Consent to treatment with GLP-1 agonist medication

Human-based glucagon-like peptide-1 (GLP-1) receptor agonists (which include Semaglutide,Terzepatide, etc.) are prescribed along with a reduced calorie diet and increased physical activity for weight management in adults with an initial body mass index (BMI) that is considered outside a healthy range.

You should not take GLP-1 agonist medications if:

- You have a personal or family history of “Thyroid C-Cell Tumors”. More specifically, a personal or family history of:
    - Medullary thyroid carcinoma, MTC, (a specific, rare type of thyroid cancer)
    - Multiple Endocrine Neoplasia syndrome type 2
- You are pregnant or plan to become pregnant. GLP-1 medications may cause fetal harm. When pregnancy is recognized, discontinue GLP-1 medications. Discontinue at least 2 months before a planned pregnancy.
- You have a history of Pancreatitis or have a condition that may make Pancreatitis more likely to occur. Symptoms include severe abdominal pain, sometimes radiating to the back, nausea and vomiting. Discontinue promptly and seek urgent medical attention for any signs or symptoms. If acute pancreatitis is confirmed, do not restart GLP-1 medication.
- You have a history of gallbladder disease. While not an absolute “contra-indication” use is associated with an increased occurrence of cholelithiasis (gallstones) and cholecystitis (gallbladder inflammation).

- You have kidney disease or are on dialysis. There have been post-marketing reports of acute kidney injury and worsening of chronic kidney failure, which in some cases required hemodialysis, in patients treated with semaglutide.
- Patients with a history of diabetic retinopathy on GLP-1 medications should be monitored for progression of diabetic retinopathy by their ophthalmologist.

Drug Interactions

GLP-1 medication causes a delay of gastric emptying and may impact the absorption of other oral medications. Monitor the effects and report any concerning or adverse side effects to your Hometown Health Care provider.

Before using this medication, you agree that you will provide your complete medical history and a list of medications including over the counter vitamins and supplements you are currently taking to your clinician.

Side Effects

Mild side effects may occur including: nausea, diarrhea, vomiting, constipation, abdominal pain, headache, fatigue, dyspepsia, dizziness, abdominal distension, belching, burping, hypoglycemia, flatulence, gastroenteritis, and gastroesophageal reflux disease, nasopharyngitis (runny nose), and / or common injection site reactions characterized by itching, burning at site of administration with or without thickening of the skin(welting).

PLEASE NOTE THAT THIS IS NOT A COMPLETE LIST OF ALL POSSIBLE SIDE EFFECTS. OTHER SIDE EFFECTS MAY OCCUR. Report all adverse side effects to your Hometown Health Care provider.

In the event of any emergency, call 911 or go to the nearest emergency room immediately.

IF YOU HAVE ANY QUESTIONS AS TO THE RISKS OR HAZARDS OF THIS TREATMENT, OR ANY QUESTIONS CONCERNING THIS PROPOSED TREATMENT OR OTHER POSSIBLE TREATMENTS, ASK YOUR HOMETOWN HEALTH CARE BEFORE SIGNING THIS CONSENT

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Patient Name Date

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Patient Signature