

## Kitsap Supports Breastfeeding Become a Recognized Breastfeeding Friendly Organization



We are looking for more organizations in Kitsap that support breastfeeding. If you think your organization is breastfeeding friendly, and you would like to be part of the *Kitsap Supports Breastfeeding* campaign, then complete the following information and self-assessment on the second page. After receiving your assessment and policy that identifies you are a Breastfeeding Friendly Organization, we will send you the well-deserved recognition for your employees and customers to see. We would also like to promote your organization on the [Kitsap Supports Breastfeeding](#) website.

If your organization would like more information and support on becoming a Breastfeeding Friendly Organization, we would also be happy to help. Please reach out to us at the below information for support.

To become a Breastfeeding Friendly Organization, fill out the below assessment. Organizations that answer “Yes” to all three standards, and have a policy that supports breastfeeding, will be designated a *Breastfeeding Welcome Here* organization. *Breastfeeding Welcome Here* organizations will receive a window cling to display as well as “Kitsap Supports Breastfeeding” resources. Organizations who have a procedure in place to provide space for clients/customers will also be awarded a **gold star** to go along with their cling. We would also like to promote your organization on the [Kitsap Supports Breastfeeding](#) website.

### **What is a Breastfeeding Friendly Organization?**

A Breastfeeding Friendly Organization:

- Provides an atmosphere that welcomes and/or promotes breastfeeding for both employees and customers.
- Has a written policy and procedure in place that supports individuals who choose to continue breastfeeding and/or pumping after returning to work.

A **Gold Star** Breastfeeding Friendly Organization also has:

- A separate room or private area set up at your business for breastfeeding/pumping by clients and customers.

Together we are supporting a healthier next generation in Kitsap County. Thank you for your participation. Mail or email the below assessment and a copy of your breastfeeding policy to one of the addresses listed below.

### **Contact Information:**

Kitsap Public Health District  
Attn: Stephanie Schreiber  
345 6<sup>th</sup> Street, Suite 300, Bremerton, WA 98337

Phone: 360-233-7199 (Texts Welcome)  
[Stephanie.Schreiber@kitsappublichealth.org](mailto:Stephanie.Schreiber@kitsappublichealth.org)  
[www.kitsapsupportsbreastfeeding.com](http://www.kitsapsupportsbreastfeeding.com)



## Breastfeeding Friendly Self-Assessment

Please complete this survey for your organization and mail or email it back to the appropriate address.

1. ***Our organization provides an atmosphere that welcomes and promotes breastfeeding.*** The business welcomes and supports breastfeeding individuals.

Yes                      No

2. ***Our organization helps individuals continue to breastfeed their babies when they return to work or school.*** There is an identified or dedicated private space to be used as a lactation room with a chair, electrical outlet table and access to a sink where individuals can feed their babies or express breast milk.

Yes                      No

3. ***Our organization has a written lactation support policy that reflects the organization's support of breastfeeding individuals.*** Staff are familiar with the policy/procedure and it is available for staff to refer to, if necessary or requested.

Yes                      No

### For Gold Star Status:

***Our organization has identified a private space that can be used as a lactation room for clients/customers.*** A procedure is in place to accommodate breastfeeding clients/customers with a private space, at the client's/customer's request.

Yes                      No

*Please enclose your organization's policy that supports breastfeeding and your contact information. We look forward to working with you. **Thank you!***

Name: \_\_\_\_\_

Role: \_\_\_\_\_

Organization: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

### **Contact Information:**

Kitsap Public Health District  
Attn: Stephanie Schreiber  
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[www.kitsapsupportsbreastfeeding.com](http://www.kitsapsupportsbreastfeeding.com)