**DO’s and DON’Ts of Dating**

**DO’s**

* DO remember that dating is a choice
* DO move on if you are not interested
* DO be polite and respectful
* DO be honest and truthful
* DO keep in touch
* DO ask permission for any physical contact

**DON’Ts**

* DON’T get too personal at first
	+ Don’t ask too many personal questions at first
	+ Don’t share too much personal information at first
	+ Don’t disclose any diagnoses at first
* DON’T talk about your dating history at first
	+ Don’t share lack of dating experiences at first
	+ Don’t share bad dating experiences at first
	+ Don’t talk about your exes at first
* DON’T talk about your feelings at first
* DON’T rush the relationship
* DON’T assume you’re a couple
* DON’T kiss and tell
* DON’T be a player
* DON’T pressure them