

DYNAMIC KARATE PRESENTS

KICKING and GRADING KATA CLINIC

**FRIDAY APRIL 3, 2026
5:00-7:00 PM (MST)- No Cost**



**PREPARE WITH PURPOSE
TRAIN WITH INTENTION.**

STEP CONFIDENTLY TOWARD YOUR NEXT GRADING.

**FEATURED INSTRUCTOR
Sensei Darren Humphries
(7th Dan)**

Bringing decades of experience and deep technical insight, Sensei Humphries will guide participants through key elements essential for grading success, combining practical correction with principles that elevate both performance and mindset.



Dynamic Karate invites you to a focused training session for students preparing for upcoming Black Belt gradings. Refine your kicking techniques and grading kata with expert guidance, emphasizing precision, control, and understanding.

This clinic is designed for students preparing for Black Belt gradings this spring, as well as practitioners looking to refine their kicking technique and kata. Participants will improve mechanics, timing, and execution, gain confidence for grading, and receive direct feedback from an experienced instructor.

Zoom Link:

<https://rebrand.ly/9ugl6cw>



Questions? Contact Sensei Darren At
darren@dynamickarate.ca

**TRAIN WITH INTENTION
PERFORM WITH CONFIDENCE.**

**PRESENTED BY
THE SHINTANI WADO KAI KARATE FEDERATION**

