

**Media Contact**

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Media Advisory**For Immediate Release****May 19, 2025****Tri CLE Teams Up with Harness Cycle and Bike Ohio for Community Training Event Ahead of Award-Winning Race*****Local Event Highlights Why Tri CLE is USA TODAY's 10BEST Sprint Triathlon in the Nation***

Tri CLE, recently named the #1 Sprint Triathlon in the U.S. by USA TODAY's 10Best Readers' Choice Awards, invites the media to an evening of community engagement, fitness, and education in partnership with **Harness Cycle** and **Bike Ohio**.

This two-part event is designed to engage local athletes and newcomers alike while showcasing what makes Tri CLE more than just a race, a celebration of Cleveland's endurance and wellness community.

Event Schedule:

- **Spin Class** with Jen Manning at [Harness Cycle](#):

5:30 PM - 6:15 PM (Participants asked to arrive by 5:15 PM)

Pre-booking is required for the spin class, which has a nominal fee.

- **Bike Maintenance Clinic** with Jimmy from [Bike Ohio](#):

6:30 PM - 7:30 PM

Free and open to the public (no bike needed)

Learn flat tire repair, general upkeep tips, and more—perfect for beginners or those needing a refresher.

Light refreshments will be provided during the clinic. Participants may attend one or both portions.

When:

Wednesday, May 21, 2025

5:30 PM - 7:30 PM

Where:

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Harness Cycle
2908 Church Avenue, Cleveland, OH 44113

Who:

- Natalie McManamon, Tri CLE Race Director
- Jen Manning, Harness Cycle Instructor
- Jimmy Bagnola, Owner of Bike Ohio
- Local Community athletes and cycling enthusiasts

This event embraces Tri CLE's mission to elevate the race experience through community-driven programming, accessible training resources, and local partnerships that highlight the best of Cleveland.

Media are invited to cover this unique community training night ahead of Tri CLE's 5th anniversary race, which takes place on August 10, 2025.

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