BREAKFAST ALL DAY

TOAST \$6.50

- 2 Slices of sourdough, wholemeal or pumpkin with choice of strawberry jam, peanut butter, nutella or vegemite.
- + Gluten free toast by Noisette \$1.50

POLENTA STRIPS \$10.00

Crispy fried polenta, parmesan cheese, thyme aioli sauce.

CHILLI TORTILLA \$15.00

Chilli scrambled eggs, bacon, hummus, avocado, spinach, chilli sauce.

BLAH BLAH \$15.00

Bacon, lettuce, avocado, haloumi, tomato relish, turkish sandwich.

HUNGER BUN \$16.00

Avocado, bacon, potato hash, onion rings, american cheese, fried egg, aioli, milk bun.

AVO ON TOAST \$19.00 (V)(VGO)(GFO)

Smashed avocado, medley tomatoes, greek feta, pepitas, sumac, pumpkin toast.

MUSHROOM BRUSCHETTA \$18.50 (V)

Mushroom, avocado, marinated spinach, cherry tomatoes, greek feta, sun dried tomato pesto, fig glaze, poached egg, sourdough toast.

CHILLI SCRAMBLED CROISSANT \$18.00

Scrambled eggs, fresh red chillies, grilled chorizo, parmesan cheese, fried onion, avodaise, french butter croissant.

BACON AVODAISE \$19.00

Potato hash, poached eggs, bacon, fresh spinach, paprika, avodaise sauce.

DOUBLE COOKED PORK BELLY BENEDICT \$19.50

Sticky pork belly, poached eggs, rocket and apple salad, hollandaise, sourdough toast.

BIG DEAL \$22.00

Poached eggs, bacon, spinach, swiss mushroom, roasted tomato, potato hash, avocado, sourdough toast.

POLENTA STACK \$18.50 (V)(VG)

Fried polenta, glazed eggplant, beetroot hummus, seeds, rocket, dukkah, sweet potato crisps.

HOTCAKES \$19.50 (V)

Fluffy buttermilk hotcake, whipped orange mascarpone, strawberries, hazelnut crumble, berries compote, fairy floss, dehydrated orange slice, house orange butter sauce.

ACAI BOWL \$15.00 (V)(VG)

Organic açai berry, almond milk, strawberries, kiwi, banana, granola, chia seeds, coconut flakes, goji berries, peanut butter.

EGGS YOUR WAY \$10.00 (V)

Fried, poached or scrambled eggs with your choice of toast (sourdough, wholemeal, pumpkin)

| EXTRAS | |
|---------------------------------------|--------|
| SAUCE | \$0.50 |
| TOAST | \$1.50 |
| HOLLANDAISE | \$2.00 |
| ROAST TOMATO I SPINACH I EGG | \$3.00 |
| HALOUMI I GREEK FETA I SWISS MUSHROOM | \$4.00 |
| CHORIZO | \$5.00 |
| HOUSE POTATO HASH | \$5.00 |
| BACON I AVOCADO | \$5.00 |
| SPICED MARINATED GRILLED CHICKEN | \$6.00 |
| STICKY PORK BELLY | \$7.00 |

LUNCH ALL DAY

EDIBLE SALAD \$18.50 (GF)

Grilled moroccan chicken breast, mix leaves, brown lentils, cherry tomatoes, feta, red onions, avocado, parsley, corn, lemon thyme dressing, balsamic glaze.

CHICKEN AND WAFFLE STACK \$20.00

Waffle, buttermilk fried chicken breast, bacon, maple syrup, sriracha aioli.

STICKY PORK BELLY ROLL \$20.00

Glazed sesame pork belly, apple and carrot slaw, lettuce, red chilli, sriracha aioli.

CHICKEN TACOS (3 PCS) \$19.00

Spiced grilled chicken breast, corn, avocado and tomato salsa, pickled red onions, jalapeño, parsley, chilli yoghurt sauce, mini soft tortillas.

PROTEIN BOWL \$21.00

Spiced marinated grilled chicken breast, sautéed spinach, quinoa brown rice, broccolini, avocado, cherry tomatoes, hummus.

VEGAN NOURISH BOWL \$19.50 (V) (VG)

House falafel, sun dried pesto hummus, pickle turnips, jalapeño, cous cous, lentil & mint salad, corn, avocado, spinach, dukkah, house lemon tahini sauce.

FRIED CHICKEN BURGER \$20.00

Spiced marinated chicken breast, fennel & cabbage slaw, lettuce, jalapeño. chilly mayo sauce, beetroot bun, fries.

CHEESY WYAGU BURGER \$20.00

160gms Wyagu beef patty, lettuce, tomatoes, american cheese, pickle baby cucumber, house bbq sauce, sesame brioche bun, fries.

VEGAN BURGER \$19.00 (V) (VG)

House falafel patty, lettuce, jalapeño, vegan aioli sauce, fried onion rings, avocado, vegan bun, fries.

BOWL OF FRIES \$5.00/\$9.00

Crunchy potato chips with aioli sauce.

KIDS MENU UNDER 12

NUTELLA HOTCAKE \$12.00

Fluffy hotcake with nutella, ice cream & strawberries.

BACON & EGGS ON TOAST \$10.00

Scrambled eggs & bacon on sourdough toast.

NUGGETS & CHIPS \$11.00

Crunchy chips, chicken nuggets & tomato sauce.

WAFFLE AND ICE CREAM \$11

Waffle, vanilla ice cream, maple syrup, cookies and cream wafer.

(V) - Vegetarian I (VG) - Vegan I (VGO) - Vegan Option I (GF) - Gluten Free I (GFO) - Gluten Free Option

| COFFEE | -BY MOCOPAN |
|-------------------|-------------------|
| MILK BASED COFFEE | R-\$4.00 L-\$4.50 |
| COLD BREW | \$5.00 |
| ICED COFFEE | \$5.50 |
| ICED LATTE | \$5.50 |
| ICED CHOCOLATE | \$6.50 |
| ICED MOCHA | \$6.50 |
| ICED LONG BLACK | \$6.00 |

TEA DROP

| ENGLISH BREAKFAST I EARL GREY | \$5.00 |
|--------------------------------|--------|
| PEPPERMINT I LEMONGRASS GINGER | \$5.00 |
| MALABAR CHAI I SPRING GREEN | \$5.00 |

MILK OPTIONS

| BONSOY I OATLY OAT I LACTOSE | +0.50 |
|------------------------------|-------|
| MILKLAB - ALMOND I COCONUT | +0.50 |

FLAVOURS

| CARAMEL I VANILLA I HAZELNUT | +0.50 |
|------------------------------|-------|
| EXTRA ESPRESSO SHOT | +0.50 |

MILKSHAKES

| CHOCOLATE I VANILLA | \$6.50 |
|-------------------------------|--------|
| STRAWBERRY I CARAMEL | \$6.50 |
| COOKIES & CREAM BLUE HEAVEN | \$6.50 |

DRINKS

| COKE | \$3.50 |
|-----------------|--------|
| KARMA RANGE | \$4.50 |
| KOMBUCHA | \$5.00 |
| MINERAL WATER | \$3.50 |
| SPARKLING WATER | \$6.00 |

FRESH JUICE \$7 **HIMALAYAN TOUCH** Orange, Pineapple, Apple, pinch of Himalayan pink salt. \$7 **MELON CRUSH** Watermelon, Orange, Pineapple **IMMUNE BOOSTER** \$7 Orange, Carrot, Ginger \$7 **DETOX** Carrot, Apple, Ginger **BEET IT OUT** \$7 Beetroot, Carrot, Apple

JUST ORANGEFreshly squeezed oranges

| <u>smoothie</u> s | |
|-----------------------------------------------------------|-----|
| PROTEIN POWERHOUSE | \$9 |
| Banana, Granola, Honey, Chia, Peanutbutter, Almond Milk | |
| BERRY MORE | \$9 |
| Mixed Berries, Vanilla Yoghurt, Honey, Chia, Coconut Milk | |
| GREEN-NESS | \$9 |
| Spinach, Banana, Apple, Avocado, Chia, Almond Milk, | |

\$7

ALCOHOL

| SHIRAZ PINOT | \$10/\$40 \$9/\$38 |
|-------------------------------|-----------------------|
| PROSECCO | \$8/\$35 |
| ROSE | \$9/\$40 |
| AUBERT ET FILS BRUT CHAMPAGNE | \$40 |
| BLOODY MARY | \$13 |
| PERONI | \$8 |
| ASAHI SUPER DRY | \$8 |



Do the right thing, keep our community safe.