**Exiting Conversations Handout**

**Reasons for Not Being Accepted in Conversations**

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| **Reasons for Not Being Accepted** | **What To Do Differently Next Time** |
| They want to talk privately | Try again later and listen before you join |
| They are rude or mean | Try a different group |
| You broke one of the rules for entering | Try again later, following the steps |
| You got too personal | Try a different group, don’t get too personal |
| They are in a clique and don’t want to make new friends | Try a different group |
| They are talking about something you do not know about | Try a different group that is talking about something you know |
| You have a bad reputation with them | Try a different group that does not know or care about your reputation |
| They did not understand that you were trying to join | Try again later, following the steps |

**Steps for Exiting Conversations**

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| **Never Accepted** | **Initially Accepted,**  **Then Excluded** | **Fully Accepted** |
| 1. Keep your cool  2. Look away  3. Turn away  4. Walk away | 1. Keep your cool  2. Look away  3. Wait for a BRIEF pause  4. Give a BRIEF cover story for leaving  5. Walk away | 1. Wait for a pause  2. Give a SPECIFIC cover story for leaving  3. Say you’ll see them later  4. Say Goodbye  5. Walk away |