

Step Study Guide

Week No. 16

ASSIGNMENT Before the meeting note that at this point, the book assumes that you made a list of people you have harmed when you did your Fourth Step inventory. If this has not been done, you should certainly make such a list.

Be prepared to discuss the balance of Chapter Six.

AT THE MEETING Discuss the balance of Chapter Six.

What are the specific instructions outlined for the taking of Step Ten?

What do we watch for?

Note that “by this time sanity will have been returned - we will seldom be interested in liquor.” (Page 84)

Is this the sanity referred to in Step Two?

What is the proper use of will power? (Page 85)

What is the suggestion for taking the Eleventh Step on a daily basis?

What do you watch for?

Do you practice this step on a daily basis?

Do you follow the procedure outlines on Pages 86 and 87 regarding your daily morning meditations and the way you proceed throughout the day?

Has your attitude about a power greater than yourself changed since you studied the Chapter, “We Agnostics”?

Do you believe “it works - it really works!”?