



ONE Wellness Center Procedures to Keep Everyone Safe June 12, 2020

ONE Wellness Center's primary objective is to reopen with the safety of each person entering our doors as the highest priority.

We will have new protocol as we open our doors that will require each of us to modify our normal routine. These new procedures follow NYSDOH (New York State Department of Health) and CDC (Centers for Disease Control and Prevention) guidelines.

- When you arrive for your appointment, we ask that you remain in your car until your practitioner is ready for you to come directly to the treatment room. (We will not be allowing people to wait in the waiting room until further notice.)
- Your practitioner will call you on your cell phone or meet you at the entrance door (if you don't have a phone), and then bring you upstairs or by elevator for your appointment. You will be asked these primary questions before you will be allowed to come into the Center for an appointment:
 1. Have you been out of the country in the last 14 days?
 2. Do you have any symptoms of COVID-19 at this time?
 3. Have you tested positive for COVID-19 in the past 14 days or have you taken a test for the virus within the last 3 days and are awaiting results?
 4. Have you knowingly had close contact with someone who has been confirmed or suspected positive for COVID-19 in the last 14 days?
- As an additional precaution, we will ask to take your temperature with a touchless thermometer to verify you are not feverish. If your temperature is 100° or above, your practitioner may wait a few minutes and retake it (if it is particularly hot outside). If it remains 100° or above, you will be asked to reschedule. This is to protect everyone coming into the Center as well as those who work here.
- We ask that everyone wear a mask in order to come into the building. We will have masks if you forget yours, but the supplies are limited so please bring your own.
- Shoes can either be removed at the door or we will supply "booties" to cover your shoes to minimize bringing in any contaminants on your footwear.
- Hand sanitizer is also available throughout the Center and in the common areas outside in the hallways. We will be cleaning the frequently touched areas of the elevator and stairways routinely.

We appreciate your understanding and cooperation with the new protocols being implemented. Your practitioner will review these new procedures with you when you make an appointment.

We value your trust and loyalty, and we look forward to welcoming you back soon!

Johanna Rae Woodside
ONE Wellness Center Owner