appetizers

Dill Pickle Chips

Crispy breaded pickle chips, served with ranch dressing. 11.99

Sweet Waffle Fries

Waffle cut sweet potatoes lightly salted, served with chipotle dipping sauce. 12.49

Fried Cheese Curds

Québec-style cheese curds, fried till golden and gooey, served with marinara sauce. 12.99

Loaded Potato Skins

Fresh potatoes smothered with cajun spices, bacon, tomatoes, green onion and mixed cheese. Served with sour cream. 11.49

Fiesta Poppers

Classic cream cheese filled jalapenos. Served with ranch. 11.49

Pub-Style Onion Rings

Crispy, beer battered onion rings. Served with our chipotle aioli. 11.99

Thai Chicken Bites

Crispy chicken bites, tossed in sweet chili sauce, topped with julienne carrot, green onions, cilantro and sesame seeds. 14.49

Chicken Quesadilla

Toasted tortilla filled with roasted chicken, pico de gallo, black bean salsa and mixed cheese. Served with salsa and sour cream. 13.99

Shanghai Spring Rolls

Vegetable spring rolls, fried crisp and served with our Shanghai dipping sauce. 11.99

Garlic Knots

Freshly baked bread knots, slathered in garlic butter and topped with parmesan.

Served with marinara sauce. 10.99

Add Cheese + 3.99 Loaded + 5.99

Blackened Shrimp

Pan seared cajun tiger shrimp with tomatoes, mushrooms and baby spinach in a creamy alfredo sauce. Served with garlic bread. 15.99

favourites

Chicken Fingers

Everyone's favourite, hot and crispy, tossed in your choice of sauce. Served with fries. 16.99

Midtown Wings

Classic, Boneless, or Gluten Friendly.

Dill Pickle, Fire & Ice, Garlic Parmesan, Maple Bourbon, Mango Chipotle, Nashville Hot

Market Price

Pub Nachos

Fresh tortilla chips layered with pico de gallo, black bean salsa, and shredded cheeses.

Served with salsa and sour cream.

17.99

Add Jalapeños + 1.49

Add Pulled Pork, Chicken or Beef + 4.99

California Chicken Flatbread

Chicken breast, crisp bacon, avocado, roasted peppers, mozzarella and cilantro drizzled with chipotle dressing. 17.49

Veggie Flatbread

Baby spinach, tomatoes, red onions, roasted peppers, mozzarella cheese and marinara, drizzled with balsamic glaze. **16.99**

Nashville Hot Tots

Savour the fiery flavour of Nashville Hot chicken bites with tater tots, buttermilk ranch, cheese blend, tangy pickles and pico de gallo. **16.99**

Pulled Pork Poutine

Sweet potato waffle fries slathered with pulled pork, melted cheeses, BBQ sauce and caramelized onions. 16.99

Loaded Tater Tots

Topped with seasoned beef, bacon bits, green onions and melted cheese. Served with sour cream. 15.99

Shanghai Stir Fry

Crisp and tender stir fry vegetables, tossed in our Shanghai inspired stir fry sauce with rice and sesame seeds. 17.69

Add Chicken +4.99 Add Shrimp +5.99

sandwiches & wraps

Served with your choice of daily soup, garden salad or fries.

Classic Chicken Caesar Wrap

Our delicious Caesar salad with roasted chicken, bacon strips and parmesan. **16.49**

Cranberry Wrap

Roasted chicken breast, fresh greens, feta cheese, roasted peppers, craisins and red onions with a balsamic cranberry aioli. **16.99**

Mango Chicken Wrap

Roasted chicken breast with avocado, red onion, julienne carrots, baby spinach, mango chutney with chipotle dressing. **16.49**

Carolina Pulled Pork Sandwich

Our Carolina inspired pulled pork is covered in bbq sauce, creamy coleslaw and onions rings. 17.69

Cajun Chicken Sandwich

Grilled chicken breast with cajun seasoning, cheddar cheese, strip bacon, garlic aioli, lettuce and tomatoes. Served on a soft potato bun. 17.99

Buffalo Caesar Wrap

Crispy buffalo chicken, bacon strips and parmesan cheese rolled together with our delicious Caesar salad. **16.99**

Chicken Club Wrap

Canadian chicken breast, bacon strips, blended cheese, crisp lettuce, tomato and creamy pesto aioli. 16.99

Philly Cheesesteak

Tender roast beef smothered in grilled onions, bell peppers, mushrooms, and swiss cheese with creamy horseradish sauce on a toasted panini bun. 17.69

Avocado Quinoa Wrap

Fresh baby spinach, tomatoes, feta cheese, red onion, julienne carrots, avocado, mixed grains, southwest dressing and mango chutney. **15.99**

gourmet burgers

Our house made burgers are topped with lettuce, tomatoes, red onions and pickles. Served with your choice of daily soup, garden salad or fries. Gluten free buns are available.

Cheddar Bacon Burger

Our 7oz housemade burger topped with crisp bacon, cheddar cheese and garlic aioli.

17.99

Swiss Mushroom Burger

Our juicy beef patty topped with sautéed mushrooms and a layer of melted swiss cheese with basil pesto aioli.

17.99

Jalapeño Popper Burger

Jalapeños, cream cheese, cheese blend, onion rings and chipotle aioli.

18.99

Oklahoma Smash Burger

Two juicy patties smashed with caramelized onions, melty cheddar and our signature smash burger sauce.

17.99

Cowboy Burger

Pulled pork smothers our house made burger with cheddar cheese, crispy onion rings and our signature bbq sauce.

Double Deluxe Burger

Two of our cheddar bacon burgers stacked together with onion rings, bbq sauce and aioli.

22.99

Veggie Burger

Our tasty vegetarian patty with tomato, lettuce, red onion and pickles with a basil pesto aioli.

16.99

soups, salads & bowls

Add Chicken

+4.99

Daily Soup

A new daily special, ask your server for today's chef's creation. **6.99**

French Onion Soup

Classic onion soup with croutons, mozzarella and swiss cheese. **8.69**

Chicken Quinoa Power Bowl

Grilled chicken breast, baby spinach, julienne carrots, avocado, 6 grain blend, mango chutney and our chipotle dressing. 16.99

Bacon Cheeseburger Bowl

Double smash burger patties, romaine, tomatoes, cheddar cheese, bacon strips, red onions, pickles, french fries and our signature smash sauce. 17.99

Mediterranean Bowl

Chopped romaine hearts with tomatoes, cucumbers, red onions, kalamata olives, feta cheese and our 6 grain blend. Served with Mediterranean dressing. 14.99

Southwest Burrito Bowl

Pico de gallo, black bean salsa, avocado, green onions,romaine lettuce, cilantro and mixed cheese. Served with long grain rice and our chipotle dressing. 15.99

pasta

Cajun Chicken Rigatoni

Sautéed chicken breast with mushrooms, tomatoes, green onions and rigatoni noodles, tossed in creamy Cajun inspired sauce, topped with parmesan. 18.99

Add Salmon + 8.99

Soup & Salad Combo

A side serving of our daily soup, garlic bread and your choice of garden or Caesar salad. 14.99

Upgrade to Apple Cranberry Salad + 1.99

Cobb Salad

Mixed greens topped with roasted chicken, crumbled eggs, tomatoes, bacon, cucumbers, and shredded cheese. Served with our warm bacon dressing. 16.49

Apple & Cranberry Salad

Granny Smith apples, sweet cranberries, feta cheese, red onion and mixed greens served with our house made honey citrus vinaigrette. 14.99

Caesar Salad

Fresh romaine with crisp bacon, croutons and parmesan cheese all tossed with creamy caesar dressing. 13.49

Chicken Parmesan

Tender crispy chicken breast coated with fresh parmesan and baked with marinara sauce, served with linguine noodels andtopped with mozzarella. 18.99

Cheese Tortellini

Filled with a blend of cheeses, topped with a creamy housemade rosé sauce, fresh tomatoes, green onions, melted cheeses and parmesan. **18.99**

Garlic Shrimp Alfredo

Tender sautéed garlic shrimp with mushrooms, tomatoes and scallions, tossed with linguine noodles in a creamy parmesan sauce. 19.99

mains

Braised Beef Dinner

Our freshly prepared roasted beef topped with our mushroom gravy. Served with your choice of potato and seasonal vegetables.

23.99

Pan Fried Pickerel

Our fresh and flaky pickerel fillet, pan fried to perfection. Served with rice, coleslaw, seasonal vegetable and tartar sauce

21.99

Shanghai Salmon

An 8oz salmon filet, glazed with our Shanghai inspired sauce and served over crisp and tender stir fry vegetables with rice and sesame seeds.

25.99

Tuscan Chicken

Pan-seared chicken breast with sundried tomatoes, baby spinach and creamy parmesan sauce. Served with seasonal vegetables and your choice of side.

21.99

Fish & Chips

Two freshly prepared beer battered Haddock fillets. Served with tartar sauce, coleslaw and french fries.

18.99

Smothered Chicken

Two plump and juicy chicken breasts, smothered with our signature BBQ sauce, mushrooms, bacon, green onions and blended cheese. Served with seasonal vegetables and your choice of potato.

21.99

Lemon Dill Salmon

8oz of Atlantic salmon topped with our creamy lemon dill sauce with seasonal vegetables and rice.

25.99

Striploin

Perfectly grilled Canadian AAA Striploin prepared to order. Served with seasonal vegetables and your choice of side.

8oz **27.99** 10oz **29.69**