

THE SWIMMIN' HOLE
SCHOOL YEAR PROGRAM 2017-2018

Lessons

Sep. Session Sept 5 - 11 until Oct. 9 - 16
Oct. Session Oct. 23 - 27 until Nov 20 - 22 AND Nov 30 and Dec 1
Dec. Session Session 1 Dec 4,6,8,11 & 13
 Session 2 Dec 5,7,12,14, & 15
Christmas Lessons Dec. 26 - Dec. 30
 Jan. 2 - 6 , 2018
Jan. Session Jan. 8 - 12 until Feb. 5 - 9
Feb. Session Feb 26 - Mar 2 until Mar. 26 - 30
Spring Break April 2 - 5
Apr. Session Apr 10 - 14 until May 8 - 12

Swimmers must be 36" tall to their CHIN in order to register for regular lessons. All regular lessons are 30 minutes and will be small groups. **Fee is \$75 per swimmer, per session.** See the information on levels to decide where your children should be.

Instructors --- For the Fall, Winter and Spring... Sheila, Abby, Beth, and Michelle will be teaching. We will be teaching on different days and times and different sessions. We will know (tentatively) the instructors for each session at the time of registration. We may also be using other instructors as needed.

THERE WILL BE NO HIGH SCHOOL LESSONS DURING THE SCHOOL YEAR.

Lesson times ----- 9 - 5:30 Mon - Fri. Lessons will be 30 minutes long unless otherwise shown. (preschool lessons are 15 minutes!) We may be offering evening lessons one day a week.

Policy on pre school private lessons ----- We have changed our thinking about pre school private lessons as we have had good success with the older two year olds and 3 yr olds. IF you choose this and your child is afraid or not willing to get in with us.....then you will be referred to parents and tots. **Fee is \$60 per swimmer , per session**

Parents and Tots ---- P&T will be offered two times a week in the fall, winter and spring on Mon. and Thurs. 10 - 10:45 am. We will do our best to fit your other pre school swimmers into lessons on either side of P&T. **The fee is \$40 per family per session.** If you choose to come to both sessions, there is a fee for each class. We will start them as early and young in age as you are brave enough to bring them! Newborns love the water!

BEST BANG FOR YOUR BUCK!

We will again be offering the double up this year for families who want their kids in twice a week. You will pay the \$75 fee for the first time slot and \$50 for the second time slot. These should not be back to back, but on two different days. This offer cannot be shared by siblings and will be based on availability. Preschool lessons will be \$60 for the first time slot and \$50 for the second time slot.

Merit Badge Prep --- This program is for boys 11 and over who need work on their swimming skills in order to pass off their scout requirements. It will run once a week on Monday from 6:15 - 7 pm pm. **Fee is \$75 and they will go until Christmas.**

We will offer it again in the new year.....same time, same price.

Merit Badge Learn to Swim is on Monday from 5 - 5:30 pm if needed. (fee is \$50 per session)

Swim Team Prep

See the separate information doc!

Special Needs Kids

This is a program for kids under the age of 16 who have a special need! Each swimmer will need a buddy to participate and we would like it to be a sibling, youth or other adult other than a parent! We can attempt to provide buddies for some of the kids if you let us know. Buddies need to be able to swim in the deep end and manage with the other swimmer. Here are your choices:

Mon. 5:30 - 6:15

Thurs. 5:30 - 6:00 pm

We will limit the number of kids in each group. This program is free!

NOTE: Last year we had very few kids in each group so they were combined into the Monday group.

Discover Scuba ----- Mountain West Scuba provides this program for us. This is a great parent child class! Kids must be at least 8 yrs. old to participate. **Fee is \$20 per person** and all equipment is provided. You will learn how to set up your gear, make sure it fits, how to make yourself go up and down, and spend lots of time exploring the pool in the equipment. This is the quietest class we offer.....everyone is under water! Fun birthday party idea for older kids. Great introduction to the sport. If you have a group that would like to do it.....we can also arrange a private time for you. Program is 2 hours long. You need to request this program and then we will set up a day and time.

Adult swim lessons

I have had a lot of requests for adult swim lessons. Sheila will be offering a group lesson beginning in the 2nd session (October) May be available with another instructor 1st session.

Day time on Thursday from noon - 1 pm

Evening on Thursday from 7 - 8 pm

Lessons will be **\$100 per person per session** . The group will have no more than 5 in it. I will do two groups in the Fall and then decide for winter and spring. The lesson portion will be about 30 - 40 minutes with time scheduled for practice. No other groups will be in the water during the lessons.

Dates: (subject to change)

Session 1 (pending and instructor) Sept. 7,14,21,28 (afternoon and evening)

Session 2 - Oct. 26, Nov 2.9 and 16 (afternoon and evening)

Note: We can set up a class one morning a week on Weds or Fri. in the fall....upon request.