



Women of Nassau

1997 Sadler Road #15207, Fernandina Beach, FL 32035
womenofnassau@gmail.com ~ womenofnassau.org

July 2023 Newsletter

Letter from Our President

Dear *Women of Nassau*:

Our June Luncheon was a great success, thanks to all our members! Our presenter was Shae Vela from the Veterans Affairs Office. We learned a lot about veterans' issues and concerns. Ms. Vela has offered her contact information if you have additional questions. You can contact her via email at Shea.Vela@va.gov.

The collection for FIT was an amazing success! Members collected a great variety of needed items (see list below in newsletter), much needed cash AND several people volunteered their time in the clothes closet. FIT is always looking for donations and volunteers.

We have many activities coming up! I hope you can find time to join us for these events. Read on for full descriptions in the News and Articles section: Beyond King Tut in July, Fiddler on the Roof at the Alhambra in September, and the AIGS Annual Cemetery Tour in October, to name a few.

Remember our Welcome Coffees are scheduled each month on the last Wednesday at 10 am at Story and Song. Come and join us for coffee and bring a friend! Let others know this is the perfect opportunity to find out more about our wonderful organization.

Thank you all for your continued support of WON!

NEWSLETTER TABLE OF CONTENTS

President's Letter	Page 1
Monthly WON Luncheon	Page 1
News and Article	Page 2-3
Monthly Activities	Page 4-6
Membership Information	Page 7
Business Meeting Minutes	Page 8
Monthly Calendar	Page 9

July WON Luncheon

Date Thursday July 20
Time 11:30 a.m.
Location Amelia National Clubhouse
Cost \$32 per person
Maximum 70 (first come first serve)
RSVP Required
Deadline **Sunday July 16**
 Reservation, Payment and Entree Selection deadline

Program *Emily Floore, St Mary's Riverkeeper*

Salad

Caesar Salad With Parmesan Crisp & Rosemary Herb Focaccia Crouton

Entrée

Individual Eggplant Parmigiana & Tomato Ragu, With A Choice Of Grilled Shrimp, Chicken Breast Or Vegetables

Dessert (Plated)

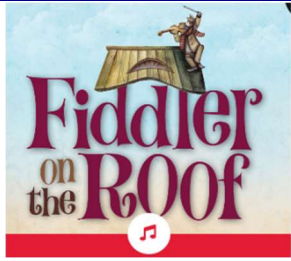
Turtle Cheesecake, Chocolate Pralines, & Hazelnut Crème Anglaise

You can make your reservations on the WON website <https://womenofnassau.org/luncheons> by using the cart and payment options. If you need to make different payment arrangements, please contact the WON Treasurer at wontreasurer@gmail.com.

Any questions on this process please let us know. You can add one or many reservations to the cart and pay all at once. Be sure to check it out! We look forward to seeing you at the luncheon and don't forget your name badge!



July News and Articles



Alhambra Theater

The Alhambra Dinner Theater in Jax will be presenting Fiddler on the Roof! This classic musical is set in the Pale of Settlement in Russia in 1905. The music is outstanding, and the food is always exceptional!

WON will attend on Sunday, September 17th. Lunch served at 12 noon with the Play beginning at 1:50 pm. Seats are still available. Purchase your tickets now at www.alhambrajax.com.

Please email Dawn at wonpresident@gmail.com if you plan to attend.

WON Tee Shirts

WON now has a team T-Shirt! It is a beautiful short sleeve, royal blue with silver logo. The cost is \$15 per shirt. This T-Shirt would be great to wear while attending WON activities, events, and especially while volunteering!

This eye-catching shirt will help WON be recognized in our community. Purchase on the website at <https://womenofnassau.org/shopping-cart/ols/products/won-shirt>.



National Geographic "Beyond King Tut"

Our group is planning a visit to this exhibit which is coming to Jacksonville June through September. Beyond King Tut: The Immersive Experience is a cinematic immersive exhibition that takes guests on a journey to one of the greatest archaeological discoveries of all time. Journey to modern-day Egypt and see wonders of the ancient world like the Temple at Karnak and the Great Sphinx. Experience ancient history come to life and gaze at the Egyptian sun as it rises above the Pyramids of Giza, filling the sky with vivid color.

Groups of 8 or more receive a substantial discount. We currently have 8 folks signed up to attend. If you are interested, please sign the King Tut sign-up sheet at the July Luncheon and circle your preferred month. More information on the exhibit can be found at <https://beyondkingtut.com/city/jacksonville>.



Jacksonville Symphony Series: The Coffee Series

Joyce Ellenson has volunteered to head up our group for The Coffee Series that will begin in the fall with the Jacksonville Symphony. They will be offering a Coffee Series with 1-hour performances on Friday beginning at 11 am. Mix and mingle with your favorite warm beverage and even more stirring music in the Coffee Series. Feel energized with excitement by hearing a wide variety of performances from each series like The Paul Simon Songbook, Holiday Pops, and featured classical concerts as they illuminate the stage in the daytime. The dates for next year are to be determined and we would love to start a group to attend this fun event. If someone would like to head up this activity, please let Joyce know if you are interested. She can be reached at iloveapiano@hotmail.com.

July News and Articles



Gathering Information for a Cruise!

Are you interested in going on a cruise? Great news! WON members are planning our first cruise event! Our next meeting will be Friday, August 4th at 10 am at Panera in Yulee. If you are interested in going on a cruise, please plan to attend the meeting and bring with you an itinerary for a place you would like to go. We plan to vote at this meeting. We are planning a cruise for 2024. Questions? Please email wonpresident@gmail.com.



Annual Cemetery Tour Starts This Year

The Amelia Island Genealogy Society and the Amelia Island Museum of History have joined forces to begin the Annual Cemetery Tours of Amelia Island Program. These engaging and informative tours will begin this fall with the inaugural tour scheduled for October 24, 2023. Once the times are finalized, we will share this information with the group. There is a sign-up sheet at the luncheon. If you miss the luncheon, please let Celia (cegrav@yahoo.com) know if you would like to be a part of this new and exciting activity for Amelia Island.

Savannah Trip

The Savannah trip is planned for October 3, 4, and 5. An email was sent out June 25th to all those that signed up. If you didn't receive the email, please contact Celia at cegrav@yahoo.com.



(not pictured Marie Larson)

June Luncheon

At the June 15, 2023 Luncheon, several of our members generously donated items to be distributed to school aged children (K-12) who are registered in the "Families in Transition" program. This program offers clothing, shoes, toiletries and week-end boxes of healthy foods for children who are without a permanent home.

We salute all of you who have opened your hearts to donate items and/or volunteer hours for this charity, one of the top four selected by WON.

- \$150 cash, check, gift cards
- 30 pack toilet paper
- Adult backpack for high schooler
- Women's 14 pack underwear, hipster briefs
- 4 Women's brand name hoodies
- 4 packs women's trouser socks
- 4 women's socks, 2 packs athletic socks
- Women's adidas tennis shoes
- Hair accessories, hair ties, shampoo, soap
- Girls socks, hoodie, underwear, 6 sports bras, boxers
- Men's socks, 6 pack underwear
- Mens T-shirts, boxers and briefs
- Men's socks and boxers
- Childs slippers
- Girl's 8-10
- Girls Navy blazer
- Earbuds
- Variety of toiletries, 5 dozen toothbrushes hair brushes
- Adult socks
- Handbag, scarves
- 2 pr bluejeans (women)
- Sweatshirt

July Monthly Activities

Please be sure to always check our website at www.womenofnassau.org for additional news and updates.



WON Welcome Coffee - NEW DATE

Our next Welcome Coffee will be at Story and Song on Monday, July 17th from 10:00 am – 11:30 am.

PETANQUE

Let's Play! The WON Petanque Group meets on the 3rd Wednesday of the month at 9:00 AM at the North Hampton Petanque courts behind the swimming pool. Come and enjoy a fun outdoor activity.

We have a few practice balls to try, but we encourage you to purchase your boules from Petanque America at www.petanqueamerica.com.

You are also encouraged to play on Saturdays at 9:30 at Central Park with the Amelia Island Boules Club (AIBC). It is a great way to learn to play Petanque and meet new friends.

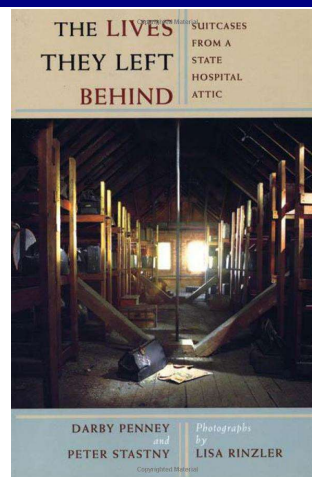
If you have questions, send Lee Ann Shobe an email at jimlee.shobe@gmail.com or give her a call at 970-589-4241. Remember, this is a great sport to enjoy with your spouse or significant other.

Date	Wednesday July 19
Time	9 a.m.
Location	North Hampton Petanque Courts
Questions	Lee Ann, 970-589-4241 or email jimlee.shobe@gmail.com

DEFEND AND PROTECT

This group is active again and currently members are attending "A Girl and A Gun" classes. The classes are discussion then practice and are held on the 2nd and 4th Thursday beginning at 5:30 pm. Classes are held at the 2nd Amendment Guns and Range in Yulee.

Date	Thursday July 13 and 27
Time	5:30 p.m..
Location	2 nd Amendment Guns and Range 85076 Commercial Park Drive, Yulee
RSVP:	Ellen Shedd eshedd0405@gmail.com



BETWEEN THE LINES

The Between the Lines Book Club meets the 2nd Thursday of every month from 10:00-11:30. This month we will meet at Fernandina Beach Library.

If you are interested in joining, please email Trish Caballero, tcab9@hotmail.com.

Book	The Lives They Left Behind: Suitcases from a State Hospital Attic
Author	Darby Penney & Peter Stastny
Date	Thursday July 13
Time	10 a.m. to 11:30 a.m.
Location	Fernandina Beach Library



CUISINE AND CONVERSATION

Cuisine and Conversation will be meeting on Tuesday, July 11 at the Crab Trap. Please be there by 12:30 to be seated. RSVP to Debbie Grove if you plan to attend the monthly activity.

Date	Tuesday, July 11
Time	12:20 p.m.
Location	The Crab Trap
RSVP:	Debbie, samdeb@bellsouth.net

July Monthly Activities

Please be sure to always check our website at www.womenofnassau.org for additional news and updates.

COCKTAILS AND CANASTA

For July our group will be meeting at the **Amelia Walk Amenity Center** while the North Hampton Amenity Center undergoes renovations, so we have transitioned our group to Amelia Walk. We will still meet on the 2nd and 4th Friday evenings. We gather around 6 pm to share goodies and enjoy social time. Around 7 pm we begin to play cards. We play both canasta and pennies. If you would like to attend, please contact Celia for more information.

Date	Friday July 14 and 28
Time	6 p.m. Cocktails; 7 p.m. Cards
Location	Amelia Walk Amenity Center
Maximum	30 (for now)
RSVP	Celia, cegrav@yahoo.com (352) 316-2485



BUNCO

The WON Bunco group meets monthly on the 2nd Tuesday at 7:00 pm in the Amelia Walk Amenity Center. Currently we have a full roster of 16 regular players, but if you are interested in becoming a substitute player, please email Lynda Watson at Lyndanamelia@gmail.com or text (850) 228-1358. Regular players: If you cannot make it for any game, please email me to let me know, so that I can arrange for a sub for you. Arranging for a sub in case you cannot play is very important, as it is more difficult to play with less than four players at each table. You can contact me as late as Tuesday afternoon. Don't forget to bring a snack to share, a beverage of a choice for yourself and \$5 for the prize pot.

Date	Tuesday July 11
Time	7:00 p.m.
Location	Amelia Walk Amenity Center
RSVP:	Lynda Watson lyndanamelia@gmail.com



PENNIES CANASTA

Please join us for an afternoon of fun while we play Pennies. Pennies is a form of canasta. If you don't know how to play, we will happily teach you.

We meet every Tuesday at 1:00 p.m. at the Amelia National Clubhouse. Several of us have lunch before cards beginning around 11:30. Lunch reservations are a required. Since Pennies is played with a partner let me know who will be in attendance every week. I also need to provide the guard at Amelia National with your name so you can have entrance into the community. **RSVP required weekly.**

Date	Tuesday July 11, 18, 25
Time	1 p.m.
Location	Amelia National Clubhouse
RSVP	Ann, 913- 638-9247; annknickrehm@gmail.com



CHEAP THRILLS

The Cheap Thrills game group meets the 1st and 3rd Wednesdays of each month. We play different games depending on the amount of people who come and what everyone likes to play. It's all about FUN!

Date	Wednesday July 5 and 19
Time	1 p.m. to 3 p.m
Location	Amelia Walk Amenity Center
RSVP:	Donna @ donnac@verizon.net or Laurie @ laurielaiken@outlook.com

July Monthly Activities

Please be sure to always check our website at www.womenofnassau.org for additional news and updates.

MAH-JONGG

Mah-Jongg continues with play open to all levels on Thursdays at the Amelia Walk Amenity Center. We continue to encourage players of all levels to join and have several experienced players who are teaching beginners. We have four tables available (16 players) so there is always room for new players!

You do not have to own a Mah-Jongg set to play, but please bring your 2023 National Mah-Jongg League card. If you don't have the 2023 card you can purchase it at www.nationalmahjonggleague.org.

Date	Thursday July 6, 13, 20, 27
Time	10 a.m. to noon
Location	Amelia Walk Amenity Center
RSVP:	Shannon Byrd, call or text, 585-748-4522



BOWLING BEAUTIES

This summer our group has decided to bowl through the summer. We enjoy the advantage of an air-conditioned place to exercise so want to use it. We hope others who may find summer a less than ideal time to get out to exercise will join us for fun. We meet on the 2nd and 4th Monday. If you would like to join, please reach out to Sandy via email before planning to attend that day.

Date	Monday July 10 and 24
Time	10:15 a.m.
Location	Yulee Bowling 850822 Hwy 17, Yulee
RSVP:	Sandy, taylor32034@gmail.com



SUNSHINE CORNER

No cards were sent out by the Sunshine Corner to members in June.

If you know a member who is sick, had a death in the family or just needs a little encouragement, please notify a board member or email Judy at judymahan23@yahoo.com so a member of the Sunshine Team can send a card.



CHICK FLICKS

This group is open to all who enjoy a good movie, which will be chosen each month by a vote from all chicks. Many also choose to enjoy lunch before the movie or dinner after, depending on the start time of the movie.

Date	Tuesday July 25
Time	Movie and Time to follow
Location	AMC CLASSIC Yulee 10 96012 Lofton Square Ct, Yulee
RSVP:	Joy Kemp, joykemp@earthlink.net

Membership Information

MEMBERSHIP APPLICATION

The membership application has been updated on the Women of Nassau website <https://womenofnassau.org> and can now be completed and submitted on-line. Payment of dues can be completed via PayPal using the online functionality. As a reminder, anyone joining the last quarter of the current year pays only \$10 for their membership for the current year.

Welcome
to our
New Members

Loree Siebert
Vicki Gibson



July Birthday Celebrations

Below is a list of club members celebrating birthday's this month. We hope you each have a wonderful birthday. It is a special day for us all! Happy Birthday from your friends at Women of Nassau!

Joy Kemp – July 1
Barbara Quinn – July 6
Alexandra Endsley – July 8
Pat Berg – July 17
Judy Mahan – July 23

Ann Marie Buchanan – July 3
Marcela Bowler – July 7
Cary Cardamone – July 11
Jennifer Strange – July 18
Karen Cipriani – July 28

Women of Nassau Business Meeting Minutes

WOMEN OF NASSAU - BUSINESS MEETING MINUTES

6/15/23 – Amelia National Clubhouse

Attending: 33 members + 3 guests

President Dawn Bostwick called the meeting to order at 11:34 am. She welcomed two new members, Vicki Gibson and Laurie Seibert and 2 members with birthdays this month, Celia Gravely and Marilyn Hettich.

Dawn called for approval of May's minutes; motion for approval was made by Joy Kemp and seconded by Paula Suite. Membership approved the motion.

Announcements:

Our Social Media Committee needs help. Anyone who has an interest in helping with this would be greatly appreciated.

Our membership is being requested to complete a survey from the Nassau County Health Department. They are examining every aspect of community life and its impact on health. Your views matter and would be very helpful to them. (There is a drawing for an i-pad giveaway if you sign up for the survey). Click on this address:

https://www.surveymonkey.com/r/Nassau_County_CHA to complete the survey.

- The WON T-shirts should be ready for pick up at next month's meeting and if you missed out on ordering one, you can still sign up or order through the website.
- Cruise news: Six members are interested in a cruise and will meet again the first week of August to try to decide on the destination and date for 2024. Anyone interested should contact Dawn for more information.

Activities:

- Sign-up if you are interested in a trip to Jacksonville for "Beyond Tut", which has opened. Contact Celia Gravely for more information.
- Alhambra Theatre Matinee trip to see "Fiddler on the Roof", with lunch is scheduled for September 17, 2023 at noon. Reserve your seats on the Alhambra website (or call the theatre) now if you wish to go. There is a sign-up sheet at today's meeting also.
- "Empty Bowls" painting party at the Makery is scheduled for June 29, 2023. A sign-up sheet is on display and WON would love to have 30 people sign up and fill the room.
- A "Cemetery Tour" has been scheduled for October 23, 2023 by the Amelia Island Genealogical Society. This is a very tastefully done tour which gives a lot of history about the area. For those interested there is a sign-up sheet in the hall

Treasurer's Report

Laurie Laiken was unavailable today for the treasurer's report, however three days prior at the Board meeting she reported the savings account had a balance of \$103.15 and the checking account balance was \$9,082.85.

- Today's 50/50 winner of \$75 was Debbie Pauline.

Luncheon Program:

"Shea Vela, Community Engagement Partnership Coordinator, Mental Health Service Line, US Department of Veterans Affairs, spoke about the Veterans Crisis Line and volunteer opportunities. She stated that June 12, 2023 was the 75th anniversary of Women being formally recognized as members of the Military! Approximately 4% of the Nassau County population are Veterans. Her presentation showed us the value of the Suicide Prevention Program established for Veterans to reduce isolation and confront the issue and discussed the importance of Veterans being registered with their local VA branch. An interesting discussion continued with many members asking questions.

Dawn welcomed a guest, Wendy Geddicks, who joined the group today specifically to hear the speaker and Dawn encouraged her to join WON.

Adjournment: Celia Gravely made a motion to adjourn the meeting at 1:02 pm, seconded by Paula Suite and the motion carried.

Respectfully submitted,

Nancy Gallimore, Recording Secretary

Women of Nassau - July 2023 Monthly Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	JULY 4TH  INDEPENDENCE DAY	5	6	7	8
			Cheap Thrills 1:00 – 3:00 PM Amelia Walk Amenity Ctr	Mah-Jongg 10:00 AM Amelia Walk Amenity Center		
9	10	11	12	13	14	15
	Bowling Beauties 10:15 AM Yulee Bowling Center	Cuisine & Conversation 12:30 PM Crab Trap Amelia Island Pennies Canasta 1:00 – 4:00 PM Amelia National Clubhouse BUNCO 7:00 PM Amelia Walk Amenity Ctr		Mah-Jongg 10:00 AM Amelia Walk Amenity Ctr Between The Lines 10:00 - 11:30 AM Fernandina Beach Library Defend and Protect 5:30 pm 2 nd Amendment Guns & Range	Cocktails and Canasta 6:00 PM Amelia Walk Amenity Ctr	
16	17	18	19	20	21	22
<i>WON</i> Luncheon Payment, Reservation and Entrée Selection Deadline	<i>WON</i> Welcome Coffee 10:00-11:30 AM Story and Song FB	Pennies Canasta 1:00 – 4:00 PM Amelia National Clubhouse	Petanque 9:00 AM North Hampton Courts Cheap Thrills 1:00 – 3:00 PM Amelia Walk Amenity Ctr	Mah-Jongg 10:00 AM Amelia Walk Amenity Center <i>WON</i> Luncheon 11:30 AM Amelia National Clubhouse		
23	24	25	26	27	28	29
	Bowling Beauties 10:15 AM Yulee Bowling Center	Pennies Canasta 1:00 – 4:00 PM Amelia National Clubhouse Chick Flicks AMC Classic Yulee		Mah-Jongg 10:00 AM Amelia Walk Amenity Center Defend and Protect 5:30 pm 2 nd Amendment Guns & Range	Cocktails and Canasta 6:00 PM Amelia Walk Amenity Ctr	
30	31					