

PROVIDER LACTATION SUPPORT RESOURCES

CERTIFICATIONS

International Board of Lactation Consultant Examiners (IBLCE) Certification: <https://iblce.org/>

Academy of Lactation Policy and Practice (ALPP) Certified Lactation Counselor: [ALPP - CLC Certification | Become a Certified Lactation Counselor](#)

Bastyr University Lactation Educator Training: <https://bastyr.edu/simkin-center/lactation-educator-training>

CAPPA Certified Lactation Educator (CLE): [Certified Lactation Educator™ \(CLE®\) | CAPPA](#)

Childbirth International Lactation Counselor Training and Certification: <https://childbirthinternational.com/lactation-counselor/>

Lactation Education Accreditation and Approval Review Committee (LEAARC) [LEAARC HOMEPAGE](#)

Lactation Education Consultants Certified Lactation Specialist (CLS): [Lactation Education Consultants - Lactation, Certification, Training](#)

Lactation Education Resources Certified Breastfeeding Specialist (CBS) Credential: [Lactation Education Resources - What Is Certification? \(lactationtraining.com\)](#)

CONTINUING EDUCATION

GOLD Learning: Online Continuing Education for Lactation Consultants

[Online Continuing Education for Lactation Professionals | IBCLCs, CLCs, CLEs. CERPs Online \(goldlearning.com\)](#)

“The following online presentations are accredited for Continuing Education Recognition Points (CERPs) and are applicable for recertification towards your International Board-Certified Lactation Consultants (IBCLC's), Certified Lactation Educator (CLE) & Certified Lactation Counselor (CLC) credentials.”

iLactation: Online breastfeeding conferences and continuing education for providers. <https://ilactation.com/>

United States Lactation Consultant Association: Continuing education and professional development. <https://uslca.org/>

GENERAL RESOURCES

Washington State Department of Health: Lactation, Breastfeeding and Chestfeeding
<https://doh.wa.gov/you-and-your-family/lactation>

American Academy of Pediatrics (AAP) policy revision “Breastfeeding and the Use of Human Milk”. Discusses the current statement updates the evidence for this conclusion and serves as a basis for AAP publications that detail breastfeeding management and infant nutrition.
<https://Pediatrics.Aappublications.Org/Content/129/3/E827>

Centers for Disease Control and Prevention (CDC): Breastfeeding

Topics include FAQ's, Data & Statistics, Guidelines & Recommendations, Breastfeeding & Special Circumstances, Resource Library, Recursos en Espanol, Health Equity and more.

<https://www.cdc.gov/breastfeeding/index.htm>

Le Leche League International: Breastfeeding Info A to Z (Colostrum, Special Needs, Transgender & Non-Binary Parents and much more) <https://www.llli.org/breastfeeding-info/>

HOSPITALS/CLINICS

Washington State Department of Health: Lactation and Infant Feeding-Friendly Environments (LIFE)

The LIFE program, formerly known as the Breastfeeding Friendly Washington program, recognizes and designates health care organizations that work to support, protect and promote lactation and follow maternity care practices that align with the World Health Organization's [Ten Steps to Successful Breastfeeding](#) and [Baby-Friendly USA](#). Hospitals, clinics, and midwife-owned birth centers across the state can apply to be recognized as LIFE accredited—Bronze, Silver, or Gold—depending on the steps they are taking to support breast/chestfeeding. The Breastfeeding Friendly Washington program was updated to increase clarity of what the program encompasses, to align with the 2021 Baby-Friendly USA program update, and to address disparities.

The Baby-Friendly Hospital Initiative: US website, with info and resources

<https://www.babyfriendlyusa.org/>

Stanford University Newborn Nursery resources which include multiple demonstration videos

<https://med.stanford.edu/newborns/professional-education/breastfeeding.html>

COMMUNITY ENGAGEMENT

Continuity of Care in Breastfeeding Support, Blueprint and Webinar Series, NACCHO

[Home - BreastfeedingCoC \(naccho.org\)](https://www.naccho.org/home-breastfeeding-co-c/)

Association Of State And Territorial Health Officials (ASTHO): Breastfeeding Equity Through Community Engagement <https://www.astho.org/education/fostering-breastfeeding-equity-through-community-engagement/>

TOOLKITS

United States Breastfeeding Committee (USBC). Includes a toolkit and links for the Joint Commission Perinatal Care Core Measure Set and includes Core Competencies for all health care professionals

<http://www.Usbreastfeeding.Org/>

The American College of Obstetricians and Gynecologists (ACOG) Breastfeeding Toolkit

<https://www.Acog.Org/About-ACOG/ACOG-Departments/Toolkits-For-Health-Care-Providers/Breastfeeding-Toolkit>

American Academy of Family Physicians(AAFP) Breastfeeding Support and Resources Toolkit

<https://www.aafp.org/family-physician/patient-care/prevention-wellness/birth-control-pregnancy-childbirth/breastfeeding/toolkit.html>

Note:

*Kitsap Public Health District lists the items above as a public service. **This should not be considered an exhaustive list** and the selection, omission, or content of items does not imply endorsement or other positions taken. No responsibility is accepted for the information contained in the linked sites or for the way the information is subsequently used.*

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