



Kitsap Supports Breastfeeding Become a Recognized Breastfeeding Friendly Business

We are looking for more organizations in Kitsap that support breastfeeding. If you think your business is breastfeeding friendly, and you would like to be part of the *Kitsap Supports Breastfeeding* campaign, then complete the following information and self-assessment on the second page. After receiving your assessment and policy that identifies you are a Breastfeeding Friendly Business, we will send you the well-deserved recognition for your employees and customers to see.

If your organization would like more information and support on becoming a Breastfeeding Friendly Business, we would also be happy to help. Please reach out to us at the below information for support.

To become a Breastfeeding Friendly Business, fill out the below assessment. Businesses that answer “Yes” to all three standards, and have a policy that supports breastfeeding, will be designated a Breastfeeding Welcome Here business. Breastfeeding Welcome Here business will receive a window cling to display as well as “Kitsap Supports Breastfeeding” resources. Businesses who have a procedure in place to provide space for clients/customers will also be awarded a **gold star** to go along with their cling. We would also like to promote your business on the Kitsap Supports Breastfeeding website.

What is a breastfeeding friendly business?

A breastfeeding friendly business:

- Provides an atmosphere that welcomes and/or promotes breastfeeding for both employees and customers.
- Has a written policy and procedure in place that supports mothers who choose to continue breastfeeding and/or pumping after returning to work.

A **Gold Star** Breastfeeding Friendly Organization also has:

A separate room or private area set up at your business for breastfeeding/pumping by clients and customers.

Together we are supporting a healthier next generation in Kitsap County. Thank you for your participation. Mail the following assessment and a copy of your breastfeeding policy to the address below.

Contact Information:

Kitsap Public Health District

Attn: Karen Boysen-Knapp

345 6th Street, Suite 300, Bremerton, WA 98337



Breastfeeding Friendly Self-Assessment

Please feel this survey out for your organization and mail or fax back to the above address.

1. Our business provides an atmosphere that welcomes and promotes breastfeeding. The business welcomes and supports breastfeeding mothers.

Yes

No

2. Our business helps mothers continue to breastfeed their babies when they return to work or school. There is an identified or dedicated private space to be used as a lactation room with a chair, electrical outlet table and access to a sink where mothers can feed their babies or express breast milk.

Yes

No

3. Our business has a written lactation support policy that reflects the business's support of breastfeeding mothers. Staff are familiar with the policy/procedure and it is available so that staff can refer to it.

Yes

No

For **Gold Star** status:

Our business has identified a private space that can be used as a lactation room for clients/customers. A procedure is in place to accommodate breastfeeding clients/customers with a private space, at client's request.

Yes

No

Please enclose your workplace policy that supports breastfeeding and your contact information. We look forward to working with you. Thank you!

Name: _____ Role: _____

Organization: _____

Phone: _____ E-mail: _____

Contact information:

Kitsap Public Health District

Attn: Karen Boysen-Knapp

345 6th Street, Suite 300, Bremerton, WA 98337

Phone: 360-900-8004 (Texts Welcome)

k.boysen-knapp@kitsappublichealth.com

www.kitsapsupportsbreastfeeding.com