

# South Calgary Wado Kai Karate Presents: Fall Shintani Black Belt Workshop & Grading

October 4 & 5, 2019

West Island College 7410 Blackfoot Trail, SE, Calgary, AB

Workshop Friday October 4

Kyu Belt Kata Workshop – Ages 6 - Adult

6-7:15pm

- Beginners - techniques and stances
- Yellow - Chonan Shodan
- Orange – Tekki Shodan
- Green-Black – Seisho and /or Shopai

COST: \$20

Workshop Friday October 4

Grading & Bunkai Workshops

7:30 – 9:30pm

Option #1

- Grading Preparation – Brown & Black only

Option #2

- Bunkai – Green to Black (those not grading)

COST: \$25

October 5

Grading COST: \$50

Open to all Brown and Black Belts

8:30am Warm up

12pm Bring Lunch

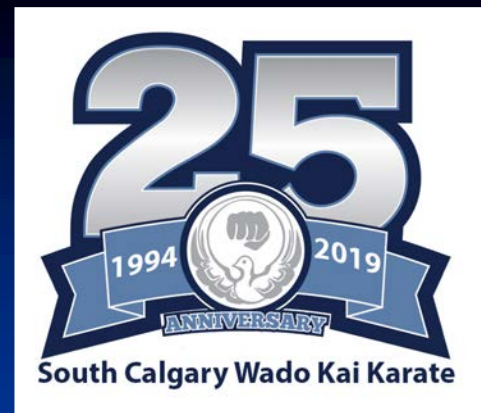
4:30pm Black Belt Presentation

October 5

7pm Banquet – TBD

A tradition and expectation that all candidates attend the dinner and do a speech – time should be approximately equal to the new dan rank achieved.

[REGISTRATION LINK](#)



- Pre-grading August 14, 2019
  - 6:30 – 9:30pm
  - Deer Run Community Centre
  - Cost - those registered for summer \$10 others \$20
  - Bring SWKKF Passbook
- Those who cannot attend the pre-grading please contact [Sensei Heather](#) or [Sensei Darren Humphries](#)
- Sept 5, 2019 deadline for Instructors to submit completed applications, questionnaires and fees to Sensei Labbe

**[REGISTRATION LINK](#)**