**Going on Dates**

**Planning the Date**

* Use the five W’s to finalize the date
* WHO will be there
* WHAT you will plan to do
* WHEN it will happen
* WHERE you will meet
* HOW you will make it happen
* Confirm plans a day or two before the date

**Preparing for the Date**

* Make sure your space is presentable (where you live if they’re coming to your home, your car)
* Put away anything you don’t want your date to share, see, or touch
* Use good hygiene
* Dress appropriately
  + Your clothing should match the activity
  + Ex: Casual clothes for a sporting event, nice clothes for dinner and a movie, Dressy clothes for a fancy restaurant
* Don’t dress too provocatively
* Try to look your best

**Staying Safe on the Date**

* Don’t give out your personal contact information at first
* Google your date before you meet
* Let friends and family know where you are and who you’re with
* Drive yourself to and from the date
* Meet your date in a public place
* Don’t go anywhere alone with your date at first (Car, your house, their house)
* Check in with friends and family before and after the date