

All levels and ages
Youth (11-15 years)
Adult (16+ years)

October



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 5:00-7:45pm Open Train 5:15-6:15pm Aerial Foundations 6:30-7:45pm Lyra		2 5:30-8:15pm Open Train 5:30-6:45pm Youth Silks Lv 1-3 7:00-8:15pm Adult Sling	3	4
5 5:00-6:15pm Acro and Flow (age 11+) 5:00-6:15pm Open Train	6	7 5:00-7:45pm Open Train 5:15-6:15pm Aerial Foundations 6:30-7:45pm Lyra	8	9 5:30-8:15pm Open Train 5:30-6:45pm Youth Silks Lv 1-3 7:00-8:15pm Adult Sling	10	11
12	13	14 5:00-7:45pm Open Train 5:15-6:15pm Aerial Foundations 6:30-7:45pm Lyra	15	16 5:30-8:15pm Open Train 5:30-6:45pm Youth Silks Lv 1-3 7:00-8:15pm Adult Sling	17	18
19 5:00-6:15pm Acro and Flow (age 11+) 5:00-6:15pm Open Train	20	21 5:00-7:45pm Open Train 5:15-6:15pm Aerial Foundations 6:30-7:45pm Lyra	22	23 5:30-8:15pm Open Train 5:30-6:45pm Youth Silks Lv 1-3 7:00-8:15pm Adult Sling	24	25
26	27	28 5:00-7:45pm Open Train 5:15-6:15pm Aerial Foundations 6:30-7:45pm Lyra	29	30 5:30-8:15pm Open Train 5:30-6:45pm Youth Silks Lv 1-3 7:00-8:15pm Adult Sling	31	