

Fitness for a Cause

Donations go directly to the Kids That Tri Program

- Who** ➤ Anyone who is interested in a fun workout for a great cause!
- What** ➤ Full body workout!
- When** ➤ Saturday, April 2 | 9:00 am - 10:00 am
*Cash donations will be taken upon arrival
Or scan the QR code below to donate*
- Where** ➤ Parker Hannifin Downtown YMCA
1301 E 9th St, Cleveland, OH 44114
Studio One (second floor)
- Why** ➤ 100% of all donations will be used for Kids That Tri, a non-profit organization that introduces kids to the sport of triathlon.

**Instructor
Debbie is an
ISSA certified
personal and
group trainer**



**All fitness
levels are
welcome!
Modifications
will be
provided**

Website: <https://rockrollrun.com/kids-that-tri>



Scan to donate

