2022 Volunteer Suide

Tri CLE Rock Roll Run

Cleveland, Ohio | August 20, 2022





TABLE OF CONTENTS



Tri CLE Rock Roll Run



General info



Volunteer shifts



Water support



Edgewater Park map



North Coast Harbor map



General race info



THANK YOU!

TRI CLE ROCK ROLL RUN

Thank you for taking the time to volunteer at the 2022 Tri CLE Rock Roll Run race.

Tri CLE is expecting about 1000 various athletes competing, including:

- Varying ages (teens to 80+ years old)
- Race distances (Super Sprint, Sprint, and Olympic)
- Divisions (Triathlon, Duathlon, Aquabike competing as Individuals or Relay Team)
- At least 15 relay teams are competing!
- Participants are coming in from all over the US (Arizona, Colorado, Georgia, Illinois, Indiana, Kentucky, Massachusetts, Maine, Michigan, Missouri, North Carolina, New Jersey, New York, Oregon, Pennslyvania, Tennessee, Texas, and Virginia)
- We even have a participant coming in from Germany!

YOU ARE a part of something big for the City of Cleveland and multisport racing! During a time of uncertainty, as a volunteer, you are able to provide participants with the best race day experience possible and shine a light on some of the best parts of what Cleveland has to off!

This may be the first multisport race for some athletes or their 50th!

YOU have made a decision to help the multisport community, plus make someone's racing dreams a reality.

VOLUNTEERS are the heart of any race, and we could have this race without you!

-Tri CLE Team

We recommend reviewing the Athlete Guide before your volunteer shift.



TRI CLE VOLUNTEER TEAM:

Questions or concerns regarding your volunteer shift, please do not hesitate to contact our Tri CLE Team Volunteer Staff

- Jessica Yeager | Volunteer and Community Outreach Director
 - 330.571.2618 | Jessica.Yeager@rockrollrun.com
- Wesley Roepke | Associate Volunteer Operations Coordinator
 - o 216.225.1261 | Wes.Roepke@rockrollrun.com

If for some reason you are unable to make it to your volunteer shift, please let Jess or Wes know ASAP by texting or calling. All positions are important to the safety of the participants!

EMERGENCY COMMUNICATION

In the event that a participant and/or volunteer has an issue during the race, the closest Volunteer Captain or volunteer will contact the Volunteer Coordinator (Jessica) for further instruction.

THURSDAY

Edgewater Park

- Volunteers will park at Edgewater Park for their shifts.
- · Arrive 15 minutes prior to your shift to check-in and receive your volunteer shirt

FRIDAY

Edgewater Park

- Volunteers will park at Edgewater Park for this shift
- Arrive 15 minutes prior to your shift to check-in and receive your volunteer shirt

North Coast Harbor

- Volunteers will check in at Edgewater Park for their shifts at least 15 minutes prior to their shift start.
 - Ensure that you have enough time to check-in at Edgewater and travel to the North Coast Harbor
- · At check-in, volunteers will receive their volunteer shirt
- After checking in, head to the North Coast Harbor to begin your shift.
 - Parking will be available at the Browns Purple Parking Lot 103 Erieside Ave, Cleveland, OH
 44114

SATURDAY

Edgewater Park

- · Volunteers will park at Edgewater Park for this shift
 - The parking will be in the designated Participant & Volunteer Parking area which is the Kite Field at Edgewater Park
- Arrive 15 minutes prior to your shift to check-in and receive your volunteer shirt

North Coast Harbor

- Volunteers must check in at least 30 minutes before their shift at the volunteer tent at Edgewater park.
- · At check-in, volunteers will receive their volunteer shirt
- Once checked in, volunteers will take the shuttle to the North Coast Harbor to begin their shift.
 - Due to road closures & the race, taking the shuttle ensures volunteers make it to their shift
- The shuttle will transport volunteers back to Edgewater Park after their shift

^{*}Water support, continue reading the document for your specific check-in information



SATURDAY NORTH COAST HARBOR WATER SUPPORT

Volunteers will need to pick up their volunteer t-shirts on Friday at Edgewater Park

FRIDAY DROP OFF

- Volunteers providing water support and using their own kayak or standup paddleboard can drop off their watercraft on Friday at Transition 1 from 11 AM to 8 PM.
- · This area will be staffed with overnight security
- On Saturday morning, these volunteers carry their watercraft to the swim start to enter into the water

SATURDAY DROP-IN

- · Park on the East 9th Street Pier
- Put in kayak or standup paddleboard at the Oasis Marina
- Paddle to the start of the swim (the floating docks by the Great Lakes Science Center)

WATER SUPPORT SAFETY MEETING

- 5:00 am briefing at the North Coast Harbor led by Captain Drew Ferguson of Argonaut
 - Watercrafts must be dropped in & ready by 5:00 am for this meeting
 - o If you have an inflatable SUP, it must be inflated and in the water by 5:00 am



EDGEWATER PARK MAP

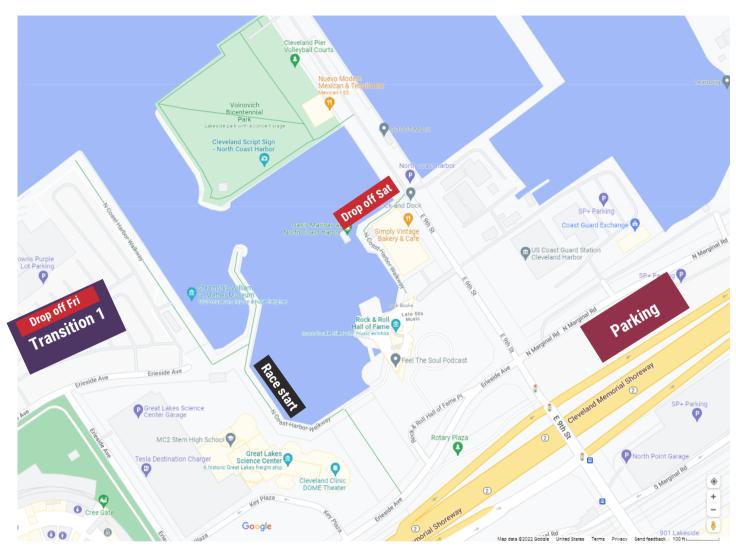


EDGEWATER PARK ADDRESS

Edgewater Park - 7600 Cleveland Memorial Shoreway, Cleveland, Ohio 44102



NORTH COAST HARBOR MAP



FRIDAY

BROWNS PURPLE PARKING LOT | TRANSITION 1 & DROP OFF

103 Erieside Ave, Cleveland, OH 44114

SATURDAY

OASIS MARINA | DROP OFF

1020 E 9th St, Cleveland, OH 44114

SP+ PARKING | MARGINAL ROAD

726 N Marginal Road, Cleveland, OH 44114

*Should a volunteer choose to park near the North Coast Harbor, this is at the expense of the volunteer.

Start Line: North Coast Harbor

Medical/First Aid: Transition 1 (North Coast Harbor) & Transition 2 (Edgewater Park)

Lost and Found: Volunteer tent at Edgewater Park
Event Parking: Parking information can be found here
Finish Line & Awards Ceremony: Edgewater Park

Course Maps: Click here to access the course maps for the event

WHAT TO WEAR

We ask that you wear your official volunteer t-shirt at all times while volunteering. This will allow athletes and staff to pick you out of a crowd more easily.

Since the event is an outdoor event, please prepare yourself for different weather conditions. As a volunteer, you are responsible for your own personal items, as we cannot guarantee a secured area at the event.

We recommend you bring the following items:

- Sunscreen
- Water bottle
- · Sunglasses and/or hat
- · Cell phone
- Jacket (if needed)
- Headlamp/Flashlight
 - There will be flood lights for race morning at both Edgewater Park and the North Coast Harbor, but a good idea to have either of these for the early shifts
- Specific snacks for you to eat during your shift
- · Insect repellent
- Hand sanitizer

HOW TO SPOT A PARTICIPANT!

- Swim: participants will be wearing swim caps in the water.
 - Super Sprint: Green | Sprint: Yellow | Olympic: Red
- Bike: participants will have a sticker on their bike frame with their race number & have a sticker on the
 front of their helmet with their race number
- Run: participants will wear a bib that will have their number on it

*For the bike & run course, Super Sprint follows green signs, Sprint follows yellow signs, and Super Sprint follows red signs.

CHECK-IN LOCATION

Unless other instructions are given, please check-in at the volunteer/information tent at the 'Post Event Area' at Edgewater Park. **You will receive your volunteer shirt upon check-in.**

CHECK-IN TIMES

- Each job may require a different check-in time so please refer to your sign-up information, and please plan to arrive at least 15 minutes ahead of the scheduled time.
- Taking a shuttle to the North Coast Harbor will require additional time, plan your morning accordingly to arrive to your shift at the specified time.

AID STATION VOLUNTEERS

- Aid stations will be stocked with ice, water, and Gatorade Endurance.
- Each aid station will be stocked with an 'Aid Station Kit,' which will have gloves, cleaning supplies, hand sanitizer, paper towels, clothes, etc...

PERSONAL BELONGINGS

There will be no secure areas to store personal belongings. Please bring as little as possible and what you can carry in a backpack.

LOST PROPERTY

The lost and found area will be located at the volunteer tent. All items and inquiries should be directed there.

FOOD AND BEVERAGE

Water and snacks will available for volunteers.

Saturday there will be food vendors at Edgewater Park to purchase food.