

## Dinner Menu Familia Favorites

1. **Maria Luisa's:** Marinated shredded chicken **GF**  
with a green chile verde served with rice, beans,  
pico de gallo and fresh corn tortillas.....14.99
2. **Chapultepec:** 2 flat crisp corn tortillas topped with **GF**  
marinated sweet chipotle shredded chicken layered with  
sour cream, topped w/pico de gallo and grated cheese,  
and a side of rice and beans.....13.99
3. **Azteca:** 3 chicken enchiladas rolled with lettuce, **GF**  
onion, chile verde sauce and grated cheese,  
with rice and beans.....14.99
4. **Tia Alicia's Favorite:** 3 enchiladas **GF**  
fresh corn tortillas served with your choice of filling: **shredded**  
**steak, chipotle marinated chicken, ground beef, bean**  
**or cheese** topped with onions, lettuce and grated cheese  
with side of rice and beans.....13.99
5. **Joseph's Combo:** 1 bean tostada, 1 burrito,  
1 chicken or ground beef taco served with rice  
and beans.....14.99
6. **Miguel's Burrito Plate:** 2 burritos with your  
choice of **shredded steak, onions, peppers,**  
**or chipotle marinated chicken, or bean and cheese**  
served with rice and beans.....14.99
7. **Zapata Plate:** Marinated shredded steak, onions, **GF**  
peppers served with rice, beans, pico de gallo  
and fresh corn tortillas.....14.99
8. **Aust & Geros a la Americana Tacos (3):** **GF**  
Your choice of **ground beef or marinated chipotle**  
**chicken** with sides of rice & beans.....12.99
9. **Plato de Comida:** Bottom layer of Mexican rice **GF**  
topped with your choice: **ground beef, marinated**  
**chipotle chicken, or shredded steak w/ onions &**  
**peppers.** Your choice of **frijoles refritos or black**  
**beans, tomatoes, onions, field mix, corn, cheese,**  
**jalapenos, guacamole, sour cream.....13.99**

Please be patient—all food is  
made to order.

**GF=Gluten-free**

Theresa, the daughter of Carmelita and Pablo Aviles, is committed to bringing you the same quality Mexican food that Carmelita's Mexican Restaurant was famous for in the Syracuse area for many years.

Carmelita's serves fresh Authentic Mexican Cuisine with the highest quality local ingredients. Our menu is comprised of home style recipes reflecting our rich Hispanic heritage.

Our menu is dedicated to be simple with daily specials, which allows me to prepare fresh daily. All of our tortillas are handmade daily. As a person who has celiac disease, I wanted to bring my flavors to the table and offer many gluten-free items.

The menu names are after  
my children and family.

Ask a server about a name and  
get the family story.

Critter Tinga is the talk of the menu.  
Please come enjoy and be happy!

If you have any special dietary needs,  
please let our staff know.



Now serving beer & wine



**6195 STATE RT. 31  
SUITE 14  
CICERO, NY 13039**

**315-699-7550**

### HOURS:

**WEDNESDAY - SATURDAY: 4-7  
TAKING ORDERS AFTER 1:30**

**CLOSED SUNDAY - TUESDAY**

**BEER, WINE, MARGARITAS  
& SPECIALTY DRINKS TO GO**

**ASK ABOUT OUR DAILY SPECIALS**

**NOW CATERING**



**@ CARMELITAS MEXICAN  
RESTAURANT**

## Appetizers/Antojitos **GF**

**Gerlando's Favorite:** Fresh homemade corn tortilla chips and pico de gallo served with our favorite salsa (hot or mild)..... 4.95

**Guerra's Favorite Guacamole:** Fresh avocado, lime, tomatoes, onion, jalapeño, served with homemade corn tortilla chips..... 6.95

**Pablo's Famous Bean Dip:** Frijoles refritos mixed with our salsa, onion, garlic and jalapeños topped with tomatoes, sour cream and cheese served with fresh homemade corn tortilla chips.....6.95

**La Familia Sampler:** 1 bean dip, 1 guacamole, one salsa with homemade chips.....12.95

**Teresitas Salsa and Guacamole with Homemade Chips:..**10.95

**Barragan Taquitos (5):**  
Crisp corn tortilla rolled and filled with chicken, served with sour cream, salsa & guacamole.....10.75

**Carmelita's Original Nachos:** Homemade corn tortilla chips topped with frijoles refritos, melted cheese and jalapeños, with side of sour cream & salsa .....Mini 8.95 Grande 11.95

**Maria's Melted Nachos a la Americana:**  
Homemade corn tortilla chips topped with frijoles refritos, ground beef, melted cheese, onions, tomatoes, lettuce, jalapeños, with side of sour cream & salsa ..... Mini 8.95 Grande 11.95

**Tinga Nachos:** Corn tortilla chips topped with frijoles refritos, marinated chipotle chicken, melted cheese, jalapeños, pico de gallo, queso fresco, with side of sour cream & salsa..... Mini 8.95 Grande 11.95

## Salad/Ensaladas **GF**

**Teresita's Chicken Ensalada:** Made with bottom layer of rice, shredded chicken made with sweet chipotle sauce topped with organic field mix, black beans, tomatoes, onions, jalapeños, radish, cheese surrounded by homemade tortilla chips, with a side of salsa.....11.95

**Carmelita's Original Taco Salad a la Americana:** Made with bottom layer of ground beef or marinated chipotle chicken, rice, beans, topped with lettuce, tomatoes, onions, jalapeños, cheese surrounded with homemade tortilla chips and side of sour cream & salsa.....11.95

## Enchiladas (2) **GF**

**Brooke's Favorite:** Fresh corn tortillas served with your choice of filling: **bean, shredded steak, ground beef, marinated chipotle chicken, or cheese**, topped with onions, lettuce, sauce and grated cheese ..... 8.75 with rice or beans 9.75

**Mi Mando's Favorite:** Fresh corn tortillas wrapped with chicken topped with lettuce, onion, and chile verde and grated cheese..... 9.75 with rice or beans 10.75

**Alicia's Love:** Fresh corn tortillas wrapped with chicken topped with onions, melted cheese and chile verde sauce.....9.95 with rice or beans 10.95

## Tostadas (2) **GF**

**Austincitos:** Flat crisp corn tortillas topped with frijoles, lettuce, tomatoes, onions and cheese ..... 8.5

**Christina's Critter Tinga:** Flat crisp corn tortillas topped with marinated sweet chipotle shredded chicken layered with sour cream, topped with pico de gallo and grated cheese.....9.9

## Tacos **GF**

**Aust and Gero's la Americana:** Crisp corn tortillas, filled with **ground beef, chipotle chicken or frijoles refritos**, lettuce, tomato, onion, cheese, sour cream and salsa.  
Corn Tortillas (crisp or soft) ..... 3 each  
Soft Flour Tortillas.....3.5 each

**Zapata's (2):** Soft corn tortillas filled with shredded steak, onions, peppers topped with pico de gallo, side of salsa.....9.5

**Veggie (2):** Crisp corn tortilla, filled with black beans, tomatoes, onions, peppers, spinach topped with queso fresco.....8.95  
Soft flour tortilla.....9.95

## San Rafael's Torta Grilled Sandwich

Grilled bread filled with your choice: **chipotle chicken, or shredded steak** with a spread of mayo, sour cream and beans, topped with lettuce, tomatoes, onions, guacamole, cheese, ask for jalapeños or chipotle for an extra bite! Delish... 10.95 with **GF** bread 12.95

## Burritos: (2)

Gemelas favorite served with your choice below topped with or without red sauce and cheese, side of sour cream & salsa.  
Bean and cheese..... 11.5 **GF** 13.5  
Marinated chipotle chicken..... 12.5 **GF** 14.5  
Shredded steak, onions, peppers..... 12.5 **GF** 14.5

## BYOB

One large burrito with your choice of filling: **frijoles, shredded steak with onions & peppers, ground beef or chipotle chicken** with your choice of lettuce, tomato, onion, pico de gallo, rice, black beans and jalapeños. Grilled or topped with chile verde sauce or our famous red sauce and melted cheese .....13.95

## Burro Burger

Ground beef, lettuce, tomato, onion, cheese, wrapped in a flour tortilla with a side of rice or beans..... 9.50

## Quesadillas

### A La Americana

Flour tortilla with your choice of filling:

Cheese.....11 **GF** 13

Bean .....11 **GF** 13

Marinated chipotle chicken.....12.5 **GF** 14.5

Shredded beef with onions and peppers.....12.5 **GF** 14.5

Spinach and mushrooms marinated in olive oil, garlic with cheese.....12.5 **GF** 14.5

**Tinga:** Marinated chipotle chicken with pico de gallo & fresh jalapeños.....12.5 **GF** 14.5

**Veggie:** Black beans, tomatoes, onions, peppers, spinach.....12.5 **GF** 14.5

**VanDilla:** Ground beef, cheese, sautéed fresh jalapeños and pico de gallo.....12.5 **GF** 14.5

## Kid's Menu

Served with rice or beans and a beverage .....4.95  
Choice of:

- 1 soft flour taco or **GF** corn taco
- 2 mini burritos
- 1 cheese or plain chicken quesadilla with flour or **GF** corn tortilla

## Extras

Teresita's Famous Red Salsa - Hot or Mild - 12 oz.....7.00  
Jar refill.....6.00

Homemade Corn Tortillas (1 dozen) 24 hr. notice please.....3

Mexican Rice.....2.25

Frijoles Refritos.....2.25

Pico de Gallo/Jalapeños/Sour Cream.....1

Guacamole .....Side 1.25 Large 5

Homemade Chips .....3.50

**Specialty Drinks:..... GF 7.00**

- Margarita
- Spicy Margarita Jalapeño, cilantro, salsa
- Horchata with Vodka Sweet Rice Beverage
- Agua de Limon Vodka, Refreshing Spritzer made with Vodka, Lemons, Seasonal Fruits, Splash of Lemonade, Club Soda

**Ask about our gluten-free homemade desserts of the day.**

\* Additional items add \$1 each

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**AUTHENTIC MEXICAN**

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**AUTHENTIC MEXICAN**