



# Fiji: Island Paradise

Discovering the Beauty and Culture of a Pacific Nation

# What We Will Learn

By the end of this lesson, you will be able to:

- Describe where Fiji is located in the world
- Identify key features of Fiji's geography and climate
- Explore aspects of Fijian culture and daily life
- Understand what makes Fiji unique among Pacific islands



# Key Vocabulary



## Island

Fiji: islands surrounded by ocean.



## Ocean

Fiji is in the Pacific Ocean, a vast saltwater body covering most of Earth.



## Culture

Fijian culture includes food, music, clothes, and traditions.



## Climate

Fiji's climate is warm and sunny year-round.

# Where is Fiji?

## Location in the World

Fiji is a country made up of over 300 islands in the South Pacific Ocean.

## In Relation to Australia

It's about 3,000 kilometres northeast of Australia — that's like driving from Sydney to Perth, but across the sea!

## Region

Fiji is part of a region called Oceania, which includes other island nations like Samoa and Tonga.



# Geography of Fiji

## Volcanic Origins

Most of Fiji's islands were formed by underwater volcanoes long ago. This gives them tall hills and rich soil.

## Two Main Islands

Viti Levu (where the capital city is) and Vanua Levu are the largest. Most people live on these two.

## Smaller Islands

There are over 100 smaller islands that are popular for holidays. Some are tiny with just one resort!

## Coral Reefs

Colourful coral reefs surround many islands. They protect the shore and are home to fish, turtles, and more.



# Climate in Fiji

## Warm All Year

Fiji has a tropical climate, averaging 27°C — hot and sunny most of the time.

## Wet and Dry Seasons

Wet season: Nov–Apr (more rain). Dry season: May–Oct (cooler, drier — ideal for visiting).

## Like Northern Australia

Fiji's weather resembles Far North Queensland — similar to Cairns or the Great Barrier Reef.

# The Ocean Around Fiji

The Pacific Ocean surrounds every island in Fiji. It's deep, wide, and full of life.



The coral reef acts like a natural barrier, slowing down waves and protecting the beach. Many Fijians rely on the ocean for fishing and transport.

# Life on a Fijian Island

## Morning

Families start the day with breakfast and chores. Many children walk or take boats to school.



## Fishing

Men and women often go fishing using nets or spears. Fish is a main part of their diet.



## Markets

Fresh produce and fish sold at markets; money or barter used.



# Fijian Culture



## Kava Ceremony

Kava, made from roots, is shared in ceremonies to welcome guests.



## Traditional Dress

People wear colourful sulus (wraparound skirts) and floral shirts for events.

# Music and Dance



## Meke Dance

The 'meke' is a traditional Fijian dance that tells stories through movement and singing.

## Instruments

Drums, bamboo pipes, and clapping hands make rhythmic sounds.

## Special Events

Dancing happens at weddings, festivals, and when welcoming visitors to the village.

Discuss!



## Imagine Your Trip to Fiji

If you visited **Fiji**, what **would you want to see or do?** How is life there **similar or different** to your life in **Australia?**

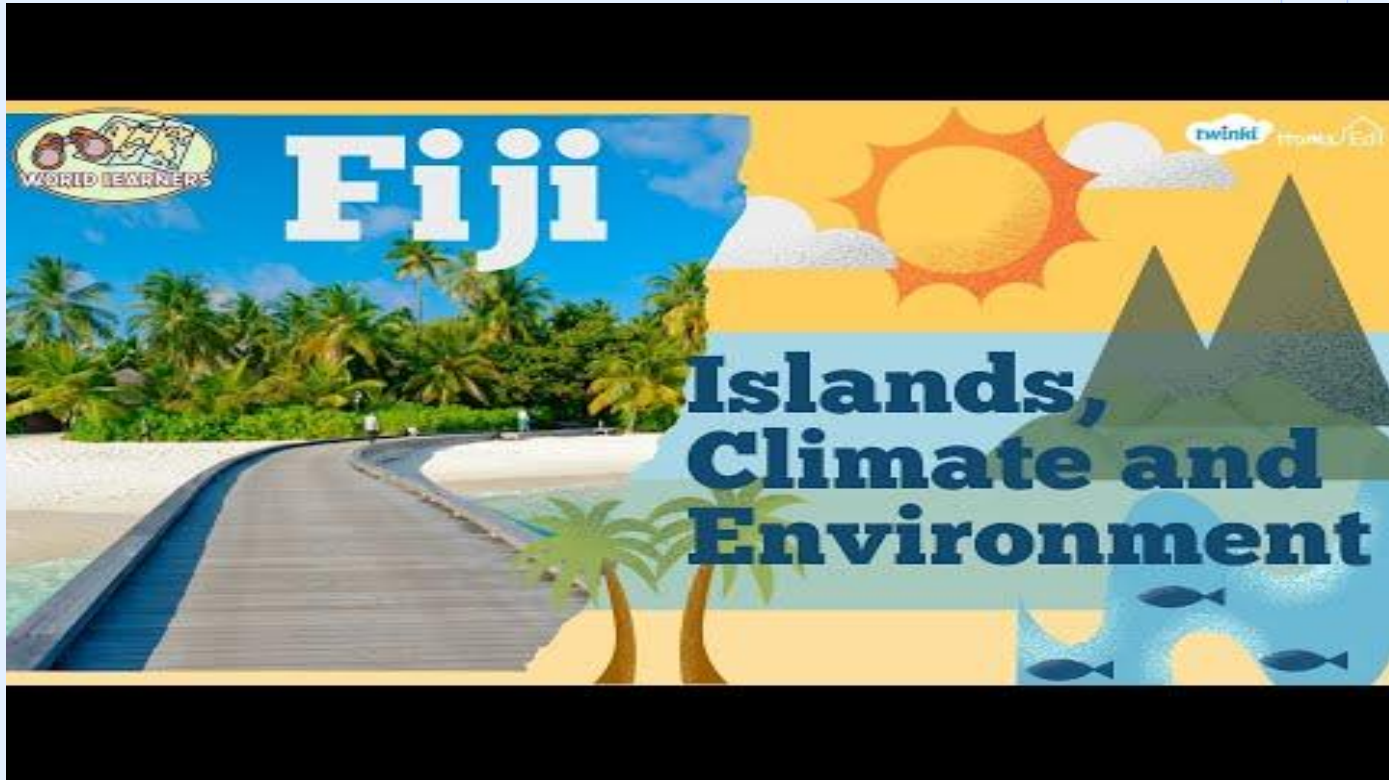
Discuss!



### You might have said...

- White-sand beach, blue water, swaying palms
- Fijian village, thatched roofs, sulus, bonfire dance
- Coral reefs, tropical fish, sea turtles underwater
- Sunrise over volcanic island, mist, birds soaring

# Life in Fiji



# Why We Love Fiji

1

## Nature

Fiji: stunning beaches, rainforests, and marine life.

2

## People

Fijians are kind, welcoming, and proud of their culture.

3

## Adventure

Snorkel, climb volcanoes, or stay in a water hut!

4

## Peace

Fiji's serene spots are ideal for relaxation.



# What We've Learned

Fiji is a group of tropical islands in the Pacific Ocean, northeast of Australia. It has a warm climate, rich culture, and beautiful natural surroundings. From kava ceremonies to coral reefs, Fiji offers a unique way of life connected closely to the land and sea. We've explored its geography, daily life, and traditions — all helping us understand this amazing island nation.

