



# Duathlon Leg 1

Distance - 1.63 mi  
 Duathlon Leg 1 does utilize a gravel and limestone trail.  
 The surface is rough in spots.  
 There is a small number of stairs.

Be sure to cross timing mat for Swim Exit & Duathlon Leg 1 finish

Transition (in grass)



**LEGEND**

- Transition
- Run direction
- Important Course Note

Under USAT Rules, Athletes are responsible for knowing the course  
 Courses are subject to change  
 Updated March 3, 2025