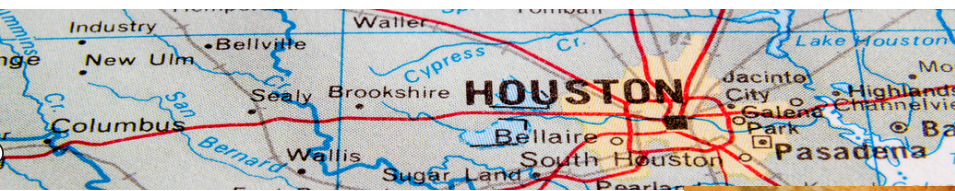




Accessibility



ZIBORA G.
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21 July 2024

Voting in the upcoming elections is crucial. Many have been distracted by the current president's appearance, forgetting that running this country involves more than just one person. In any leadership role, a team provides support, guidance, and ensures the leader is knowledgeable and strong in areas outside their typical comfort zone. The Democrats' challenge to the president to step down, despite being just as old, is outrageous and makes blood boil.

Black women have played an impactful role in ensuring progress and securing democracy for generations. From Sojourner Truth, who advocated for women's voting rights, to Shirley Chisholm, the first African American woman in Congress and the first woman of any race to seek a major party's nomination for president. Ruby Bridges, the first child to desegregate a school in the South, and Ketanji Brown Jackson, the first African American woman elected to the Supreme Court, also come to mind.

Today, the uproar over the president's age, capability, and capacity to lead serves as a deflection. This concern may stem from an unspoken truth that some feel this country does not want a "Black Woman" as president. The fear and bigotry linked to Kamala Harris potentially assuming the presidency if President Biden becomes unable to serve has led some to consider voting for former President Trump. His actions, including the January 6th insurrection and rolling back decades of progress, threaten to undermine the future of minority communities, the education system, social services, and more.

Vice President Harris has faced unprecedented disregard and disrespect despite being highly qualified. With a background as a district attorney, attorney general, state senator, and now vice president, she is educated, culturally aware, and committed to fighting against potential fascist threats. Her loyalty, commitment, and clear messaging on the president's strengths, even as others turn against him, highlight her character and dedication to marginalized communities.

Unrealistic expectations are often placed on the Vice President. It's essential to understand the responsibilities of a VP and whether other VPs have been held to the same standards. Can democracy afford to gamble by placing President Trump back in office? After witnessing the actions of the Supreme Court over the past year, the Biden-Harris ticket represents a vote for DEMOCRACY. This election is about life or death, women's rights, disabled rights, religious freedoms, the legacy of those who fought for current rights, and the future rights of generations to come.



Recipe of the Week Southern Election Day Cornbread

During election season, it's traditional in many Southern homes to prepare a dish that symbolizes unity and community. Cornbread, a staple in Southern cuisine, is often made as families and friends gather to discuss and celebrate their civic duties.

Ingredients:

- 1 cup cornmeal
- 1 cup all-purpose flour
- 1/4 cup sugar
- 1 tablespoon baking powder
- 1/2 teaspoon salt
- 1 cup buttermilk
- 2 large eggs
- 1/4 cup melted butter
- 1/4 cup vegetable oil

Instructions:

- Preheat the oven to 400°F (200°C). Grease a 9-inch cast iron skillet or baking dish.
- In a large bowl, whisk together the cornmeal, flour, sugar, baking powder, and salt.
- In a separate bowl, combine the buttermilk, eggs, melted butter, and vegetable oil.
- Pour the wet ingredients into the dry ingredients and stir until just combined. Do not overmix.
- Pour the batter into the prepared skillet or baking dish.
- Bake for 20-25 minutes, or until the top is golden brown and a toothpick inserted into the center comes out clean.
- Let the cornbread cool slightly before slicing and serving.

Enjoy this Southern Election Day Cornbread as a reminder of the importance of community and participation in the democratic process.

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