

Step Study Guide Week No. 7

1. Write in your notebook on the left half of a page what you can believe about a power greater than yourself. On the right half of that same page, write what you cannot believe about God.

As you go forward from this point, it is those things which you believe or which fit into your conception of God which you will be using—and you can be comforted in knowing that “our own conception, however inadequate, was sufficient to make the approach and to effect a contract with him”. (page 46)

2. Read and write down your reaction to Chapter Five.
3. Do you question whether you are capable of being honest with yourself? (If you do question this, then you are not.) Note the state of mind you are asked to have when you start the steps—honesty, fearlessness, thoroughness, and willingness to go to any length.
4. What do half measures avail us?
5. Are you convinced that a life run on self-will can hardly be a success? (page 60)
6. Can you see the effects of self-centeredness in your life?
7. How have you been self-centered? List examples in your notebook.
8. Did you know that you could not reduce self-centeredness much by willing or trying on your own power? (page 62)
9. Are you willing to take this step?

You are now ready to take the Third Step. We will recite the Third Step Prayer on page 63.