**Handling Sexual Pressure from a Partner**

- Keep your cool

- Tell them what you DON’T want to do

- Give a cover story

- Ex: “I don’t know you well enough yet” “I like to take things slow” “I don’t feel comfortable doing that yet”

- Use “I” statements to tell them how you feel

- Ex: “I like you, but I need more time to get to know you” “I feel like we should slow things down”

- Change the subject

- Give a cover story and leave (if still pressured)

- Remember dating is a choice