

## Step Study Guide Week No. 13

### ASSIGNMENT

Before the meeting, read page 8 of the Step Four Guide. Read the portion of the book, “Alcoholics Anonymous”, which includes the last paragraph of page 68 through the end of Chapter 5. Also, read Chapter 4 of “The Twelve Steps and the Twelve Traditions.” Make a list of names of **persons in relationships** which should be studies. This should include both sexual relationships and other relationships, including those of family, business, friends, etc.

Write a short paragraph about each one, answering the following questions:

1. Was I selfish in this relationship?
2. Was I dishonest in this relationship?
3. Was I inconsiderate in this relationship?
4. Whom did I hurt?
5. Did I arouse jealousy?
6. Did I arouse suspicion?
7. Did I arouse bitterness?
8. Was I at fault?
9. What should I have done? (*Answer: I should have trusted a higher power for guidance.*)

Be prepared to discuss page 8 to the Step Four Guide, and the material from the material from the last paragraph of page 68 to the end of Chapter 5.

### AT THE MEETING

Discuss your accomplishments on the portion of the Inventory process with each other.

Review your entire inventory. Have you left anything out? Have you failed to list any subject the memory of which causes you to be uncomfortable? If so, you should write it down.

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**CONGRATULATIONS—YOU HAVE COMPLETED STEP FOUR!**

Read pages 72 through the first full paragraph on page 75. Go to Week 14 of your Step Study Material. Your preparation for Week 14 to be done before the meeting includes finding someone to take your Fifth Step with, and setting a positive date for taking it with that person.