



# NexGen Training Academy

## Empowerment First

37 CUYLER STREET, CENTRAL, UITENHAGE, 6229 **PHONES** :0630894935 **EMAIL**: NEXGEN.MD@OUTLOOK.COM  
**Accreditation NR**:02-QCT/SDP210524115107

(A skills development Programme to up skill youth through Health promotion officer Training.)

Qualification: Health Promotions Officer (Community Health Workers) ID: 94597.

Curriculum Code 325 301-001: NQF level 3. Total Credits: 163

NexGen Training Academy is a QCTO accredited provider of this qualification.

The health promotions officer qualification allows community health workers (CHWs) to support and render the services, which support universal healthcare for all. In essence they are the mechanism that support the health outcomes of the primary layer of NHI, CHWs promote access to the care pathway that addresses the quadruple burden of disease namely: HIV and TB, diabetes, hypertension, maternal and child health, reproductive health, violence and injury.

Why get involved?

- ❖ Increase the uptake and the adherence to treatment of your products on tender.
- ❖ Support the DOH wellness priorities whilst improving your own company outcomes
- ❖ Align with the NHI (National Health Insurance) initiatives of DOH (Department of Health)
- ❖ Positively impact on the health outcomes and improve the health indicators of our country

Outline of the Qualification: Health Promotions Officer.

### 1. Knowledge modules:

Number:	Knowledge Modules: Title and content summary:	NQF:	Credits:
KS-01	<b>Public and community health support:</b> <ul style="list-style-type: none"><li>• Maternal and infant health (HIV-MTCT, postnatal &amp; disability) Older people</li><li>• Care pathway Woman's and Men's health — reproductive health</li><li>• The human body:</li><li>• Non-communicable diseases: diabetes, hypertension, stroke, COPD, mental illness o Communicable diseases: TB, HIV, malaria, cholera, thyroid Screening processes Common ailments, germs, nutrients for children, environmental health</li></ul>	3	22
KS-02	<b>Family and community services:</b>		
	<ul style="list-style-type: none"><li>• Stress and Violence</li><li>• Human rights and stigma</li><li>• Household and family profiles</li><li>• Community structures</li></ul>	3	10



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	Resource assessment <ul style="list-style-type: none"> <li>Empowerment and healthy lifestyle</li> </ul>		
KS-03	<u>Basics of community health:</u> <ul style="list-style-type: none"> <li>Promoting health and wellness</li> <li>Social determinants of health</li> <li>Services provided by the health system</li> <li>Principles of health promotion — Octavia</li> <li>Interpersonal ski IIS</li> </ul>	3	8

## 2. Practical Modules

Number:	Practical Modules: Title and content summary:		Credits:
PM-01	Mobilise community to address community health issues:	3	4
PM-02	Identify the service needs and ease of access to health and social services:	3	4
PM-03	Promote healthy lifestyles and mental wellbeing.	3	6
PM-04	Promote HIV prevention including HIV testing, condom use, partner reduction, circumcision, STI	3	4
PM-05	Provide information on the prevention of accidents and incidents in homes	2	4
PM-06	Record and report on information provided to individuals, households, and communities	3	4
PM-07	Promote and provide support for maternal and women's	2	14
PMO8	Promote child health	4	4
PM-09	Support community members with psychosocial problems	4	3
PM-10	Provide an integrated approach to support treatment	3	4
PM-II	Identify and treat a select number of minor ailments	2	8
PM-12	Provide basic support to people who are unable to care for themselves,	2	4



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### 3. Workplace Experience Modules

Number:	Workplace Experience Modules: Title and content summary:	NOF:	Credits:
WM-01	<u>Exposure to the dynamics of communities:</u> <ul style="list-style-type: none"> <li>Participate in profiling of 2 community wards</li> <li>Attend and participate in 3 community meetings</li> <li>Be exposed to the operation of service delivery sites in the community</li> </ul>	4	6
WM-02	<u>Household registration and assessment processes:</u>		

	<ul style="list-style-type: none"> <li>Conduct registration of 50 households</li> <li>Conduct household assessments of 30 households</li> </ul>	3	14
WM-03	<u>Health promotion processes;</u> <ul style="list-style-type: none"> <li>Conduct health education discussions with 5 different groups of people</li> <li>Discuss healthy living habits with 5 community members with different health situations</li> </ul>	3	6
WM-04	<u>Formal health provision processes:</u> <ul style="list-style-type: none"> <li>Exposure to the various component levels of health services</li> <li>Make referrals for various health problems to appropriate levels of health service</li> </ul> Participate in other sectors during community -based campaigns	2	12
WM-05	<u>Emotional wellness support processes:</u> <ul style="list-style-type: none"> <li>Participate in the working of five social support groups</li> <li>Refer affected community members to social support groups</li> </ul>	3	6
WM-06	<u>Household treatment processes for minor ailments:</u> <ul style="list-style-type: none"> <li>Deal with minor ailments and health-related conditions e.g., Poor hygiene, fever, vomiting, lice, scabies, and vital signs</li> <li>Administer basic preventative and treatment preparations e.g. Zinc. rehydration, deworming, vit A</li> </ul> Interface with school health services and provide support. Identify patients who require home-based and palliative care	3	16