To: [complaints.sppg@hscni.net](mailto:complaints.sppg@hscni.net); [complaints@health-ni.gov.uk](mailto:complaints@health-ni.gov.uk); private.office@health-ni.gov.uk

CC: [Committee.Health@niassembly.gov.uk](mailto:Committee.Health@niassembly.gov.uk)

Insert your name & home address:

XXXX

To whom it may concern,

I am writing to you to lodge a formal complaint regarding the treatment I have received regarding ADHD. I ask the Minister for urgent help.

ADHD is widely misunderstood, insufficient resources exist to meet the needs of those affected across NI. Those with ADHD are marginalised, stigmatised & often lack necessary supports to overcome disadvantage/hardships. This is a manageable condition & associated negative outcomes can be avoided.

My experience has been XXX

Delete if not relevant:

I am now without medication & unable to access a consultant. This has had major impacts on my daily functioning, home & work life; without medication I have seen a steep decline in my mental health & wellbeing.

We need access to early assessment, timely diagnosis, access to medication & reviews, as well as suitable post-diagnostic support.

People are being forced to pay privately for services that should be provided by their Trust. We feel there is a lack of priority, support & care given to NIs ADHD community by all HSCTs & the DoH. This is diabolical & very unfair. The complete lack of empathy for those with ADHD is horrendous; we are being told we are queue jumping services that do not exist or have to sit on 10 year waiting lists. I ask the minister to consider how this fits with HSCNI & DOH values of “openness/honesty, compassion, working together and excellence”.

We have been advised research is due to be conducted shortly to determine the level of need for ADHD services in NI. The Department of Health stated, “any decision to commission ADHD services in the future will be based on an assessment of the level of demand for services”. Please accept this letter as evidence of the dire level of need and demand for ADHD services for me, my family and others in similar situations.

I again ask the Minister for his urgent support in this dire situation and consider timely and interim resolutions for those who need help now.

I look forward to hearing from you in due course.

Yours Faithfully,

XXX