Collaborative & Restorative Approach to Discipline

Keene High School

Restorative Practices

Relationship, Respect, Responsibility, Repair, Reintegration

Restorative Practice is a social science approach focused on improving and repairing relationships within communities, emphasizing dialogue and accountability over punishment.



But, it is so much more than that.

Overview

"How can we help?"

Know Tobacco

No Judgement. Just the Facts.

- Created in 2020 in partnership with Cheshire Medical Center: Population Health
- Inform youth about the risks associated with tobacco use
- In 2022, the program was updated and focused on e-cigarettes and vaping, both nicotine and THC
- Guides youth in a reflection of their tobacco use
- Confidential, encourages an open dialogue, nonjudgmental or punitive

Used as: Alternative to Suspension, diversion to formal court proceedings, prevention program

Counseling Supports Following Know Tobacco

It's OK to walk through a

Quit Plan with students

... even when they aren't ready to quit



Interactive, Individualized Quit Plan:

- Financial Costs
- Identifies their WHY for quitting
- Raises awareness into personal triggers
- Lists personal supports and tools for coping
- AND BUILDS CONNECTION













teen.smokefree.gov

Counseling Compliments Restorative Practices

Safe Space for Communication- can share feelings, perspectives, address root causes for vaping

Conflict Resolution- Repairing relationship with peers and increase trust with Administration

Reduce Unwanted Behavior- Reduce Vaping, visits to bathroom, missed class time

Shifts focus from Discipline to Growth- Sends the message that students are capable of making amends and growing from mistakes

Sends a School Wide message: We deal with problems through understanding, not exclusion.

Restorative learning Center

Started in 2022 from a Community Forum on anti-social behavior

Connected with KHS Administrative Leadership Team

Facilitated restorative circles with KHS students who had been subjected to anti-social behavior

Over the Summer, collaborated and created the Restorative Learning Center

Struggles? Push Backs?

What's Next?

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