but actual Uzbek cities which have survived through today and are remnants of the history of the fabled Silk Road. We will join the instructor's travel this year to Silk Road sites in Uzbekistan.

Thursday Course In-Person

#321 Six Movies, Six Jewish Tales

Instructor: Theo Solomon, Professor of Anthropology and Sociology at Bergen Community College, is a world traveler, photographer and lecturer.

Wednesdays, 11:30 am – 1:30 pm 9/13, 9/27, 10/11, 10/25, 11/8, 12/6

Here are six stories in which the protagonist is Jewish. We will view and discuss movies from the hands of some of our greatest actors and directors, on the theme of anti-Semitism.

The movies are:

7. ***Mr. Klein*** – French, 1976.
8. ***The Shop On Main Street*** – Czech, 1965.
9. ***Everything is Illuminated*** – Ukrainian/American, 2005.
10. ***Invincible*** – German, 2001.
11. ***Garden of the Finzi-Continis***.
12. ***The Frisco Kid***.

#322 Are You Anxious?

Facilitator: Sarah Hiller-Bersson, is a licensed clinical social worker, psychotherapist and founder of the Center for Purposeful Aging, with 18 years of experience working with older individuals on how to optimize their lives to achieve fulfillment. This interactive course is adapted from her experience with a six-year support group for older clients.

Wednesday, 11:30 am – 1:00 pm 9/20

Notes: This is a hybrid course. It is in one session; the fee is \$5.

Where does anxiety come from? Why do we have it? In this course you will learn a couple of quick tips that may be helpful in reducing your anxiety.

This will be an interactive session followed by a Q and A dialog.

#323 Banned Books: Detective/Mystery/Crime Books

Instructor: Emily Ginder is a former homeschooling mom who brings her enthusiasm for history and literature to class. In addition to leading courses at Bergen Community College and OLLI at University of Delaware, she moderates a book club on Goodreads, an on-line discussion site.

Wednesdays, 11:30 am – 1:00 pm 10/4, 10/18, 11/1, 11/15, 11/29

Note: This is an in-person course. It is in five sessions; the fee is \$35.

An unexpected area of book banning involves detective and crime novels. You might think that these books were banned because of violent content, but it is generally more nuanced than that. We will read four popular crime novels, plus a children's book, that have been banned in the past.

The books will be:

6. ***A Study in Scarlet*** – Arthur Conan Doyle (1887)
7. ***The Maltese Falcon*** – Dashiell Hammett (1930)
8. ***The Postman Always Rings Twice*** – James M. Cain (1934)
9. ***The Dead Man in Indian Creek*** – Mary Downing Hahn (1990)
10. ***The Curious Incident of the Dog in the Night-Time*** – Mark Haddon (2003)

Please read *A Study in Scarlet* for the first class.

#331 The Founding Fathers/Mothers of the Disunited States

Instructor: Arnold D. Rubin, M.D., Emeritus Professor of Medicine and Oncology, and former Director of the Stem Cell Transplantation Program at the Rutgers Cancer Institute of New Jersey, Robert Wood Johnson Medical School, Rutgers University.

Wednesdays, 1:30 – 3:00 pm 9/20, 10/4, 10/18, 11/1, 11/15

Note: This is a hybrid course. It is in five sessions; the fee is \$35.

Is the United States headed for civil war?

The Center for Systemic Peace developed a *Polity Score*, based on a large data set, with a scale of +10 (full democracy) to -10 (full autocracy). Between +5 and -5 has been labeled *anocracy*, where unrest leading to civil war is most likely. The United States has fallen, as of January 6, 2021, from +10 to +5, where violence and civil war are likely.

What and who are responsible for this downward lurch into political and social disunity? This course will address these questions, focusing on individuals from the areas of politics, religion and the media; but also to include others, who by their influence, be it financial or by celebrity, have contributed to the growing polarization of our society-

The story centers on an increasingly aggressive conservative movement starting with the anti-labor/pro-business, Republican Party advocates of the post-World War II era. Then follow the reaction to the strife of the 1960s, the Reagan phenomenon, the culture wars and political power struggles of the late 20th and early 21st centuries, through to the current dilemma of who we are as a nation. It is an engaging story and carries critical implications for the future of our country.

Are we now headed for more violence and civil war?

#332 Recent Travels along the Ancient Silk Road

Instructor: Judy Manton, a retired Adjunct Professor of Cross-Cultural Studies at Fairleigh Dickinson University. She has at many times used her specialty in ESL to teach English abroad, especially to English teachers of minority ethnicities in China. She not only visited the Muslim community in Xian, founded in 202 BC on a branch of the Ancient Silk Road, but also one of her FDU students in Ningxia where one-third of the population is Muslim.

Wednesdays, 2:00 – 3:00 pm 11/29, 12/6

Notes: This is a hybrid course. It is in two sessions; the cost is \$15.

The sessions are an hour long. Please note the starting time.

Samarkand, Bukhara, Khiva – not just ancient exotic names, but actual Uzbek cities which have survived through today and are remnants of the history of the fabled Silk Road. Over 2,000 years ago, originating with the Romans and early Chinese dynasties, international trade began in silk, glass, ceramics, spices and herbs, all passing by camel caravans through these cities on the Road. Lasting a uniquely long time in world history, the trade along its many routes continued into the 19th century.

In the first session of this course we will join the instructor's travel this year to Silk Road sites in Uzbekistan. The second session will take us along another branch of The Road into western China, where we'll encounter the persecuted Muslims of the Ughur minority and see ancient Buddhist images in the Dunhuang Caves.

Both sessions will be presented through PowerPoint, enhanced by the instructor's comments.

Thursday Course In-Person

#431 Shakespeare's Twelfth Night

Instructor: Janet Chertkoff holds an MA in Literature and is a former high school English teacher. She has also lectured at area community colleges as well as for civic groups.

Thursdays, 1:30 – 3:00 pm 10/12, 10/19, 10/26, 11/2, 11/9

Note: This is an in-person course. It is in five sessions; the fee is \$35.

Gender bending? Cross dressing? A boy dressed as a girl disguised as a boy?

Shakespeare's plays are studded with this character. *Twelfth Night* features a man dressed as a woman, dressed as a man in love with a man who's in love with another woman who falls in love with the woman dressed as a man.

Confused? Get straightened out (no pun intended) as we read this unique comedy in class, proving there's nothing new under the sun.

Bring any copy of the play to class. (The Arden edition is the best.)

