



**MAJOR  
CHANGE**  
YOUTH AND ADULT SUPPORT SERVICES

# COMMUNITY PROGRAMS



Community Programs and Services span across various sectors, including nonprofit organizations, community service groups, government agencies, and corporate social responsibility initiatives, offering a wide range of support to those in need.

## Key components of our Support Services include:

- ✓ Mental Health Services
  - Individual & Group Therapy (LPCC)
  - Peer Support Services
  - Case Management
- ✓ Arts-Based Peer Support Groups
- ✓ Youth Mentorship & Empowerment Programs
- ✓ The Creative Careers Project
- ✓ Parent and Family Resilience Support
- ✓ Substance Use Prevention & Wellness Education
- ✓ Recovery Support & Peer Counseling

**Contact Us**



+760-652-3030



[www.majorchange.ca.org](http://www.majorchange.ca.org)