**Asking Someone on a Date**

**Accepting Rejection**

* Even when we follow all the steps for asking someone on a date, we sometimes get rejected. When this happens, it is important to remember that dating is a choice. We don’t get to date everyone, and everyone doesn’t get to date us.
1. Keep your cool
	* If you don’t keep your cool, you will make them uncomfortable; you will look desperate; you could get a bad reputation; other people may not want to date you
2. Make a casual statement of acceptance
	* Ex: Okay, no big deal; That’s okay. Just thought I’d ask; That’s fine, no worries
3. Shift the subject back to the common interest
4. Use a cover story before exiting