

SWKKF KARATE WORKSHOP

Instructor's Clinic

January 26 & 27, 2019

Silver Springs Community Centre – 5720 Silver Ridge Drive NW,
Calgary AB

Hosted By: Dynamic Karate Assoc. of Alberta

Directed by Sensei Ron Mattie, 8th Dan, Chief Instructor for the S.W.K.K.F.

Brown and Black Belts:

Saturday 9:00 AM - 12:00 PM

Saturday 12:30 PM - 4:00 PM

Sunday 9:00 AM - 12:00 PM

Objective: To improve your performance and teaching skills

Cost: \$100 for Saturday and Sunday



Kyu Belts: (Kids & Adults)

Saturday 1:00 PM - 3:00 PM

Objective: To improve your knowledge and performance of the basics, fine tuning of kata and develop a perfect pinan kata

Cost: \$10.00 afternoon session



To All Instructors and Black Belts:

Sensei Shintani was a brilliant man. When Sensei Shintani found weaknesses in a student, he developed techniques that would strengthen the weak areas, both physically and mentally. He passed on his teaching skills directly to many of his students, me included.

As the Chief Instructor for the Shintani Wado Kai Karate Federation, not only did I have the privilege to study under Sensei Shintani for many years, but also, I have worked under many high ranking instructors from different martial arts. I am pleased to be able to conduct these special clinics for our Instructors and the black & brown belts in their areas. The objective of these clinics is to enhance the curriculum of our instructors and to keep consistency within the organization. It is also an opportunity for the higher ranks and Senate Members of the areas where these workshops will be conducted, to assist in the teaching and development of the participants.

This course is an example of teaching based on the accumulated knowledge of various instructors. Group critiquing is an excellent way to improve and perfect your student's teaching abilities. Help yourself and your students become more effective in their karate and everyday life.

In Shintani Sensei's spirit;

Sensei Ron Mattie
8th Dan S.W.K.K.F.
8th Dan W.T.K.A.
5th Dan Iaido
2nd dan Kendo

AGENDA

Saturday Morning:

The agenda will start with an intense workshop on Saturday morning, for Black & Brown Belts only. This time is a **must**. You will be utilizing and developing the tools you receive for the following sessions. You will learn what to look for, how to correct it and how to develop the student. Different philosophies will be discussed. This is a group participation activity.

Saturday Afternoon:

On Saturday afternoon, we will hold a Kyu Belt and Black Belt workshop. In these sessions, the Black and Brown Belts who have attended the morning workshop will be able to apply the skills they have learned and help develop better

students. It will start in the afternoon with junior kyu belts in one group and adult kyu belts in another group. Black belts and assistants will have a small group to teach. The instructors will be evaluated by higher ranking black belts.

Sunday:

On Sunday we will have another three hour workshop, for Black and Brown Belts only, to fine tune these skills and address issues not covered. This again will be a class participation activity. Each session will end with an evaluation form to help improve the program.

Focus Areas:

1. **Teaching/Learning Styles**
2. **Form/Technique**
3. **Power**
4. **Speed/ Timing**

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Instructor's Clinic – Dynamic Karate Jan 26 & 27, 2019
Clinic Registration Form
(Please register by Jan 19th)

Registration: Please indicate your participation by ticking the appropriate space)

Clinic for Brown & Black Belts	(\$100)	___
White to Blue Belts Kids Saturday 1:00-3:00	(\$10)	___
White to Blue belts Saturday 1:00-3:00	(\$10)	___

Please E-mail these forms to Darren Humphries at email darren@dynamickarate.ca 1 week prior and **Pay at door**

Name: _____

Dojo: _____

Address: _____

Rank: _____

Email: _____

Phone # : _____