



Carmelita's

AUTHENTIC
MEXICAN
RESTAURANT

**6195 STATE RT. 31
SUITE 14
CICERO, NY 13039
315-699-7550**

Theresa, the daughter of Carmelita and Pablo Aviles, is committed to bringing you the same quality Mexican food that Carmelita's Mexican Restaurant was famous for in the Syracuse area for many years.

Carmelita's serves fresh Authentic Mexican Cuisine with the highest quality local ingredients. Our menu is comprised of home style recipes reflecting our rich Hispanic heritage.

Our menu is dedicated to be simple with daily specials, which allows me to prepare fresh daily. All of our tortillas are handmade daily. As a person who has celiac disease, I wanted to bring my flavors to the table and offer many gluten-free items.

The menu names are after my children and family. Ask a server about a name and get the family story. Critter Tinga is the talk of the menu. Please come enjoy and be happy!

If you have any special dietary needs, please let our staff know.



Now serving beer & wine

Please be patient—
All food is made to order

Appetizers/Antojitos GF

Gerlando's Favorite: Fresh homemade corn tortilla chips and pico de gallo served with our favorite salsa (hot or mild).....4.75

Guerra's Favorite Guacamole: Fresh avocado, lime, tomatoes, onion, jalapeño, served with homemade corn tortilla chips..... 6.95

Pablo's Famous Bean Dip: Frijoles refritos mixed with our salsa, onion, garlic and jalapeños topped with tomatoes, sour cream and cheese served with fresh homemade corn tortilla chips.....6.95

Mini Cheese Corn Quesadillas: (3) With Pablo's bean dip.....7.95

La Familia Sampler: 1 mini bean dip, 1 mini guacamole, one mini salsa with homemade chips10.95

Carmelita's Original Nachos: Homemade corn tortilla chips topped with frijoles refritos, melted cheese and jalapeños, with side of sour cream & salsaMini 7.95 Grande 10.95

Maria's Melted Nachos a la Americana: Homemade corn tortilla chips topped with frijoles refritos, ground beef, melted cheese, onions, tomatoes, lettuce, jalapeños, with side of sour cream & salsa.....Mini 7.95 Grande 10.95

Tinga Nachos: Corn tortilla chips topped with frijoles refritos, marinated chipotle chicken, melted cheese, jalapeños, pico de gallo, queso fresco, with side of sour cream & salsa.....Mini 7.95 Grande 10.95

Salad/Ensaladas GF

Teresita's Chicken Ensalada: Made with bottom layer of rice, shredded chicken made with sweet chipotle sauce topped with organic field mix, black beans, tomatoes, onions, jalapeños, radish, cheese surrounded by homemade tortilla chips, with a side of salsa.....10.95

Carmelita's Original Taco Salad a la Americana: Made with bottom layer of **ground beef or marinated chipotle chicken**, rice, beans, topped with lettuce, tomatoes, onions, jalapeños, cheese surrounded with homemade tortilla chips and side of sour cream & salsa10.95

Enchiladas (2) GF

Brooke's Favorite: Fresh corn tortillas served with your choice of filling: **bean, shredded steak, ground beef, marinated chipotle chicken, or cheese**, topped with onions, lettuce, sauce and grated cheese.....8.75 with rice or beans 9.75

Mi Marido's Favorite: Fresh corn tortillas wrapped with chicken topped with lettuce, onion, and chile verde and grated cheese.....9.75 with rice or beans 10.75

Alicia's Love: Fresh corn tortillas wrapped with chicken topped with onions, melted cheese and chile verde sauce9.95 with rice or beans 10.95

Tostadas (2) GF

Austincitos: Flat crisp corn tortillas topped with frijoles, lettuce, tomatoes, onions and cheese8.5

Christina's Critter Tinga: Flat crisp corn tortillas topped with marinated sweet chipotle shredded chicken layered with sour cream, topped with pico de gallo and grated cheese8.9

Tacos GF

Aust and Gero's la Americana: Crisp corn tortillas, filled with **ground beef, chipotle chicken or frijoles refritos**, lettuce, tomato, onion, cheese, sour cream and salsa.

(2) Crisp Corn Tortillas....5.75 (2) Soft Flour Tortillas.....6.75

(3) Crisp Corn Tortillas.....8.5 (3) Soft Flour Tortillas....9.95

Zapata's (2): Soft corn tortillas filled with shredded steak, onions, peppers topped with pico de gallo, side of salsa.....8.5

Veggie (2): Crisp corn tortilla, filled with black beans, tomatoes, onions, peppers, spinach topped with queso fresco7.95

Soft flour tortilla.....8.95

GF=Gluten-free

* Additional items add \$1 each

AUTHENTIC MEXICAN

Barragan Taquitos (5) GF

Crisp corn tortilla rolled and filled with chicken, served with sour cream, salsa & guacamole.....10.75

San Rafael's Torta Grilled Sandwich

Grilled bread filled with your choice: **chipotle chicken, or shredded steak** with a spread of mayo, sour cream and beans, topped with lettuce, tomatoes, onions, guacamole, cheese, ask for jalapeños or chipotle for an extra bite! Delish.....9.95 with **GF** bread 11.95

A Little Taste

Mini Austincitos or Critter Tingas6.5

Mini Quesadillas

With your choice of filling: **cheese, chipotle chicken or shredded steak**.....6.5

Mini Burrito

With your choice of filling: **chipotle chicken or shredded beef.**

With or without sauce.....6.5

NO SUBSTITUTIONS PLEASE

Burritos: (2)

Gemelas favorite served with your choice below topped with or without red sauce and cheese, side of sour cream & salsa.

Bean and cheese.....10.5 **GF** 12.5

Egg, tomato, onion, peppers.....10.5 **GF** 12.5

Marinated chipotle chicken.....11.5 **GF** 13.5

Shredded beef, onions, peppers.....11.5 **GF** 13.5

BYOB

One large burrito with your choice of filling: **frijoles, shredded steak with onions & peppers, ground beef or chipotle chicken** with your choice of lettuce, tomato, onion, pico de gallo, rice, black beans and jalapeños. Grilled or topped with chile verde sauce or our famous red sauce and melted cheese.....13.95

Burro Burger

Ground beef, lettuce, tomato, onion, cheese, wrapped in a flour tortilla with a side of rice or beans.....8.50

Quesadillas

A La Americana (1 large)

Flour tortilla with your choice of filling:

Cheese.....10 **GF** 12

Bean.....10 **GF** 12

Marinated chipotle chicken.....10.5 **GF** 12.5

Shredded beef with onions and peppers.....10.5 **GF** 12.5

Spinach and mushrooms marinated in olive oil, garlic with cheese.....10.5 **GF** 12.5

Tinga: Marinated chipotle chicken with pico de gallo & fresh jalapeños.....10.5 **GF** 12.5

Veggie: Black beans, tomatoes, onions, peppers, spinach.....10.5 **GF** 12.5

VanDilla: Ground beef, cheese, sautéed fresh jalapeños and pico de gallo.....10.5 **GF** 12.5

Kid's Menu

Served with rice or beans and a beverage.....4.95

A. 2 taquitos **GF**

D. 2 mini burritos

B. 2 soft flour tacos or **GF** corn tacos

E. 1 cheese or plain chicken quesadilla with flour or **GF** corn tortilla

C. 2 mini tostadas **GF**

F. 1 crunchy taco **GF**

Extras GF

Teresita's Famous Red Salsa - Hot or Mild - 16 oz.....6.75

Homemade Corn Tortillas (1 dozen) 24 hr. notice please.....3

Mexican Rice.....2.25

Frijoles Refritos.....2.25

Pico de Gallo/Jalapeños/Sour Cream.....1

Guacamole.....Side 1.25 Large 5

Homemade Chips.....3

GF=Gluten-free

* Additional items add \$1 each

AUTHENTIC MEXICAN

Combo Familia Favorites

1. **Maria Luisa's:** Marinated shredded chicken with a green chile verde **GF**
served with rice, beans, pico de gallo and fresh corn tortillas..... 11.99
2. **Chapultepec:** 2 flat crisp corn tortillas topped with marinated **GF**
sweet chipotle shredded chicken layered with sour cream,
topped w/pico de gallo and grated cheese, and a side of rice..... 10.99
3. **Azteca:** 3 chicken enchiladas rolled with lettuce, onion, **GF**
chile verde sauce and grated cheese, with rice and beans..... 13.99
4. **Tia Alicia's Favorite:** 3 cheese enchiladas fresh corn tortillas **GF**
served with your choice of filling: **ground beef, bean or cheese** topped
with onions, lettuce and grated cheese with side of rice and beans..... 12.99
5. **Joseph's Combo:** 1 bean tostada, 1 burrito, **GF**
1 chicken taquito served with rice 11.99
6. **Miguel's Burrito Plate:** 2 burritos with your choice of
shredded steak, onions, peppers, or chipotle marinated chicken,
or bean and cheese served with rice and guacamole..... 12.99
7. **Zapata Plate:** Marinated shredded beef, onions, peppers **GF**
served with rice, beans, pico de gallo and fresh corn tortillas..... 12.99
8. **Aust & Geros a la Americana Tacos (3):** Your choice of **GF**
ground beef or marinated chipotle chicken with sides of rice & beans..... 11.99
9. **Plato de Arroz a la Charra:** Bottom layer of Mexican rice **GF**
topped with your choice: **ground beef, marinated chipotle chicken,**
or shredded steak w/ onions & peppers. Your choice of
frijoles refritos or black beans, tomatoes, onions,
field mix, corn, cheese, jalapenos, guacamole, sour cream..... 11.99

GF=Gluten-free

**Ask about our gluten-free homemade
desserts of the day.**

Whole Cakes

- * Aiden's Pastel Vanilla Cake **GF** 45
- * Flourless Chocolate Cake **GF** 60
- * Flan **GF**..... 35

* MUST BE ORDERED 48 HOURS IN ADVANCE

Beverages

- Coke Products with free refills 2
- Honest Teas, Dasani Sparkling Water 2.5
- Mexican Sodas 2.95
- Horchatawith free refills 2.95
- Coffee 1.5
- Mexican Coffee..... 2.5
- Hot Tea 1.5

Please be patient – All food is made to order