



Southern Capes Motorcycle Club

PRACTICE, DRUG, AND NO HASSLE POLICIES

This document is the practice policy for the Southern Capes Motorcycle Club. This document lists rules and regulations to be followed by both, the Southern Capes Motorcycle Club's committee and the members / riders utilising the facility. The club's current position is that it is an affiliated MWA club. The club and its members are covered by MWA insurance policy. It covers personal accident insurance for competitors, officials, volunteers and others, and also the first \$2million of risk in a \$50 million public liability program. This cover is triggered when an event or practice permit is issued to the club by MWA.

In order for this cover to be automatic, MWA has put together a list of requirements which clubs need to work within for free practice sessions. These requirements are as follows:

The Southern Capes Motorcycle Clubs rules and obligations

- The club will abide by all MA and MWA rules and regulations.
- The club will ensure the track is compliant with their track licence rules set by MWA
- The club will ensure, where possible, the track is safe and rideable for members and in cases where the track is not safe the venue will be closed until problem or hazard is rectified and track deemed safe again.
- The club will ensure all practice permits are applied for and approved before allowing practice to occur.
- The club will ensure the approved permits as well as emergency contact details are correctly displayed in the sign up shed.
- The club will ensure the track is closed when all maintenance is being carried out on the track.
- The club will ensure they provide a safe and healthy environment for all members.
- The club will comply with their risk management and environmental management plans.
- The club will ensure that track keys are only given to members that have a valid practice supervisor/officials licence

Members rules and obligations

- Members are to follow all rules set out by Southern Capes Motorcycle Club, MWA and MA
- Members are to, under a Duty of Care, immediately inform all riders, practice supervisors/officials and other members of any hazards or problem areas on the track which they deem to be unsafe. Once everybody present has been informed, member is to immediately contact the President and inform him/her. If the President is unavailable, inform the Vice-President.

Practice rules are as follows:

- 1 While supervising, each supervisor signed on is responsible for the proper conduct of all activity on the venue and race track, not just the rider they have arrived with. This includes the proper conduct of other riders, parents, rider crew, supervisors and anyone in the confines of the venue.
- 2 1 Practice Supervisor is required for every 5 riders on the track at one time. 10 or more riders on the track simultaneously, also requires 1 First Aider trained to the minimum standard of – "**Apply First Aid**" code # HLTF311A or the equivalent accreditation.

- 3 Machinery and equipment will be in good condition before each time while it is used while riding at the Southern Capes Motorcycle Club – Please see next page for rules regarding machines and equipment
- 4 All riders must have a valid MWA license.
- 5 It is your responsibility to lock the gate behind you IMMEDIATELY after entry and exit to the track.
- 6 It is a privilege for members to have access to the track for practice.
- 7 DO NOT let anybody into the track for practice that is not a current member of the Southern Capes Motorcycle Club and do not let anybody into the track to practice (including Southern Capes Motorcycle Club members) that do not have a valid MWA licence or have not signed on.
- 8 ALL riders and Practice Supervisors must sign on immediately upon entering the Property. The sign on books are located in the machine examiners shed.
- 9 You MUST have a NON-RIDING Practice Supervisor in attendance with you whilst you are on the track.
- 10 First lap to be a slow lap to check for changes in track conditions and if any such lap indicates that the track shall not be ridden on, then under the Duty of Care, do not ride on the track and you must inform others at the track of the condition of the track and take steps to rectify the condition.
- 11 Juniors and Seniors must not ride together.
Junior grades must be separated as seen fit by the officials on the day, depending on numbers and skill level eg. 50cc bikes must practice on their own, 65cc bikes must practice on their own. 85cc big and small wheel can practice together. 125cc and 250cc bikes can practice together.
- 12 1 directional riding (anti clockwise) no cutting track unless bike is being wheeled.
- 13 No riding outside designated track area.
- 14 When driving vehicles within the confines of the club's premises, speed limit 20km/h
- 15 No more than 32 riders should be on track at one given time.
- 16 Practice is to be treated as such and all due care should be taken not to endanger one's self or others that may be practicing at same time
- 17 Practice Supervisors and riders must sign off before leaving the track
- 18 Members in possession of a track key are not to lend the key out to anyone.
- 19 Members are required to hold current Ambulance cover for the duration of their membership.
- 20 All key holders should be required to have a minimum of Practice Supervisor Accreditation, and proof to be provided to club as above before key can be purchased.
- 21 Breaches of rules will be deemed as a criminal offence and met with termination of membership and key removal, police to be notified if necessary.
- 22 In the event of a Death, contact Immediately, Police 000, Rick Gill MWA 0408 931 079 and the President or Vice President on the numbers provided in sign on area.

MACHINE AND EQUIPMENT RULES

All machines used at the Southern Capes Motorcycle Club track shall at all times comply with the minimum requirements of the MA General Competition Rules (GCR's). These rules are as below and provided as a minimum. Please refer to the current GCR's available at ma.org.au.

- Handle bars to be no bigger than stated in the MA GCR's and are to be plugged at each end
- All tyre and wheels to be in good condition and should not have loose or broken spokes, wheel bearings or mounting implements.
- All bearings including but not limited to steering head, swing arm and suspension components will be in good condition
- All levers will comply to requirements in the GCR's and be fitted with ball ends.
- Chains and sprockets will be in good order to limit the chance of a failure in this area.
- All retaining devices will be tensioned to manufacturers specifications
- Front and rear brakes to operate efficiently
- No member may ride at Southern Capes Motorcycle Club without wearing the appropriate riding equipment

- Approved and correctly fitting helmet which complies with AS1698 or other international standard as per GCR's
- Trousers of leather or synthetic material of similar fibre and must be of a non-combustible material
- Jersey of a close knit fabric or natural or synthetic fibre and must be a snug fit and provide protection against abrasion to the body and arms
- Footwear which must be of recognised motocross type
- Spectacles and goggles may be worn provided they are made of a non-shattering material (metal or Perspex's face shields are not to be used) eye shades and peaks are to be of a flexible material.
- Gloves
- Goggles

IN ADDITION

Juniors must wear commercially manufactured body armour. They may use synthetic or rubber boots where their boot size is smaller than size one.

ALL PROTECTIVE EQUIPMENT MUST BE OF A CLOSE FITTING NATURE AND MAY NOT BE ALLOWED TO FLAP OR TO BE WORN LOOSE. ALL SAFETY RULES AS STATED IN (MA GCR'S) ARE TO BE ADHERED TO.

DRUG AND ALCOHOL POLICY

SCMC condemns the use of performance enhancing and judgement impairing drugs and doping practices in sport. The use of these drugs and doping practices is contrary to the ethics of sport and potentially harmful to health. SCMC will fully support MA's anti doping policy as stated in the GCR's and any subsequent changes that may take place. A copy of GCR's is available for download from the Motorcycling Australia website and a hard copy will be available to be studied at the SCMC clubrooms.

NO HASSLE POLICY

Any member or person associated with the member shall conduct himself/herself in an orderly manner. A member shall be responsible for his/her own conduct and for that any person whom they are associated. Anyone who abuses or threatens verbally or physically any official, member or any other person present at the event shall be deemed in breach of this rule and will be dealt with according to MA GCR's