**The Complacent Mind**

**Text**

I **TIMOTHY 4:13** – Until I come, give your attention to the *public* [[a](https://www.biblegateway.com/passage/?search=I+TIMOTHY+4%3A13+&version=NASB#fen-NASB-29748a)]([B](https://www.biblegateway.com/passage/?search=I+TIMOTHY+4%3A13+&version=NASB#cen-NASB-29748B))reading, to exhortation, *and* teaching.

**Key Verse**

**MATTHEW 5:6**“Blessed are ([A](https://www.biblegateway.com/passage/?search=MATTHEW+5%3A6&version=NASB#cen-NASB-23241A))those who hunger and thirst for righteousness, for they will be satisfied.

**Lesson Summary**

Laziness and idleness-these two qualities are far too prevalent in this generation. Students have a hard time doing their homework because they just don't feel like it. Adults are no longer as well-read because they prefer a TV sitcom over a good book. Our generation has become experts at being ignorant; however, the Apostle Paul personally demonstrates how to avoid having a lazy and idle mind. This lesson focuses on how Paul challenged his mind, searched the Scriptures, gave attendance to reading, and developed a sound mind.

**Lesson Aim**

To develop a sound mind by searching the Scriptures, listening to preaching, and developing good reading habits.

**Lesson Goals**

At the conclusion of this lesson, students should:

1. Desire to study and search out the Scriptures.
2. Stir and challenge their minds with the preaching of God's Word.
3. Cease from being lazy or idle-giving no chance for the devil to tempt them.
4. Motivate themselves to be better readers.
5. Understand that one truth from the Bible is worth more than all the wisdom of man.

**Teaching Outline**

1. The Challenge of a Searching Mind
	1. Give attendance to reading.
	2. Give adherence to ruminating.
2. The Challenge of a Stirred Mind
	1. The stirring of exhortation
	2. The seduction of elapsing
3. The Challenge of a Sound Mind
	1. The order for a sound mind
	2. The obedience of a sound mind

**1 Timothy 4:13** - *"*([A](https://www.biblegateway.com/passage/?search=1+Timothy+4%3A13&version=NASB#cen-NASB-29748A))Until I come, give your attention to the *public* [[a](https://www.biblegateway.com/passage/?search=1+Timothy+4%3A13&version=NASB#fen-NASB-29748a)]([B](https://www.biblegateway.com/passage/?search=1+Timothy+4%3A13&version=NASB#cen-NASB-29748B))reading, to exhortation, *and* teaching.*"*

**1 Corinthians 1:19-20** -*"*For it is written: “([A](https://www.biblegateway.com/passage/?search=1+Corinthians+1%3A19-20&version=NASB#cen-NASB-28370A))I will destroy the wisdom of the wise, And the understanding of those who have understanding, I will confound.” **20**([B](https://www.biblegateway.com/passage/?search=1+Corinthians+1%3A19-20&version=NASB#cen-NASB-28371B))Where is the wise person? Where is the scribe? Where is the debater of ([C](https://www.biblegateway.com/passage/?search=1+Corinthians+1%3A19-20&version=NASB#cen-NASB-28371C))this age? Has God not ([D](https://www.biblegateway.com/passage/?search=1+Corinthians+1%3A19-20&version=NASB#cen-NASB-28371D))made foolish the wisdom of ([E](https://www.biblegateway.com/passage/?search=1+Corinthians+1%3A19-20&version=NASB#cen-NASB-28371E))the world?*"*

**Hosea 4:6** *"* ([A](https://www.biblegateway.com/passage/?search=Hosea+4%3A6&version=NASB#cen-NASB-22140A))My people are destroyed for lack of knowledge. Since you have ([B](https://www.biblegateway.com/passage/?search=Hosea+4%3A6&version=NASB#cen-NASB-22140B))rejected knowledge, I also will ([C](https://www.biblegateway.com/passage/?search=Hosea+4%3A6&version=NASB#cen-NASB-22140C))reject you from being My priest. Since you have ([D](https://www.biblegateway.com/passage/?search=Hosea+4%3A6&version=NASB#cen-NASB-22140D))forgotten the ([E](https://www.biblegateway.com/passage/?search=Hosea+4%3A6&version=NASB#cen-NASB-22140E))Law of your God, I also will forget your children.*"*

**2 Timothy 2:15***"*Be diligent to ([A](https://www.biblegateway.com/passage/?search=2+Timothy+2%3A15&version=NASB#cen-NASB-29830A))present yourself approved to God as a worker who [[a](https://www.biblegateway.com/passage/?search=2+Timothy+2%3A15&version=NASB#fen-NASB-29830a)]does not need to be ashamed, accurately handling ([B](https://www.biblegateway.com/passage/?search=2+Timothy+2%3A15&version=NASB#cen-NASB-29830B))the word of truth.*"*

**John 5:39***"*You examine the Scriptures because you think that in them you have eternal life; and it is ([B](https://www.biblegateway.com/passage/?search=John+5%3A39&version=NASB#cen-NASB-26242B))those *very Scriptures* that testify about Me;*"*

**Proverbs 2:1-5***"* My son, if you will ([A](https://www.biblegateway.com/passage/?search=Proverbs+2%3A1-5&version=NASB#cen-NASB-16435A))receive my words And ([B](https://www.biblegateway.com/passage/?search=Proverbs+2%3A1-5&version=NASB#cen-NASB-16435B))treasure my commandments within you, **2**([C](https://www.biblegateway.com/passage/?search=Proverbs+2%3A1-5&version=NASB#cen-NASB-16436C))Make your ear attentive to wisdom; Incline your heart to understanding. **3**For if you cry out for insight, *And* [[a](https://www.biblegateway.com/passage/?search=Proverbs+2%3A1-5&version=NASB#fen-NASB-16437a)]raise your voice for understanding; **4**If you seek her as ([D](https://www.biblegateway.com/passage/?search=Proverbs+2%3A1-5&version=NASB#cen-NASB-16438D))silver And search for her as for ([E](https://www.biblegateway.com/passage/?search=Proverbs+2%3A1-5&version=NASB#cen-NASB-16438E))hidden treasures; **5**Then you will understand the ([F](https://www.biblegateway.com/passage/?search=Proverbs+2%3A1-5&version=NASB#cen-NASB-16439F))fear of the Lord, And discover the knowledge of God. *"*

**2 Peter 3:1** Beloved, this is now the second letter I am writing to you in which I am ([B](https://www.biblegateway.com/passage/?search=2+Peter+3%3A1&version=NASB#cen-NASB-30511B))stirring up your sincere mind by way of a reminder,*"*

**2 Peter 1:12-13***"*Therefore, ([A](https://www.biblegateway.com/passage/?search=2+Peter+1%3A12-13&version=NASB#cen-NASB-30479A))I will always be ready to remind you of these things, even though you *already* know *them* and have been established in ([B](https://www.biblegateway.com/passage/?search=2+Peter+1%3A12-13&version=NASB#cen-NASB-30479B))the truth which is present with *you*. **13**I consider it ([C](https://www.biblegateway.com/passage/?search=2+Peter+1%3A12-13&version=NASB#cen-NASB-30480C))right, as long as I am in ([D](https://www.biblegateway.com/passage/?search=2+Peter+1%3A12-13&version=NASB#cen-NASB-30480D))this *earthly* [[a](https://www.biblegateway.com/passage/?search=2+Peter+1%3A12-13&version=NASB#fen-NASB-30480a)]dwelling, to ([E](https://www.biblegateway.com/passage/?search=2+Peter+1%3A12-13&version=NASB#cen-NASB-30480E))stir you up by way of reminder,*"*

Hebrews 10:25 "not abandoning our own ([A](https://www.biblegateway.com/passage/?search=Hebrews+10%3A25&version=NASB#cen-NASB-30146A))meeting together, as is the habit of some people, but ([B](https://www.biblegateway.com/passage/?search=Hebrews+10%3A25&version=NASB#cen-NASB-30146B))encouraging *one another*; and all the more as you see ([C](https://www.biblegateway.com/passage/?search=Hebrews+10%3A25&version=NASB#cen-NASB-30146C))the day drawing near.*"*

**Jeremiah 2:13** “For My people have committed two evils: They have abandoned Me, The ([A](https://www.biblegateway.com/passage/?search=Jeremiah+2%3A13&version=NASB#cen-NASB-18979A))fountain of living waters, To carve out for themselves ([B](https://www.biblegateway.com/passage/?search=Jeremiah+2%3A13&version=NASB#cen-NASB-18979B))cisterns, Broken cisterns That do not hold water.*"*

**Hebrews 3:12-13** Take care, brothers *and sisters*, that there will not be in any one of you an evil, unbelieving heart [[a](https://www.biblegateway.com/passage/?search=Hebrews+3%3A12-13&version=NASB#fen-NASB-29995a)]that falls away from ([B](https://www.biblegateway.com/passage/?search=Hebrews+3%3A12-13&version=NASB#cen-NASB-29995B))the living God. **13**But ([C](https://www.biblegateway.com/passage/?search=Hebrews+3%3A12-13&version=NASB#cen-NASB-29996C))encourage one another every day, as long as it is *still* called “today,” so that none of you will be hardened by the ([D](https://www.biblegateway.com/passage/?search=Hebrews+3%3A12-13&version=NASB#cen-NASB-29996D))deceitfulness of sin.*"*

**2 Timothy1:6-7** *"For God hath not given us the spirit of fear: but of power, and of love, and of* ***a sound mind"***

**Isaiah 57:20-21** *"*But the ([A](https://www.biblegateway.com/passage/?search=Isaiah+57%3A20-21&version=NASB#cen-NASB-18786A))wicked are like the tossing sea, For it cannot be quiet, And its waters toss up refuse and mud. **21**“([B](https://www.biblegateway.com/passage/?search=Isaiah+57%3A20-21&version=NASB#cen-NASB-18787B))There is no peace,” says ([C](https://www.biblegateway.com/passage/?search=Isaiah+57%3A20-21&version=NASB#cen-NASB-18787C))my God, “for the wicked.”*"*

**Matthew 11:28-30** *"*Come to Me, all [[a](https://www.biblegateway.com/passage/?search=Matthew+11%3A28-30&version=NASB#fen-NASB-23488a)]who are weary and burdened, and I will give you rest. **29**Take My yoke upon you and ([B](https://www.biblegateway.com/passage/?search=Matthew+11%3A28-30&version=NASB#cen-NASB-23489B))learn from Me, for I am gentle and humble in heart, and ([C](https://www.biblegateway.com/passage/?search=Matthew+11%3A28-30&version=NASB#cen-NASB-23489C))you will find [[b](https://www.biblegateway.com/passage/?search=Matthew+11%3A28-30&version=NASB#fen-NASB-23489b)]rest for your souls. **30**For ([D](https://www.biblegateway.com/passage/?search=Matthew+11%3A28-30&version=NASB#cen-NASB-23490D))My yoke is comfortable, and My burden is light.”

**Isaiah 26:3-4**The steadfast of mind You will keep in perfect ([A](https://www.biblegateway.com/passage/?search=Isaiah+26%3A3-4&version=NASB#cen-NASB-18134A))peace, Because he trusts in You. **4**([B](https://www.biblegateway.com/passage/?search=Isaiah+26%3A3-4&version=NASB#cen-NASB-18135B))Trust in the Lord forever, For in [[a](https://www.biblegateway.com/passage/?search=Isaiah+26%3A3-4&version=NASB#fen-NASB-18135a)]God the Lord, *we have* an everlasting ([C](https://www.biblegateway.com/passage/?search=Isaiah+26%3A3-4&version=NASB#cen-NASB-18135C))Rock.

**Matthew 5:6** “Blessed are ([A](https://www.biblegateway.com/passage/?search=Matthew+5%3A6&version=NASB#cen-NASB-23241A))those who hunger and thirst for righteousness, for they will be satisfied.*"*

**Job 23:12** *"* I have not [[a](https://www.biblegateway.com/passage/?search=Job+23%3A12&version=NASB#fen-NASB-13432a)]failed the command of His lips; I have treasured the ([A](https://www.biblegateway.com/passage/?search=Job+23%3A12&version=NASB#cen-NASB-13432A))words of His mouth [[b](https://www.biblegateway.com/passage/?search=Job+23%3A12&version=NASB#fen-NASB-13432b)]more than my [[c](https://www.biblegateway.com/passage/?search=Job+23%3A12&version=NASB#fen-NASB-13432c)]necessary food*"*

**Study Questions**

1. First Timothy 4:13 says to give attendance to what three things?

2. What two evils did the people commit in Jeremiah 2:13?

3. Describe your Bible reading. Is it beneficial, consistent, thorough, and applicable to your daily life? After referring to John 5:39 and 2 Timothy 2:15, how can you enhance your time spent in the Bible?

4. In your own words, explain how this statement is true: ''A lazy person tempts the devil to tempt him."

5. God's Word comforts the distressed and distresses the comfortable. We need the exhortation of God's Word to stir us up to truth. Write the following verses regarding biblical exhortation: Hebrews 3:12-13.

6. According to Isaiah 26:3, our minds must be stayed upon whom in order to get perfect peace?

7. List the last three books you have read outside of the Bible, and answer the following questions. Were these books edifying? Christ-honoring? Helpful? Or, were they time-wasters? Ineffective? Dishonoring to Christ?

8. Be encouraged as you read Matthew 11:28-30. Write out a prayer telling God about the heavy burdens you carry. Choose to lay these at His feet so that He may give you rest.

**Memory Verse**

“Blessed are ([A](https://www.biblegateway.com/passage/?search=MATTHEW+5%3A6&version=NASB#cen-NASB-23241A))those who hunger and thirst for righteousness, for they will be satisfied. (Matthew 5:6)