



BREAST CANCER RESOURCES

This document in no way advertises or promotes any of the resources mentioned below. These are simply resources our group has come across and have found useful. We do not claim to be inclusive of all resources available in your area.

WIGS, HATS AND SCARVES

- **Penticton Regional Hospital, Oncology Department**
 - Call 250 492 9032 to book an appointment

BRAS, PROSTHESIS, COMPRESSION GARMENTS

- **Health Source Specialty Medical Supplies, Certified Fitter**
 - Address: 333 Martin Street, Penticton (door in Breezeway)
 - Jeanne Brummund by appointment only: 250-770-1491
- **Knitted Knockers Alberta, Free breast prosthesis**
 - www.knittedknockersab.com
 - Email: knittedknockersab@gmail.com
- **Fashion Foundations Kelowna, Certified Fitters**
 - Address: #118 1950 Hwy 97 at Spall Plaza
 - 250-763-1473
- **Peaches Lingerie, Carry mastectomy bras.**
 - Address: 262 Main Street, Penticton
 - 250-770-8308

PHYSIOTHERAPY AND LYMPHEDEMA THERAPY

- **Lymphedema Massage Therapy, Core Performance, Kelowna**
 - Carey Cowen – 250-868-8849
- **Registered Lymphatic Massage, Unwind Massage Clinic, Penticton**
 - Susan Oakunshuld – 778-476-5797
- **Lymphatic Massage Therapy, Balance RMT & MLD, Peachland**
 - Jennifer Colins – 250-718-9584
- **Eryn Price RMT YT, Mastectomyguide.com**
 - www.risewellnesscenter.ca
 - Email: eryn@mastectomyguide.com
 - 604-339-8038
- **Lake City Wellness, Penticton RMT**
 - E-mail: dominiqueclearyrm@gmail.com
 - Dominique Cleary – 236-422-4633 (Vodder certified level 1)
- **Ascend Wellness, Summerland**
 - 13229 Henry Ave
 - Janine Henry RMT - 250-289-1276
 - ascendwellnessltd@gmail.com
- **Healing Touch** (provided in person at home)
 - Joan – 250-492-6743
 - Christine – 250-490-4719

TRANSPORTATION TO KELOWNA CANCER CLINIC

- **Freemason Volunteer Driver Program**
 - 250-712-1101 or 1-800-299-0188
 - freemasonry.bcy.ca/textfiles/cancer.html
- **Neighbourlink Summerland**
 - To help out with transport to Penticton Oncology
 - 250-404-4673
 - nl.summerland@gmail.com

SUPPORT AND INFORMATION PROGRAMS

- **Inspire Health – Support Cancer Care (Information for cancer recovery)**
 - #123 565 Bernard Ave, Kelowna
 - www.inspirehealth.ca
 - 250-861-7125
- **Penticton Hospital Social Worker for cancer support, grief and loss**
 - Nicole Johnson– 250-462-6473
- **Oncology Social Worker: Rashmi Dhaubhadel**
 - <https://okclinical.com/dvteam/rashmi-dhaubhadel-rsw/>
 - 250-718-9291
- **Hospice Social Worker: Elenor Edgar**
 - 250-472-9071
- **Canadian Cancer Society**
 - 1-888-939-3333
 - cancerconnection.ca
- **Dietitian information**
 - www.healthlinkbc.ca
- **Canadian Breast Cancer Network**
 - <https://www.cbcn.ca>

ADDITIONAL CONSIDERATIONS

- Certain drugs such as Tamoxifen's costs will be covered by the B.C. Cancer Agency if filled by the pharmacy at the Penticton Regional Hospital. Confirm this with your physician at the time it is being prescribed.
- Any registered Post Mastectomy/lumpectomy shops will help with all your medical coverage questions.
- Most extended medical plans also cover some of the costs of Bra's, prosthesis and lymphedema arm sleeves and gloves. Contact your plan for more information.
- Following mastectomy or lumpectomy surgery. Pharma Care covers:
 - Breast prosthesis
 - Lymphedema arm sleeves
 - Glove or gauntlets for lymphedema arm sleeves
- All the above massage therapists have additional training in breast cancer pre and post surgery.