



The information below is intended to answer any questions you may have on the virtual tournament the Shintani Wado Kai Karate Federation (SWKKF) is running in August. If you have any additional questions, reach out to Sensei Heather Fidyk (<a href="mailto:senseiheather@calgarywadokai.com">sensei Darren Humphries</a> (<a href="mailto:darren@dynamickarate.ca">darren@dynamickarate.ca</a>).

1. Why is the SWKKF running a virtual tournament?

Due to the impacts of COVID-19 many of the SWKKF events have been cancelled or postponed. Offering a virtual tournament will allow our members a chance to compete in a new format.

2. How do I register for the Virtual Tournament?

Before registering for the tournament, tape your Kata, Shindo Kata, Kihon and Kumite techniques. You upload your videos as part of the registration process. To register for the virtual tournament, go to <a href="https://shintanivirtual.myuventex.com/">https://shintanivirtual.myuventex.com/</a>, click on Sign Up now, accept the Terms of Use and create an account using a valid email address and create a password.

- 3. How to register tutorial <a href="https://uventexlabs.zendesk.com/hc/en-us/articles/360042854591-How-to-register-for-virtual-events-">https://uventexlabs.zendesk.com/hc/en-us/articles/360042854591-How-to-register-for-virtual-events-</a>
- 4. What is the cost of the virtual tournament?

The virtual tournament will cost \$10. You can compete in all of the events. This tournament is a low price as we have received a sponsorship for this event, future events will be slightly higher.

5. What events are being offered in the virtual tournament?

We are offering 4 events. These include: Kata, Shindo Kata, Kihon and Kumite divisions.

6. How does the virtual tournament work?

The virtual tournament relies on students recording themselves performing Kata, Shindo Kata, Kihon and Kumite. The videos are uploaded based on the divisions you register for. Once the videos are submitted and the event submissions close, judges from across the SWKKF are assigned divisions. The judges log onto the website, watch the videos in their divisions and score them the same way they do a regular tournament. The scoring follows the same division ranges used in a regular SWKKF tournament.

7. How do I prepare for the virtual tournament?

Practice your kata, Shindo Kata, Kihon and Kumite techniques you want to use for the virtual tournament. When you are ready, record yourself performing the techniques. There are sample Kihon techniques and Kumite samples on the <a href="https://shintanivirtual.myuventex.com/">https://shintanivirtual.myuventex.com/</a> landing page. Use these as examples of the types of techniques you can perform.





8. What do I wear?

As usual, wear your clean white gi with your belt. If for some reason you do not have a gi wear what you have. We do not want to discourage participation.

9. Can I edit my video?

No, but you are welcome to record your presentation as many times as possible and submit your best version.

10. How do I sign up to be a judge?

https://shintanivirtual.myuventex.com/ please sign up.

11. Can I compete and Judge?

Yes, you will not be assigned to officiate your own division(s).

12. How do I know how I did?

Medalists will be announced September 4, 2020 via email with a virtual certificate and results will be available online and through social media

13. Why cannot find my club in the list?

All registered Shintani clubs have been entered so type the most unique part of the club name to find, example Kawartha or South Calgary, etc.

14. Do I have to compete all events?

No, choose which ones you want to submit a video for

15. Can I have fun?

Absolutely!

MORE INFORMATION:

**Division List** 

Sample video links for Kihon Kumite





See video link column for reference to age/rank appropriate video reference

It does not have to be exactly the same

	Videos prepared as samples	
		https://youtu.be/1xQsGakdxQo
#1	3 moved repeated - linear	https://youtu.be/-YNLpctdQAc
		https://youtu.be/j5y9rQ4xYeM
#2	4 moves repeated - linear	
#3	3 move repeated 2 directions	https://youtu.be/I8sisUzby0Q
#4	4 moves repeated 4 directions	https://youtu.be/WEDdx_Jelbg
#5	30 seconds free sparring with stationary target - touch contact only	https://youtu.be/d_C3Xlg8Lys
#6	45 seconds free sparring with stationary target - touch contact only	https://youtu.be/0rQIEb7_mGw

Divisions

			DIVISIONS		
	Division #	Event	AGE	Gender	Scoring range
KATA	1	White/White stripe	5 to 7	Mixed	6 to 7
Kyu Belts	2	White/White stripe	8&9	Mixed	6 to 7
	3	White/White stripe	10&11	Mixed	6 to 7
	4	White/White stripe	12 to 14	Male	6 to 7
	5	White/White stripe	15 to 17	Male	6 to 7
	6	White/White stripe	12 to 14	Female	6 to 7
	7	White/White stripe	15 to 17	Female	6 to 7
	8	Yellow/Yellow Stripe	6&7	Mixed	6 to 7
	9	Yellow/Yellow Stripe	8&9	Mixed	6 to 7
	10	Yellow/Yellow Stripe	10&11	Mixed	6 to 7
	11	Yellow/Yellow Stripe	12 to 14	Male	6 to 7
	12	Yellow/Yellow Stripe	15 to 17	Male	6 to 7
	13	Yellow/Yellow Stripe	12 to 14	Female	6 to 7
	14	Yellow/Yellow Stripe	15 to 17	Female	6 to 7
	15	Orange/Orange Stripe	7 to 9	Mixed	6 to 7
	16	Orange/Orange Stripe	10&11	Mixed	6 to 7
	17	Orange/Orange Stripe	12 to 14	Male	6 to 7
	18	Orange/Orange Stripe	15 to 17	Male	6 to 7
	19	Orange/Orange Stripe	12 to 14	Female	6 to 7
	20	Orange/Orange Stripe	15 to 17	Female	6 to 7
	21	Green/Green Stripe	8&9	Mixed	6 to 7
	22	Green/Green Stripe	10&11	Mixed	6 to 7
	23	Green/Green Stripe	12 to 14	Male	6 to 7
	24	Green/Green Stripe	15 to 17	Male	6 to 7
	25	Green/Green Stripe	12 to 14	Female	6 to 7
	26	Green/Green Stripe	15 to 17	Female	6 to 7
	27	Blue/Purple	9 to 11	Mixed	6 to 7
		Blue/Purple	12 to 14	Male	6 to 7
		Blue/Purple	15 to 17	Male	6 to 7
		Blue/Purple	12 to 14	Female	6 to 7
		Blue/Purple	15 to 17	Female	6 to 7
	32	Brown/Red	12 to 14	Male	6 to 7
	33	Brown/Red	15 to 17	Male	6 to 7
	34	Brown/Red	12 to 14	Female	6 to 7
	35	Brown/Red	15 to 17	Female	6 to 7
	36	White	Adult	Female	7 to 8
	37	Yellow/Orange	Adult	Female	7 to 8
		Green/Blue	Adult	Female	7 to 8
	39	Brown	Adult	Female	7 to 8
		White	Adult	Male	7 to 8
		Yellow/Orange	Adult	Male	7 to 8
		Green/Blue	Adult	Male	7 to 8
		Brown	Adult	Male	7 to 8
l					
Inclusive (para) I		White & Yellow	U12	Mixed	6 to 7
		White - Orange	13-17	Mixed	6 to 7
		Green - Brown	13-17	Mixed	6 to 7
		White - Orange	Adult	Mixed	7 to 8
CLIINDO		Green - Brown	Adult	Mixed	7 to 8
SHINDO	49	Beginner/Novice	U12	Mixed	6 to 7
	50 51	Intermediate/Advanced	13-17	Mixed	6 to 7
	51	Beginner/Novice	Adult	Mixed	7 to 8
Dio ale Dalta	52		Adult	Mixed	7 to 8
Black Belts	53	SHODAN	U21	Male	8 to 9

	[	Divisions			
54	SHODAN	U21	Female	8 to 9	
	SHODAN	21-34	Male	8 to 9	
	SHODAN	21-34	Female	8 to 9	
57	SHODAN	35+	Male	8 to 9	
58	SHODAN	35+	Female	8 to 9	
	NIDAN	20-34	Male	8 to 9	
60	NIDAN	20-34	Female	8 to 9	
61	NIDAN	35+	Male	8 to 9	
62	NIDAN	35+	Female	8 to 9	
63	SANDAN	OPEN	Male	8 to 9	
64	SANDAN	OPEN	Female	8 to 9	
65	YODAN/GODAN	OPEN	Male	8 to 9	
66	YODAN/GODAN	OPEN	Female	8 to 9	
67	ROKUDAN +	OPEN	Mixed	8 to 9	
68	OPEN SHINTANI KATA	OPEN	Male	8 to 9	
69	OPEN SHINTANI KATA	OPEN	Female	8 to 9	
70	PARA KATA	OPEN	Mixed	8 to 9	
71	NOVICE/INTERMEDIATE	OPEN	Mixed	8 to 9	
72	ADVANCED	OPEN	Mixed	8 to 9	
73	DAN RANKED	OPEN	Mixed	8 to 9	
					VIDEO #
74	White/White stripe	5 to 7	Mixed	6 to 7	#1
75	White/White stripe	8&9	Mixed	6 to 7	#1
76	White/White stripe	10&11	Mixed	6 to 7	#1
77	White/White stripe	12 to 14	Male	6 to 7	#1
78	White/White stripe	15 to 17	Male	6 to 7	#1
79	White/White stripe	12 to 14	Female	6 to 7	#1
80	White/White stripe	15 to 17	Female	6 to 7	#1
81	Yellow/Yellow Stripe	6&7	Mixed	6 to 7	#2
82	Yellow/Yellow Stripe	8&9	Mixed	6 to 7	#2
83	Yellow/Yellow Stripe	10&11	Mixed	6 to 7	#2
84	Yellow/Yellow Stripe	12 to 14	Male	6 to 7	#2
85	Yellow/Yellow Stripe	15 to 17		6 to 7	#2
86	Yellow/Yellow Stripe	12 to 14		6 to 7	#2
87	Yellow/Yellow Stripe	15 to 17		6 to 7	#2
88	Orange/Orange Stripe	7 to 9	Mixed	6 to 7	#3
	Orange/Orange Stripe	10&11	Mixed	6 to 7	#3
90	Orange/Orange Stripe	12 to 14	Male	6 to 7	#3
	Orange/Orange Stripe	15 to 17	Male	6 to 7	#3
	Orange/Orange Stripe	12 to 14		6 to 7	#3
	Orange/Orange Stripe	15 to 17		6 to 7	#3
	Green/Green Stripe	8&9	Mixed	6 to 7	#4
	Green/Green Stripe	10&11	Mixed	6 to 7	#4
	Green/Green Stripe	12 to 14	Male	6 to 7	#4
	Green/Green Stripe	15 to 17	Male	6 to 7	#4
	Green/Green Stripe	12 to 14		6 to 7	#4
	Green/Green Stripe	15 to 17		6 to 7	#4
	Blue/Purple	9 to 11	Mixed	6 to 7	#5
	Blue/Purple	12 to 14	Male	6 to 7	#5
	Blue/Purple	15 to 17	Male	6 to 7	#5
	Blue/Purple	12 to 14		6 to 7	#5
	Blue/Purple	15 to 17		6 to 7	#5
	Brown/Red	12 to 14		6 to 7	#5
	Brown/Red	15 to 17	Male	6 to 7	#5
	Brown/Red	12 to 14		6 to 7	#5
1 N Q	Brown/Pod	15 to 17	Famala	6 to 7	#5

SHINDO

KIHON KUMITE Kyu Belts

Page 2

15 to 17 Female

6 to 7

#5

108 Brown/Red

## Divisions

	109 White	Adult	Female	7 to 8	#2
	110 Yellow/Orange	Adult	Female	7 to 8	#4
	111 Green/Blue	Adult	Female	7 to 8	#5
	112 Brown	Adult	Female	7 to 8	#5
	113 White	Adult	Male	7 to 8	#2
	114 Yellow/Orange	Adult	Male	7 to 8	#4
	115 Green/Blue	Adult	Male	7 to 8	#5
	116 Brown	Adult	Male	7 to 8	#5
Inclusive (para)	117 White & Yellow	U12	Mixed	6 to 7	#1
Kata	118 White - Orange	13-17	Mixed	6 to 7	#1
	119 Green - Brown	13-17	Mixed	6 to 7	#2
	120 White - Orange	Adult	Mixed	7 to 8	#1
	121 Green - Brown	Adult	Mixed	7 to 8	#2
Black Belts	122 Black Belt	U35	Male	8 to 9	#6
	123 Black Belt	U35	Female	8 to 9	#6
	124 Black Belt	35+	Male	8 to 9	#5
	125 Black Belt	35+	Female	8 to 9	#5
	126 Para Black Belt	Open	Mixed	8 to 9	#5